

Weekly HC Menu

Week 2- August 31-September 6

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Pancake Sausage Home Fries Banana	Hard Boiled Eggs Waffle Bacon Strips Cheesy Potatoes Pears	Scrambled Eggs Egg & Cheese Muffin Canadian Bacon Cheese Danish Peaches	Scrambled Eggs Banana Foster French Toast Sausage Banana	Ham & Potato Casserole Cheese Omelet Bacon Cinnamon Rolls Apricots	Hard Boiled Eggs Blueberry Pancake Sausage Tater Tots Mandarin Oranges	Scrambled Eggs Sauge Gravy Biscuits Breakfast Ham Pineapple
Lunch	Swedish Meatballs Or Crab Cakes Buttered Egg Noodles Roasted Brussel Sprouts Fruit Dinner Roll	Chicken Teriyaki Or Salisbury Steak Fried Rice Sauteed Cabbage Fruit Dinner Roll	 Turkey Cutlet Or Kraut & Kielbasa Sandwich Potato Pancakes Grilled Asparagus Fruit Dinner Roll	Pork Schnitzel Or Beef Tips Egg Noodles Yellow Squash Fruit Dinner Roll	 Parmesan Crusted Tilapia Or  Turkey Sausage Quiche Candied Sweet Potatoes Roasted Broccoli Fruit Dinner Roll	 Cheese Lasagna Or  Beef Roast Parsley Potatoes Buttered Carrots Fruit Dinner Roll	Fried Chicken Or BBQ Ribs Pierogis Carrots and Peas Dinner Roll Fruit
Dessert	Peach Pie	Yellow Cake	Key Lime Pie	Lemon Bar	Pineapple Upside Down Cake	Cream Cheese Brownie	Strawberry Cake
Soup	Bacon Corn Chowder	Potato Watercress	French Onion	Tomato Basil	New England Clam Chowder	Chunky Vegetable	Chicken Wild Rice
Dinner	 Reuban Or Chef Salad House Made Chips Tomato Salad Dinner Roll Fruit	 Tuna Melt Or Grilled Ham Steak Au Gratin Potatoes Sauteed Zucchini Dinner Roll Fruit	 Fried Shrimp Or Chicken Caesar Salad French Fries Mixed Vegetables Dinner Roll Fruit	 Grilled Cheese Or Fried Cod Macaroni & Cheese Creamy Cucumber Salad Dinner Roll Fruit	BBQ Chicken Sandwich Or Ham Loaf Wild Rice Beet & Onion Salad Dinner Roll Fruit	 Beef Tacos Or Grilled Chicken Sandwich French Fries Cali Blend Dinner Roll Fruit	Shrimp; Scampi Or Ham & Cheese Croissant Orzo Pasta Salad Roasted Asparagus Dinner Roll Fruit
Dessert	Chocolate Chip Cookies	Ginger Pear Cake	Chocolate Mousse	Baked Cinnamon Apples	Strawberry Pretzel Salad	Blueberry Pie	Snickerdoodle



vegetarian



better-for-you



Gluten Free

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Pancake Sausage Home Fries Banana	Hard Boiled Eggs Waffle Bacon Strips Cheesy Potatoes Pears	Scrambled Eggs Egg & Cheese Muffin Canadian Bacon Cheese Danish Peaches	Scrambled Eggs Banana Foster French Toast Sausage Banana	Ham & Potato Casserole Cheese Omelet Bacon Cinnamon Rolls Apricots	Hard Boiled Eggs Blueberry Pancake Sausage Tater Tots Mandarin Oranges	Scrambled Eggs Sauge Gravy Biscuits Breakfast Ham Pineapple
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Gluten Free

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Oatmeal Scrambled Eggs Sausage	Cream Of Wheat Scrambled Eggs Bacon	Oatmeal Scrambled Eggs Canadian Bacon	Oatmeal French Toast Sausage	Cream Of Wheat Cheese Omelet Bacon	Oatmeal Hard Boiled Eggs Sausage	Oatmeal Sausage Gravy Biscuits
Soup	Bacon Corn Chowder	Potato Watercress	French Onion	Tomato Basil	New England Clam Chowder	Chunky Vegetable	Chicken Wild Rice
Dinner	1. Reuban 2. Chef Salad 3. Crab Cakes House Made Chips Buttered Egg Noodles Roasted Brussel Sprouts Tomato Salad Dinner Roll Fruit 1. Chicken Teriyaki 2. Tuna Melt 3. Grilled Ham Steak Fried Rice Au Gratin Potatoes Sauteed Zucchini Sauteed Cabbage Dinner Roll Fruit 1. Fried Shrimp 2. Chicken Caesar Salad 3. Turkey Cutlet Potato Pancakes French Fries Mixed Vegetables Grilled Asparagus Dinner Roll Fruit 1. Grilled Cheese 2. Fried Cod 3. Beef Tips Egg Noodles Macaroni & Cheese Creamy Cucumber Salad Yellow Squash Dinner Roll Fruit 1. BBQ Chicken Sandwich 2. Parmesan Crusted Tilapia 3. Ham Loaf Wild Rice Candied Sweet Potatoes Beet and Onion Salad Roasted Broccoli Dinner Roll Fruit 1. Beef Tacos 2. Grilled Chicken Sandwich 3. Cheese Lasagna French Fries Parsley Potatoes Cali Blend Buttered Carrots Dinner Roll Fruit 1. Shrimp Scampi 2. Fried Chicken 3. BBQ Ribs Pierogis Orzo Pasta Salad Carrots & Peas Roasted Asparagus Dinner Roll Fruit						
Dessert	Peach Pie	Ginger Pear Cake	Key Lime Pie	Lemon Bars	Strawberry Pretzel Salad	Blueberry Pie	Snickerdoodle



FRESH HARVEST RESTAURANT (814) 288-2880

HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



VISTA DINING (814) 205-6772, OR EXT4293

HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
 - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
 - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
 - 11:00 AM - 1:00 PM (**Deadline for Sunday take out is 10AM**)

The deadline to order takeout is 3PM Monday-Saturday.

TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR**
2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

****Vista Dinner Pricing for Cambridge/Townhomes Only:****

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



DESSERT:

**Hummingbird
Cake
\$3.99**



SIDE:

**Zucchini &
Mushrooms \$1.99**

Images may not accurately reflect the actual item.

Fresh HARVEST

THIS WEEK'S SPECIALS

**SPECIALS FOR
SEPTEMBER 2-5**

SOUP:

Rustic Tomato Cream

Cup \$2.99 | Bowl \$4.99



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Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880

SPECIALS FOR SEPTEMBER 2-5

ENTRÉES OF THE WEEK:



Entrée 1 - Stuffed pepper with mashed potatoes and one side **\$11.95**

Entrée 2 - Italian sausage sandwich with chips **\$10.95**

APPETIZER

**Breaded
calamari with
marinara sauce
\$6.99**

Vegetarian Option -

Chickpea Salad - cold salad - chickpeas, cucumber, tomato, bell pepper, purple onion, parsley, dill, feta dressed with lemon vinaigrette **\$10.95**



VEGETARIAN OPTION

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