

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>January 2019 ARBOR LIFE ENRICHMENT CALENDAR</p>						
		HAPPY NEW YEAR 1 Conversation Cards 10:30 am Bible Study Beverage Break Arbor Game Day: Uno, Dos, Tres Refresh and Relax Trivia Time Evening Exercise Sing Along <small>New Year's Day</small>	2 Balloon Batting Beverage Break Bean Bag Hole in One Beverage Break Stories and Poems Beach Ball Toss I Hear Memories	3 Exercise Dice Refresh and Relax Music with Corey Beverage Break Trivia Time Sit Down Soccer Basketball	4 Detective Pages Beverage Break 2 pm Music with Patti Reval (chapel) 1:1 visits Stories and Poems Evening Exercise Imagination Vacation	5 Beautiful Me Beverage Break Expression Ball Refresh and Relax Trivia Time Funstick Games Lawrence Welk Hour with Snack
6 Devotions Bible Bits Beverage Break 2:30 pm Worship Service (chapel) 1:1 visits Reminisce Stories Balloon Toss Hymn Sing	7 Sittercise and Music Beverage Break Manicures and Music Refresh and Relax Precious Moments Evening Exercise Sing Along	8 Conversation Cards 10:30 am Bible Study Beverage Break Arbor Game Day: Uno, Dos, Tres Refresh and Relax Trivia Time Evening Exercise Sing Along	9 Balloon Batting Beverage Break Bean Bag Hole in One Beverage Break Stories and Poems Beach Ball Toss I Hear Memories	10 Exercise Dice Refresh and Relax Un-decking the Halls Beverage Break Trivia Time Sit Down Soccer Basketball	11 Detective Pages Beverage Break Un-decking the Halls Refresh and Relax Stories and Poems Evening Exercise Imagination Vacation	12 Beautiful Me Beverage Break Expression Ball Refresh and Relax Trivia Time Funstick Games Lawrence Welk Hour with Snack
13 Devotions Bible Bits Beverage Break 2:30 pm Worship Service (chapel) 1:1 visits Reminisce Stories Balloon Toss Hymn Sing	14 Sittercise and Music Beverage Break Manicures and Music Refresh and Relax Precious Moments Evening Exercise Sing Along	15 Conversation Cards 10:30 am Bible Study Beverage Break Arbor Game Day: Uno, Dos, Tres Refresh and Relax Trivia Time Evening Exercise Sing Along	16 Balloon Batting Beverage Break Bean Bag Hole in One Beverage Break Stories and Poems Beach Ball Toss I Hear Memories	17 Exercise Dice Refresh and Relax Music with Corey Beverage Break Trivia Time Sit Down Soccer Basketball	18 Detective Pages Beverage Break Sort it Out Refresh and Relax Stories and Poems Evening Exercise Imagination Vacation	19 Beautiful Me Beverage Break Expression Ball Refresh and Relax Trivia Time Funstick Games Lawrence Welk Hour with Snack
20 Devotions Bible Bits Beverage Break 2:30 pm Worship Service (chapel) 1:1 visits Reminisce Stories Balloon Toss Hymn Sing	21 Sittercise and Music Beverage Break Manicures and Music Refresh and Relax Precious Moments Evening Exercise Sing Along <small>Martin Luther King Day Tu B'Shevat</small>	22 Conversation Cards 10:30 am Bible Study Beverage Break 2 pm St. David's Communion Service 1:1 visits Trivia Time Evening Exercise Sing Along	23 Balloon Batting Beverage Break Bean Bag Hole in One Beverage Break Stories and Poems Beach Ball Toss I Hear Memories	24 Exercise Dice Refresh and Relax Music with Corey Beverage Break Trivia Time Sit Down Soccer Basketball	25 Detective Pages Beverage Break Sort it Out Refresh and Relax Stories and Poems Evening Exercise Imagination Vacation	26 Beautiful Me Beverage Break Expression Ball Refresh and Relax Trivia Time Funstick Games Lawrence Welk Hour with Snack
27 Devotions Bible Bits Beverage Break 2:30 pm Worship Service (chapel) 1:1 visits Reminisce Stories Balloon Toss Hymn Sing	28 Sittercise and Music Beverage Break Manicures and Music Refresh and Relax Precious Moments Evening Exercise Sing Along <small>Australia Day (observed)</small>	29 Conversation Cards 10:30 am Bible Study Beverage Break Arbor Game Day: Uno, Dos, Tres Refresh and Relax Trivia Time Evening Exercise Sing Along	30 Balloon Batting Beverage Break Bean Bag Hole in One Beverage Break Stories and Poems Beach Ball Toss I Hear Memories	31 Exercise Dice Refresh and Relax Music with Corey Beverage Break Trivia Time Sit Down Soccer Basketball	 <p>HAPPY BIRTHDAY, BILLIE WILLIAMS 1-26 RON COLEMAN 1-29</p>	