

Weekly Vista Menu

Week 4-October 12-18

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Oatmeal Cheesy Scrambled Eggs Sausage Patty	Cream of Wheat Apple French Toast Maple Sage Meatballs	Oatmeal Veggie Egg Strata Bacon	Cream of Wheat Meat Lover’s Quiche Sausage Patty	Oatmeal Pumpkin Pancakes Chipped Beef on Toast	Cream of Wheat Ham & Egg Muffin Belgian Waffle	Oatmeal Banana Choc Chip Pancakes Breakfast Ham
Soup	Italian Wedding	Chicken Noodle	Cheesy Cauliflower	Pasta Fagioli	Butternut Squash Bisque	Ham & Bean	Chicken & Wild Rice
Entrées	1. Turkey Salad Croissant 2. Tomato & Spinach Tortellini 3. Italian Beef Sandwich Curly Fries Cream Cheese Mashed Potatoes Seasoned Green Beans Seasoned Peas Carrott Slaw Dinner Roll Fruit	1. Chicken Club Sandwich 2. Sloppy Joe Sandwich 3. Turkey Skillet Jasmine Rice Fingerling Potatoes Snap Peas Roasted Brussel Sprouts Side Salad Dinner Roll Fruit	1. Cranberry Glazed Chicken 2. Spinach & Broccoli Calzone 3. Chicken Cordon Bleu Baked Potatoes Corn Fritters Herbed Carrots Lemon Garlic Asparagus Side Salad Dinner Roll Fruit	1. Pork Schnitzel 2. Shrimp Scampi 3. Roasted Turkey & Stuffing Candied Sweet Potatoes Herbed Linguini Buttered Corn Basil Zucchini Side Salad Dinner Roll Fruit	1. Fried Cod Sandwich 2. Hot Ham & Cheese Croissant 3. Stuffed Cabbage Maccaroni & Cheese Onion Rings Cauliflower & Broccoli Roasted Tomatoes Side Salad Dinner Roll Fruit	1. Bacon Cheeseburger 2. Picata Cod 3. Creamy Mushroom Chicken Creamy Rice Rosemary Potato Wedges Eggplant Ratatouille Roasted Yellow Squash Side Salad Dinner Roll Fruit	1. Chicken Patty 2. Rigatoni Bolognese 3. Chipped Ham BBQ Sandwich Baked Sweet Potato Buttered Egg Noodles Mixed Root Vegetables Au Gratin Cauliflower Side Salad Garlic Bread Fruit
Dessert	Cran-Apple Cobbler	Bavarian Apple Tart	Oatmeal Cream Pie	Butterscotch Bar	Icebox Cake	Boston Cream Pie	Cherry Cheesecake Bar



Vegetarian



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Gluten-Free

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