





























# Weekly HC Menu

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Scrambled Eggs Pancake Sausage Home Fries Banana	Hard Boiled Eggs Waffle Bacon Strips Cheesy Potatoes Pears	Scrambled Eggs Egg & Cheese Muffin Canadian Bacon Cheese Danish Peaches	Scrambled Eggs Banana Foster French Toast Sausage Banana	Ham & Potato Casserole Cheese Omelet Bacon Cinnamon Rolls Apricots	Hard Boiled Eggs Blueberry Pancake Sausage Tater Tots Mandarin Oranges	Scrambled Eggs Sauge Gravy Biscuits Breakfast Ham Pineapple
<b>Lunch</b>	Swedish Meatballs Or Crab Cakes  Egg Noodles Mushroom Pilaf Lima Beans Creamy Coleslaw	Chicken Teriyaki Or Salisbury Steak  Lo Mein Noodles Potato Slices Sauteed Cabbage Cauliflower & Red Pepper	 Turkey Cutlet Or Jambalaya  Rice Pilaf Hushpuppies Sauteed Broccoli Grilled Asparagus Corn Bread	Pork Schnitzel Or Beef Tips  Dill Potatoes Egg Noodles Yellow Squash Seasoned Cabbage	 Parmesan Crusted Tilapia Or Grilled Ham Steak  Wild Rice Mashed Sweet Potatoes Roasted Broccoli Sauteed Spinach	 Cheese Lasagna Or  Beef Roast   Roasted Pork Tenderloin  Parsley Potatoes Scalloped Potatoes Garden Salad Buttered Carrots	Fried Chicken Or Roasted Pork Tenderloin  Sweet Potato Fries Pierogis Carrots and Peas Collard Greens Cornbread
<b>Dessert</b>	Peach Pie	Yellow Cake	Key Lime Pie	Lemon Bar	Pineapple Upside Down Cake	Cream Cheese Brownie	Strawberry Cake
<b>Soup</b>	Bacon Corn Chowder	Sweet & Sour	French Onion	Tomato Basil	New England Clam Chowder	Chunky Vegetable	Chicken Wild Rice
<b>Dinner</b>	Reuban Or Chef Salad  French Fries Tomato Salad Roasted Brussel Sprouts Dinner Roll	Tuna Melt Or Glazed Ham Loaf  Scalloped Potatoes Mashed Potatoes Seasoned Peas Sauteed Zucchini	 Beef & Bean Burrito Or  Chicken Caesar Salad  French Fries Refried Beans Mixed Vegetables Coleslaw	 Grilled Cheese Or Fried Cod  Sweet Potato Fries Macaroni & Cheese Cucumber Mint Salad Parmesan Green Beans	 BBQ Chicken Sandwich Or  Turkey Sausage Quiche  Baked Beans Focaccia Bread Beet Salad Tossed Salad	 Fried Shrimp Or  Grilled Chicken Sandwich  House Made Chips Baked Potato Cucumber Tomato Salad Cali Blend	 Fettucine Lemon Zucchini Alfredo Or Ham & Cheese Croissant  Orzo Pasta Salad Fingerling Potatoes Carrot Slaw Roasted Asparagus
<b>Dessert</b>	Chocolate Chip Cookies	Ginger Pear Cake	Chocolate Mousse	Baked Cinnamon Apples	Strawberry Pretzel Salad	Angel Food Cake	Orange Pineapple Parfait

# Weekly PC Menu

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Scrambled Eggs Pancake Sausage Home Fries Banana	Hard Boiled Eggs Waffle Bacon Strips Cheesy Potatoes Pears	Scrambled Eggs Egg & Cheese Muffin Canadian Bacon Cheese Danish Peaches	Scrambled Eggs Banana Foster French Toast Sausage Banana	Ham & Potato Casserole Cheese Omelet Bacon Cinnamon Rolls Apricots	Hard Boiled Eggs Blueberry Pancake Sausage Tater Tots Mandarin Oranges	Scrambled Eggs Sauge Gravy Biscuits Breakfast Ham Pineapple
<b>Lunch</b>	Swedish Meatballs Or Crab Cakes  Egg Noodles Mushroom Pilaf Lima Beans Creamy Coleslaw	Chicken Teriyaki Or Salisbury Steak  Lo Mein Noodles Potato Slices Sauteed Cabbage Cauliflower & Red Pepper	 Turkey Cutlet Or Jambalaya  Rice Pilaf Hushpuppies Sauteed Broccoli Grilled Asparagus Corn Bread	Pork Schnitzel Or Beef Tips  Dill Potatoes Egg Noodles Yellow Squash Seasoned Cabbage	 Parmesan Crusted Tilapia Or Grilled Ham Steak  Wild Rice Mashed Sweet Potatoes Roasted Broccoli Sauteed Spinach	 Cheese Lasagna Or  Beef Roast   Roasted Pork Tenderloin  Parsley Potatoes Scalloped Potatoes Garden Salad Buttered Carrots	Fried Chicken Or Roasted Pork Tenderloin  Sweet Potato Fries Pierogis Carrots and Peas Collard Greens Cornbread
<b>Dessert</b>	Peach Pie	Yellow Cake	Key Lime Pie	Lemon Bar	Pineapple Upside Down Cake	Cream Cheese Brownie	Strawberry Cake
<b>Soup</b>	Bacon Corn Chowder	Sweet & Sour	French Onion	Tomato Basil	New England Clam Chowder	Chunky Vegetable	Chicken Wild Rice
<b>Dinner</b>	Reuban Or Chef Salad  French Fries Tomato Salad Roasted Brussel Sprouts Dinner Roll	Tuna Melt Or Glazed Ham Loaf  Scalloped Potatoes Mashed Potatoes Seasoned Peas Sauteed Zucchini	 Beef & Bean Burrito Or  Chicken Caesar Salad  French Fries Refried Beans Mixed Vegetables Coleslaw	 Grilled Cheese Or Fried Cod  Sweet Potato Fries Macaroni & Cheese Cucumber Mint Salad Parmesan Green Beans	 BBQ Chicken Sandwich Or  Turkey Sausage Quiche  Baked Beans Focaccia Bread Beet Salad Tossed Salad	 Fried Shrimp Or  Grilled Chicken Sandwich  House Made Chips Baked Potato Cucumber Tomato Salad Cali Blend	 Fettucine Lemon Zucchini Alfredo Or Ham & Cheese Croissant  Orzo Pasta Salad Fingerling Potatoes Carrot Slaw Roasted Asparagus
<b>Dessert</b>	Chocolate Chip Cookies	Ginger Pear Cake	Chocolate Mousse	Baked Cinnamon Apples	Strawberry Pretzel Salad	Angel Food Cake	Orange Pineapple Parfait

# Weekly Vista Menu

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Oatmeal Scrambled Eggs Sausage	Cream Of Wheat Scrambled Eggs Bacon	Oatmeal Scrambled Eggs Canadian Bacon	Oatmeal French Toast Sausage	Cream Of Wheat Cheese Omelet Bacon	Oatmeal Hard Boiled Eggs Sausage	Oatmeal Sausage Gravy Biscuits
<b>Soup</b>	Bacon Corn Chowder	Sweet & Sour	French Onion	Tomato Basil	New England Clam Chowder	Chunky Vegetable	Chicken Wild Rice
<b>Dinner</b>	1. Reuban 2. Chef Salad 3. Crab Cakes French Fries Mushroom Pilaf Roasted Brussel Sprouts Tomato Salad	1. Chicken Teriyaki 2. Tuna Melt 3. Glazed Ham Loaf Lo Mein Noodles Scalloped Potatoes Seasoned Peas Sauteed Zucchini	1. Beef & Bean Burrito 2. Chicken Caesar Salad 3. Turkey Cutlet Rice Pilaf Refried Beans Mixed Vegetables Coleslaw	1. Grilled Cheese 2. Fried Cod 3. Beef Tips Sweet Potato Fries Macaroni & Cheese Cucumber Mint Salad Parmesan Green Beans	1. BBQ Chicken Sandwich 2. Parmesan Crusted Tilapia 3. Turkey Sausage Quiche Baked Beans Wild Rice Beet and Onion Salad Tossed Salad	1. Fried Shrimp 2. Grilled Chicken Sandwich 3. Cheese Lasagna House Made Chips Baked Potato Cucumber Tomato Salad Cali Blend	1. Fettucine Lemon Zucchini Alfredo 2. Fried Chicken 3. Roasted Pork Tenderloin Sweet Potato Fries Pierogis Carrots & Peas Collard Greens
<b>Dessert</b>	Peach Pie	Ginger Pear Cake	Key Lime Pie	Lemon Bars	Strawberry Pretzel Salad	Angel Food Cake	Strawberry Cake



vegetarian



better-for-you



Gluten-Free

For orders, please call ext. 4293 or **Direct 814-205-6772**



# FRESH HARVEST RESTAURANT (814) 288-2880

## HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

### WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

### SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

## DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

### WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

## THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

# CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



## VISTA DINING (814) 205-6772, OR EXT 4293

### HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
  - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
  - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
  - 11:00 AM - 1:00 PM (**Deadline for Sunday take out is 10AM**)

**The deadline to order takeout is 3PM Monday-Saturday.**

### TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR**
2. Have it delivered for an extra \$3.50

*(Cambridge deliveries go to the front desk unless specified).*

### THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

### **\*\*Vista Dinner Pricing for Cambridge/Townhomes Only:\*\***

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

*(You may substitute your sides for soup & dessert)*

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

**BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES**

CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



## DESSERT:

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**Cinnamon bread  
pudding \$4.99**



## SIDE:

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**Peas & Pearls  
\$1.99**

Images may not accurately reflect the actual item.

# *Fresh* HARVEST

## THIS WEEK'S SPECIALS

**CLOSED APRIL 15  
SPECIALS FOR  
APRIL 16-18**

## SOUP:

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Fresh Harvest's  
Wedding Soup

Cup \$2.99 | Bowl \$4.99



**CLOSED | MON - TUES**

**Take-out only:**

Wed-Sat 11AM-1PM

**Dine in or take out:**

Wed-Sat 4-7PM

**Sunday Brunch: 11AM - 2PM**

**(814) 288-2880**

# **SPECIALS FOR APRIL 16-18**

## **ENTRÉES OF THE WEEK:**

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**Entrée 1** - Stuffed cabbage with mash potatoes and 1 side **\$12.99**

**Entrée 2** - Hot ham and cheese on a pretzel bun with house chips **\$9.95**

**Vegetarian Option** - Eggplant parmesan over pasta served with a side salad **\$11.95**



## **APPETIZER**

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**Breaded Zucchini with horse radish cream**  
**\$3.99**



## **VEGETARIAN OPTION**

Images may not accurately reflect the actual item.

