

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2026

LIFE ENRICHMENT & WELLNESS ACTIVITIES

KEY CODES

CBC = CAMBRIDGE BOCCE COURT | CAR = CAMBRIDGE ACTIVITY ROOM | CWC = CAMBRIDGE WELLNESS CENTER | CBH = CAMBRIDGE BANQUET HALL | CGS = CAMBRIDGE GOLF SIMULATOR

VMP = VISTA MULTI PURPOSE | VWC = VISTA WELLNESS CENTER | VSC = VISTA SHUFFLEBOARD COURT | VSR = VISTA SUN ROOM | VAR = VISTA ACTIVITY ROOM | VL = VISTA LIBRARY | VP = VISTA PAVILION

VC = VILLAGE CAFE | PC = PERSONAL CARE | PCD = PERSONAL CARE DINING | PCA = PERSONAL CARE ACTIVITIES | PCP = PERSONAL CARE PATIO

CH = CHAPEL | CY = COURTYARD | FH = FRESH HARVEST | DCC = DAVIDSVILLE COMMUNITY CHURCH | CME = CAMBRIDGE MAIN ENTRANCE | VME = VISTA MAIN ENTRANCE

814 = 814 RICHLAND LANES | OGC = OAKBROOK GOLF CLUB | WCC = WINDBERG COUNTRY CLUB | GM = GALLERIA MALL

S = SIGNUP REQUIRED | RL = RESIDENT LED | WP = WEATHER PERMITTING | TBD = TO BE DETERMINED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Feb	2-Feb	3-Feb	4-Feb	5-Feb	6-Feb	7-Feb
2:30 Worship Service (CH) Pastor Dave McGee Assembly of God 3:30 Rummikub (VAR-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Mass (CH) 11:00 Book Club (CAR) 1:00 Indoor Bocce (CBH) 1:00 Sit & Be Fit (CWC-RL) 2:00 Bingo (PCA) 2:00 Billiards Group 2 (VSR-RL) 3:00 Indoor Golf Group 1 (CGS)	9:30 Devotion & Exercise w/ Emily (VMP) 10:30 Market Basket (S) 10:30 Hallway Harmonizers Choir Practice (CH) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Be Mine Door Hanger (VAR) 1:00 Indoor Golf Group 2 (CGS) 2:00 Bible Study (CAR) 3:30 Walking Club (CAR) 5:00 Loss of a Loved One Support Group (CH) 5:00 Indoor Golf Group 3 (CGS) 6:30 Wii Bowling (VMP-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Billiards Group 2 (VSR-RL) 10:00 Brain Aerobics w/Bill (VAR) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 12:00 Lunch & Learn (VMP) 1:00 OMA (VMP) 1:00 Sit & Be Fit w/Joe (CWC) 4:00 Indoor Golf Group 4 (CGS) 7:00 Bingo (VMP-RL)	9:30 Devotion & Exercise w/Linda (VMP) 10:00 Indoor Golf Group 5 (CGS) 10:30 Beltone Hearing Screening (VAR-S) 12:00 Indoor Golf Group 6 (CGS) 1:00 Bingo w/ Linda (CAR) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 1:30 Beltone Hearing Screening (VAR-S) 2:15 Strength & Balance (VWC) 3:00 Indoor Golf Group 7 (CGS) 3:30 Walking Club (CAR) 6:00 Indoor Golf Group 8 (CGS) 6:30 Wii Bowling (VMP-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Men's Coffee Group (VAR) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR-RL) 2:00 Be Mine Door Hanger (CAR) 2:00 Indoor Golf Group 9 (CGS) 6:30 Rummikub (CAR-RL) 6:30 Card Club (VSR- RL) 6:30 Card Club (VAR- RL)	10:30 Exercise w/Threse (PCA) 6:30 Card Club (VAR-RL)
8-Feb	9-Feb	10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
2:30 Worship Service (CH) Pastor Gary Anderson Laurel Hill Gospel Tabernacle 3:30 Five Crowns (VAR-RL) 6:00 Superbowl Party (VMP)	ALL DAY Pop-up Doll Exhibit (CFP) 9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Communion Service (CH) 1:00 Indoor Bocce Championship (CBH) 1:00 Sit & Be Fit (CWC-RL) 2:00 Bingo (PCA) 2:00 Billiards Group 2 (VSR-RL) 3:00 Indoor Golf Group 1 (CGS) 6:30 Yhatzee (VAR-RL)	ALL DAY Pop-up Doll Exhibit (CFP) 8:30 Men's Breakfast (FH-S) 9:30 Devotion & Exercise w/ Linda (VMP) 10:30 Hallway Harmonizers Choir Practice (CH) 10:00 Walmart (S) 1:00 Chocolate Dipping (VAR) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Indoor Golf Group 2 (CGS) 2:00 Bible Study (CAR) 3:00 Volunteer Meeting (CBH) 3:30 Walking Club (CAR) 5:00 Indoor Golf Group 3 (CGS) 6:30 Wii Bowling (VMP-RL)	ALL DAY Pop-up Doll Exhibit (CFP) 9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Billiards Group 2 (VSR-RL) 10:00 Brain Aerobics w/Bill (VAR) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit w/Joe (CWC) 2:00 Music with Bond Turner (CH) 2:00 Resident Council (CH) 4:00 Indoor Golf Group 4 (CGS)	ALL DAY Pop-up Doll Exhibit (CFP) 9:30 Devotion & Exercise w/ Linda (VMP) 10:00 Indoor Golf Group 5 (CGS) 12:00 Indoor Golf Group 6 (CGS) 12:30 Ladies Day Out (S) 1:00 Bible Study (VMP) 1:15 Rosary (VMP) 2:00 Parkinson's Support Boxing (VMP-\$) 2:00 Music with Bond Turner (CH) 3:00 Indoor Golf Group 7 (CGS) 3:30 Walking Club (CAR) 6:00 Indoor Golf Group 8 (CGS) 6:30 Wii Bowling (VMP-RL)	ALL DAY Pop-up Doll Exhibit (CFP) 9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 9:30 Walk or Shop at the Mall (S) 10:00 Men's Coffee Group (VAR) 11:00 Artist Talk with Sally Fink (CP) 1:00 Billiards Group 1 (VSR-RL) 1:00 Bingo (VMP) 2:00 Indoor Golf Group 9 (CGS) 6:00 Be Mine Bash (VMP-S) 6:30 Rummikub (CAR-RL) 6:30 Card Club (VSR- RL) 6:30 Card Club (VAR- RL)	10:30 Exercise w/Threse (PCA) 2:00 Mexican Train (VAR-RL) 6:30 Skipbo/Golf (VAR-RL) 6:30 Card Club (VAR-RL)
15-Feb	16-Feb	17-Feb	18-Feb	19-Feb	20-Feb	21-Feb
2:30 Worship Service (CH) Pastor Ray Beal Laurel View Village 3:30 Rummikub (VAR-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Mass (CH) 1:00 Sit & Be Fit (CWC-RL) 2:00 Trivia w/Jenny (CAR) 2:00 Bingo (PCA) 2:00 Billiards Group 2 (VSR-RL) 3:00 Indoor Golf Group 1 (CGS)	9:30 Devotion & Exercise w/ Linda (VMP) 10:30 Dollar General (S) 10:30 Hallway Harmonizers Choir Practice (CH) 1:00 Mardi Gras Pancake Party (VAR) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Indoor Golf Group 2 (CGS) 2:00 Music with Billy Stopp (CH) 2:00 Bible Study (CAR) 3:00 Low Vision Support Group (VL) 3:00 Time Out Social (FH) 3:30 Walking Club (CAR) 5:00 Indoor Golf Group 3 (CGS) 6:30 Wii Bowling (VMP-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Billiards Group 2 (VSR-RL) 10:00 Brain Aerobics w/Bill (VAR) 10:30 Blood Pressure Check (CAR) 10:30 Ashes (CAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit w/Joe (CWC) 2:00 Ashes (CH) 6:00 Village Movie Night (CBH)	9:30 Devotion & Exercise w/ Linda (VMP) 10:00 Indoor Golf Group 5 (CGS) 10:30 Page Turners (VL) 12:00 Indoor Golf Group 6 (CGS) 1:00 Choco-Creations w/Linda & Joni (CAR-S) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:15 Strength & Balance (VWC) 3:00 Caregiver Support Group (CH) 3:00 Indoor Golf Group 7 (CGS) 3:30 Walking Club (CAR) 6:00 Indoor Golf Group 8 (CGS) 6:30 Wii Bowling (VMP-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Men's Coffee Group (VAR) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Diamond Art (CAR) 2:00 Indoor Golf Group 9 (CGS) 3:00 Stations of the Cross (CH) 6:30 Rummikub (CAR-RL) 6:30 Card Club (VSR- RL) 6:30 Card Club (VAR- RL)	10:30 Exercise w/Threse (PCA) 6:30 Card Club (VAR-RL)
22-Feb	23-Feb	24-Feb	25-Feb	26-Feb	27-Feb	28-Feb
2:30 Worship Service (CH) Pastor Brad Griesheimer Walnut Grove COB 3:30 Five Crowns (VAR-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 9:30 Westmoreland Mall & Casino (S) 10:00 Tai Chi (VMP) 10:30 Catholic Communion Service (CH) 1:00 Sit & Be Fit (CWC-RL) 2:00 Billiards Group 2 (VSR-RL) 2:00 Bingo (PCA) 3:00 Indoor Golf Group 1 (CGS) 6:30 Yhatzee (VAR-RL)	8:30 Ladies's Breakfast (FH-S) 9:30 Devotion & Exercise w/ Linda (VMP) 10:30 Giant Eagle (S) 10:30 Hallway Harmonizers Choir Practice (CH) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Music and Memory (VAR) 1:00 Indoor Golf Group 2 (CGS) 2:00 Bible Study (CAR) 2:00 Parkinsons Support Group (CH) 3:30 Walking Club (CAR) 5:00 Indoor Golf Group 3 (CGS) 6:30 Wii Bowling (VMP-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Billiards Group 2 (VSR-RL) 10:00 Brain Aerobics w/Bill (VAR) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit w/Joe (CWC) 2:00 Bingo (VMP-RL)	9:30 Devotion & Exercise w/ Linda (VMP) 10:00 Indoor Golf Group 5 (CGS) 11:00 Ladies Mystery Lunch (S) 12:00 Indoor Golf Group 6 (CGS) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:15 Strength & Balance (VWC) 2:00 Music with Jimmie Vizzini (CH) 4:00 Indoor Golf Group 4 (CGS) 7:00 Bingo (VMP-RL)	9:15 Pool Class (CWC-RL) 9:30 Devotion & Exercise w/Threse (VMP) 10:00 Men's Coffee Group (VAR) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR-RL) 1:00 Soup-er Bowl Competition (VMP) 2:00 Indoor Golf Group 9 (CGS) 3:00 Stations of the Cross (CH) 6:30 Rummikub (CAR-RL) 6:30 Card Club (VSR- RL) 6:30 Card Club (VAR- RL)	10:30 Exercise w/Threse (PCA) 2:00 Mexican Train (VAR-RL) 6:30 Skipbo/Golf (VAR-RL) 6:30 Card Club (VAR-RL)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

PERSONAL CARE LIFE ENRICHMENT CALENDAR

February 2026

ACTIVITIES, TIMES & LOCATIONS ARE SUBJECT TO CHANGE



1 10:30 Exercises Devotions & Trivia With Sandy 2:30 CHAPEL SERVICES- Pastor David Mc Gee, Assembly of God Tu B'Shevat Begins	2 8:00 WATCH THE GROUNDHOG 9:30 MONDAY MOTIVATION EXERCISES WITH JOE S. 10:00 THAI CHI (VMP) 10:30 CATHOLIC MASS (CH) 1:00 SET UP For BINGO (A) 2:00 BINGO WITH BRI (A) 3:00 CLEAN UP AND CONVO (A) Groundhog Day	3 9:30 EXERCISES IN VISTA 9:30 BILL'S BRAIN RACKERS (A) 10:30 BEND & STRETCH-EXERCISES WITH APRIL (A) 11:00 SHORT DEVOTIONS (A) 2:00 WII BOWLING (A) 3:00 SOCIALLY SPEAKING 5:00 GRIEF & LOSS SUPPORT GROUP (CH) 6:30 WII BOWLING (VMP) HAPPY BIRTHDAY NEIL K. HAPPY BIRTHDAY ROSALIND R.	4 9:30 EXERCISES IN VISTA 9:30 BOCCE (D) 10:30 BIBLE STUDY (A) 1:00 OMA ART (VMP) 2:30 COOKING CREATIONS - MAKING DIRT WITH APRIL (CHOCOLATE PUDDING AND OREO COOKIES) (A) 3:00 Clean up and Conversation (A)	5 9:30 EXERCISES IN VISTA 10:30 LET'S MOVE EXERCISES WITH APRIL (A) 11:00 DEVOTIONAL (A) 11:10 QUICK WIT (A) 2:00 BUTTERFLY BUTTON ART (A) 3:00 TIDY UP AND CHAT 6:30 WII BOWLING (VMP) 3:30 BINGO SET UP (A) 6:30 EVENING BINGO (A) 7:30 CLEAN UP AND CONVO (A)	6 9:30 EXERCISES IN VISTA 10:00 MEN'S COFFEE GROUP IN VISTA 10:30 EXERCISES IN PC (A) 11:00 DEVOTIONAL (A) 11:10 IT'S TRIVIAL (A) 2:00 SCIENCE FOR SENIORS THE SCIENCE OF HAPPINES(A)	7 10:30 Exercises with Sandy 1:00 BINGO SET UP (A) 2:00 BINGO WITH KAYLEE (A) 3:00 CLEAN UP AND CONVO (A)
8 10:30 Exercises Devotions & Trivia With Kaylee 2:30 CHAPEL SERVICES- Pastor Gary Anderson, Laurel Hill Gospel Tabernacle <i>6:30 Super Bowl Party with April in the Activity Room. (Snacks Provided)</i>	9 9:30 MONDAY MOTIVATION-EXERCISES WITH JOE S. 10:00 THAI CHI (VMP) 10:30 CATHOLIC SERVICES (CH) 1:00 SET UP FOR BINGO (A) 2:00 BINGO WITH JODI (A) 3:00 FOOD COMMITTEE (A) HAPPY BIRTHDAY JESSE C.	10 9:30 EXERCISES IN VISTA 9:30 BILL'S BRAIN RACKERS (A) 10:30 BEND & STRETCH-EXERCISES WITH APRIL (A) 11:00 SHORT DEVOTIONS (A) 2:00 OLYMPIC GAMES CURLING (A) 3:00 SOCIALLY SPEAKING 6:30 WII BOWLING (VMP)	11 9:30 EXERCISES IN VISTA 9:30 BOCCE (D) 10:30 BIBLE STUDY (A) 2:00 MUSIC WITH BOND TURNER (CH) 3:30 BINGO SET UP 6:30 EVENING BINGO (A) 7:30 CLEAN UP AND CONVO (A)	12 9:30 EXERCISES IN VISTA 10:30 LET'S MOVE _ EXERCISES WITH APRIL (A) 11:00 DEVOTIONAL (A) 11:10 QUICK WIT (A) 2:00 BEADED HEARTS (A) 3:00 TIDY UP AND CHAT 6:30 WII BOWLING (VMP) 2:00 DONUT YOU KNOW WE LOVE YOU - DONUTS DELIVERED TO ALL RESIDENTS	13 9:30 EXERCISES IN VISTA 10:00 MEN'S COFFEE GROUP IN VISTA 10:30 EXERCISES IN PC (A) 11:00 DEVOTIONAL(A) 11:10 IT'S TRIVIAL (A) 2:00 PARKINSONS BOXING (CH) 1:00 BINGO (VMP) 2:00 LEFT CENTER RIGHT GAME (A)	14 10:30 EXERCISES & DEVOTION WITH THRESE (A) 1:00 BINGO SET UP (A) 2:00 BINGO WITH BRI (A) 3:00 CLEAN UP AND CONVO (A) Valentine's Day
15 10:30 Exercises Devotions & Trivia With Sandy 2:30 CHAPEL SERVICES- Pastor Ray Beal, Laurel View	16 9:45 RESIDENT COUNCIL - WITH COOKIES (D) 10:00 THAI CHI (VMP) 10:30 CATHOLIC MASS (C) 1:00 SET UP FOR BINGO (A) 2:00 BINGO WITH APRIL (A) 3:00 CLEAN UP AND CONVO (A) Presidents' Day (U.S.)	17 9:30 EXERCISES IN VISTA 9:30 BILL'S BRAIN RACKERS 10:30 BEND & STRETCH-EXERCISES (A) 11:00 SHORT DEVOTIONS (A) 2:00 MUSIC WITH BILLY STOPPE (CH) 3:00 SOCIALLY SPEAKING L (A) Mardi Gras Chinese New Year(Horse) HAPPY BIRTHDAY DUTCH S.	18 9:30 EXERCISES IN VISTA 9:30 BOCCE (D) 10:30 BIBLE STUDY (A) 2:00 RECEIVING ASHES IN THE CHAPEL 3:30 BINGO SET UP 6:30 EVENING BINGO (A) 7:30 CLEAN UP AND CONVO (A)	19 9:30 EXERCISES IN VISTA 10:30 EXERCISES WITH APRIL (A) 11:00 DEVOTIONAL (A) 11:10 QUICK WIT (A) 2:00 MONTHLY BIRTHDAY PARTY (HCD) 3:00 CAREGIVER SUPPORT GROUP (CH) 6:30 WII BOWLING (VMP)	20 9:30 EXERCISES IN VISTA 10:00 MEN'S COFFEE GROUP IN VISTA 10:30 EXERCISES IN PC (A) 11:00 DEVOTIONAL (A) 11:10 IT'S TRIVIAL (A) 2:00 FEBRUARY A TO Z WITH SANDY (A) 3:00 STATIONS OF THE CROSS (CH)	21 10:30 EXERCISES & DEVOTION WITH THRESE (A) 1:00 BINGO SET UP (A) 2:00 BINGO With KAYLEE (A) 3:00 CLEAN UP AND CONVO (A)
22 10:30 Exercises Devotions & Trivia With Sandy 2:30 CHAPEL SERVICES- Pastor Brad Greishiemer, Wanut Grove COB	23 9:30 MONDAY MOTIVATION - EXERCISES WITH JOE S. 10:00 THAI CHI (VMP) 10:30 CATHOLIC SERVICES (CH) 1:00 SET UP For BINGO (A) 2:00 BINGO WITH BRI (A) 3:00 CLEAN UP AND CONVO (A)	24 9:30 EXERCISES IN VISTA 9:30 BILL'S BRAIN RACKERS 10:30 BEND & STRETCH EXERCISES WITH APRIL (A) 11:00 SHORT DEVOTIONS (A) 2:00 PARKINSON'S BOXING (CH) 2:00 WII BOWLING (A) 3:00 SOCIALLY SPEAKING 6:30 WII BOWLING (VMP)	25 9:30 EXERCISES IN VISTA 9:30 BOCCE (D) 10:30 BIBLE STUDY (A) 2:00 MUSIC WITH JIMMIE VIZINNI (CH) 3:00 BREAD RISING (HELP PLACE BREAD FOR RISING.) 3:30 BINGO SET UP 6:30 EVENING BINGO (A) 7:30 CLEAN UP AND CONVO (A)	26 8:00 MORNING BREAD BAKING WITH APRIL (A) 9:30 EXERCISES IN VISTA 10:30 LET'S MOVE - EXERCISES WITH APRIL (A) 11:00 DEVOTIONAL (A) 11:10 IT'S TRIVIAL 2:00 FISHING FOR A VALENTINE CRAFT (A) 6:30 WII BOWLING (VMP)	27 9:30 EXERCISES IN VISTA 10:00 MEN'S COFFEE GROUP IN VISTA 10:30 EXERCISES IN PC (A) 11:00 DEVOTIONAL (A) 11:10 IT'S TRIVIAL 12:00 SOUP'ER BOWL CONTEST (VMP) RUNS TIL 3PM 3:00 STATIONS OF THE CROSS (CH)	28 10:30 EXERCISES & DEVOTION WITH THRESE (A) 1:00 BINGO SET UP (A) 2:00 BINGO With SANDY (A) 3:00 CLEAN UP AND CONVO (A)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

REFLECTIONS



February 2026



ACTIVITIES, TIMES, AND LOCATIONS, SUBJECT TO CHANGE.

9:30 EXERCISES & DEVOTIONS 10:00 Spiritual Eldercare 11:00 Table Set up 1:00 One to one Visits 2:30 Chapel Service 3:30 Circle of Friends 4:00 Life Skills 6:30 Sing a Long Sunday 7:15 Our Daily Bread 7:30 Drinks Tu B'Shevat Begins	1	9:30 Exercises 10:30 Catholic Services 11:15 Life Skills 1:00 Heart and Hand Visits 2:00 Music & Memory 3:00 Hydration Station 4:00 Sorting Games 6:30 Primp & Pamper 7:15 Devotional 7:30 Refreshments Groundhog Day	2	9: 30 IN2L - Exercises, Devotional, Trivia or Games 1:00 Simple Games 2:00 CELEBRATE ROSALIND 3:00 Clean Up 4:00 Folding 6:30 Complete the Phrase 7: 15 Wet the Whistle 7: 30 Devotional HAPPY BIRTHDAY ROSALIND R.	3	9: 30 Wednesday Workout 10:00 Bible Study w/ Pastor 10:30 Hymns 11:00 Life Skills 1:00 Round the Table (Short Stories) 2:00 What's Happening? 3:00 Drinks and Thinks 6: 30 A to z February 7: 15 Hydration Station 7: 30 Devotional	4	9: 30 Exercises 10:00 Chronicles 10: 30 Devotional 11:00 Life Skills 1:00 ONE TO ONE TIME 2:00 Music with April 3:00 Beverages 6: 30 Washers 7: 15 Drinks 7: 30 Devotional	5	9: 30 Exercises 10:00 Devotions 10:30 It's Trivial 11:00 Life Skills 1: 30 Balloon Games 2: 30 Drinks 3:00 Visits with Friends 6: 30 IN2L 7: 15 Refreshments 7: 30 Devotional	6	9: 30 Saturday Exercises 10:00 Devotional 10:30 Rhyme Time 11:00 Life Skills 1:00 Walking Club 2:00 Scategories 3:00 Refreshments 6:30 Talk & Fold 7: 15 Devotional 7: 30 Drinks	7
9:30 EXERCISES & DEVOTIONS 10:00 Spiritual Eldercare 11:00 Table Set up 1:00 One to one Visits 2:30 Chapel Service 3:30 Circle of Friends 4:00 Life Skills 6:30 SUPERBOWL WATCH PARTY WITH SIMPLE SNACKS. (A OR REF)	8	9:30 Exercises 10:30 Catholic Services 11:15 Life Skills 1:00 Heart and Hand Visits 2:00 Music & Memory 3:00 Hydration Station 4:00 Sorting Games 6:30 Primp & Pamper 7:15 Devotional 7:30 Refreshments	9	9: 30 IN2L - Exercises, Devotional, Trivia or Games 1:00 Simple Games 2:00 Left Center Right Game 3:00 Drinks 4:00 Folding 6:30 Opposites Game 7: 15 Wet the Whistle 7: 30 Devotional	10	9: 30 Wednesday Workout 10:00 Bible Study w/ Pastor 10:30 Hymns 11:00 Life Skills 1:00 Round the Table (Short Stories) 2:00 MUSIC WITH BOND TURNER (CH) 3:00 Drinks and Thinks 6: 30 Crafting with Kaylee 7: 15 Hydration Station 7: 30 Devotional	11	9: 30 Exercises 10:00 Chronicles 10: 30 Devotional 11:00 Life Skills 1:00 ONE TO ONE TIME 2:00 Valentines Tea w/ Kaylee 3:00 Beverages 6: 30 Tabletop Bowling 7: 15 Drinks 7: 30 Devotional	12	9: 30 Exercises 10:00 Devotions 10:30 It's Trivial 11:00 Life Skills 1: 30 Balloon Games 2: 30 Drinks 3:00 Visits with Friends 3:00 Busy Bees 6: 30 IN2L 7: 15 Refreshments 7: 30 Devotional	13	9: 30 Saturday Exercises 10:00 Devotional 10:30 Rhyme Time 11:00 Life Skills 1:00 Walking Club 2:00 Guggeheimer 3:00 Refreshments 6:30 Sort Socks and Chat 7: 15 Devotional 7: 30 Drinks Valentine's Day	14
9:30 EXERCISES & DEVOTIONS 10:00 Spiritual Eldercare 11:00 Table Set up 1:00 One to one Visits 2:30 Chapel Service 3:30 Circle of Friends 4:00 Life Skills 6:30 Primp & Pamper 7:15 Our Daily Bread 7:30 Drinks	15	9:30 Exercises 10:30 Catholic Services 11:15 Life Skills 1:00 Heart and Hand Visits 2:00 Piano with Betty 3:00 Hydration Station 4:00 Sorting Games 6:30 Primp & Pamper 7:15 Devotional 7:30 Refreshments Presidents' Day (U.S.)	16	9: 30 IN2L - Exercises, Devotional, Trivia or Games 1:00 Simple Games 2:00 MUSIC WITH BILLY STOPPE (CH) 3:00 Drinks 4:00 Folding 6:30 This or That? 7: 15 Wet the Whistle 7: 30 Devotional Mardi Gras	17	9: 30 Wednesday Workout 10:00 Bible Study w/ Pastor 10:30 Hymns 11:00 Life Skills 1:00 Round the Table (Short Stories) 2:00 RECEIVING ASHES IN THE CHAPEL 3:00 Drinks and Thinks 6: 30 Target Golf 7: 15 Hydration Station 7: 30 Devotional	18	9: 30 Exercises 10:00 Chronicles 10: 30 Devotional 11:00 Life Skills 1:00 ONE TO ONE TIME 2:00 Monthly Birthday Party in Health Care Dining 3:00 Beverages 6: 30 Ring Toss and Trivia 7: 15 Drinks 7: 30 Devotional	19	9: 30 Exercises 10:00 Devotions 10:30 It's Trivial 11:00 Life Skills 1: 30 Balloon Games 2: 30 Gather to GO 3:00 Stations of the Cross 3:00 Busy Bees 6: 30 IN2L 7: 15 Refreshments 7: 30 Devotional	20	9: 30 Saturday Exercises 10:00 Devotional 10:30 Rhyme Time 11:00 Life Skills 1:00 Walking Club 2:00 Describe the Animal 3:00 Refreshments 6:30 Matching Games 7: 15 Devotional 7: 30 Drinks	21
9:30 EXERCISES & DEVOTIONS 10:00 Spiritual Eldercare 11:00 Table Set up 1:00 One to one Visits 2:30 Chapel Service 3:30 Circle of Friends 4:00 Life Skills 6:30 Primp & Pamper 7:15 Our Daily Bread 7:30 Drinks	22	9:30 Exercises 10:30 Catholic Services 11:15 Life Skills 1:00 Heart and Hand Visits 2:00 Boom Whackers 3:00 Hydration Station 4:00 Sorting Games 6:30 Primp & Pamper 7:15 Devotional 7:30 Refreshments	23	9: 30 IN2L - Exercises, Devotional, Trivia or Games 1:00 Simple Games 2:00 Parachute Game 3:00 Drinks 4:00 Folding 6:30 What's The Picture? 7: 15 Wet the Whistle 7: 30 Devotional	24	9: 30 Wednesday Workout 10:00 Bible Study w/ Pastor 10:30 Hymns 11:00 Life Skills 2:00 OMA ART (VMP) 2:00 MUSIC WITH JIMMIE VIZINNI (CH) 3:00 Drinks and Thinks 6: 30 Crafting with Kaylee 7: 15 Hydration Station 7: 30 Devotional	25	9: 30 Exercises 10:00 Chronicles 10: 30 Devotional 11:00 Life Skills 1:00 Baking Bread 2:00 Making Butter 3:00 Beverages 6: 30 Noodle Ball 7: 15 Drinks 7: 30 Devotional	26	9: 30 Exercises 10:00 Devotions 10:30 It's Trivial 11:00 Life Skills 1: 30 Balloon Games 2: 30 Gather to GO 3:00 Stations of the Cross 6: 30 IN2L 7: 15 Refreshments 7: 30 Devotional	27	9: 30 Saturday Exercises 10:00 Devotional 10:30 Rhyme Time 11:00 Life Skills 1:00 Walking Club 2:00 Finishing Lines 3:00 Refreshments 6:30 Lacing and Conversation 7: 15 Devotional 7: 30 Drinks	28

Type the name, address, and other information about your community/company here.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

HEALTHCARE LIFE ENRICHMENT CALENDAR



1 11:15 am Daily chronicles (dayroom) 2:30 pm Worship Service (chapel) 6 pm Evening Movie (dayroom- CH. 326) Tu B'Shevat Begins	2 10 am Daily Chronicles/ Refreshments Groundhog Day Trivia (dining room) 10:30 am Catholic Services (chapel) 2 pm Music and Manicures (dayroom) 6 pm Evening News Brief (Ch. 6 dayroom) Groundhog Day	3 10 am Daily Chronicles/ Refreshments Trivia 10:45 am Bible Study (dining room) 2 pm Reminisce: A Day at the Hairdresser (dining room) 6 pm Evening Movie (Ch. 312 dayroom)	4 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Making Mini Valentine Day Cards (dining room) 6 pm Evening News Brief dayroom- CH. 6	5 10 am Daily Chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Winter Olympics 2026 Primer (dining room) 3:45 pm Who Am I? (dayroom) 6 pm Evening Movie (Ch. 256 dayroom)	6 10 am Daily Chronicles/ Refreshments Exercise (dining room) 2 pm Opening Ceremony for Winter Olympics (Ch. dayroom) 2 pm Bocce Ball (dining room) 6 pm Evening New Brief (Ch. 6 dayroom)	7 11:15 am Daily chronicles (dining room) 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom
8 11:15 am Daily chronicles (dayroom) 2:30 pm Worship Service (chapel) 6:30 pm Super Bowl LX Seattle VS. New England (dayroom- CH. 6)	9 10 am Daily Chronicles/ Refreshments 10:30 am Catholic Services (chapel) 2 pm Minute to Win It Winter Olympic Games (dining room) 6 pm Evening News Brief (Ch. 6 dayroom)	10 10 am Daily Chronicles/ Refreshments Trivia 10:45 am Bible Study (dining room) 2 pm Slippery Slope Competition (dining room) 6 pm Evening Movie (Ch. 312 dayroom)	11 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Music with Bond Turner (chapel) 3:45 pm Jeopardy (dayroom) 6 pm Evening News Brief dayroom- CH. 6	12 10 am Daily Chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Parkinson's boxing with Bonnie (VMP) 2 pm Music and Memory (dining room) 6 pm Evening Movie (Ch. 256 dayroom)	13 HAPPY BIRTHDAY JOSIE GUSMEROTTI DANI HASCHAK 10 am Daily Chronicles/ Refreshments Exercise (dining room) 2 pm Bocce Ball (dining room) 6 pm Evening New Brief (Ch. 6 dayroom)	14 11:15 am Daily chronicles (dining room) 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom Valentine's Day
15 11:15 am Daily chronicles (dayroom) 2:30 pm Worship Service (chapel) 6 pm Evening Movie (dayroom- CH. 326)	16 10 am Daily Chronicles/ Refreshments President's Day Discussion (dining room) 10:30 am Catholic Services (chapel) 2 pm Music and Manicures (dayroom) 6 pm Evening News Brief (Ch. 6 dayroom) Presidents' Day (U.S.)	17 10 am Daily Chronicles/ Refreshments Trivia 10:45 am Bible Study (dining room) 2 pm Music with Billy Stoppe (chapel) 6 pm Evening Movie (Ch. 312 dayroom) Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 11 am Resident Council (chapel) 2 pm Game: Mardi Gras: Who's Got the Baby (dining room) 2 pm Distribution of Ashes (chapel) 3:45 pm Can You Picture This? (dayroom) 6 pm Evening News Brief (dayroom- Ch. 6)	19 10 am Daily Chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm PC/ HC Monthly Birthday Party (dining room) 3:45 pm Mardi Gras Jeopardy (dayroom) 6 pm Evening Movie (Ch. 256 dayroom)	20 10 am Daily Chronicles/ Refreshments Exercise (dining room) 2 pm Bocce Ball (dining room) 3 pm Stations of the Cross (chapel) 6 pm Evening New Brief (Ch. 6 dayroom)	21 11:15 am Daily chronicles (dining room) 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom
22 11:15 am Daily chronicles (dayroom) 2:30 pm Worship Service (chapel) 6 pm Evening Movie (dayroom- CH. 326)	23 10 am Daily Chronicles/ Refreshments Trivia 10:30 am Catholic Services (chapel) 2 pm Travelogue: Destination Anchorage, Alaska (dining room) 6 pm Evening News Brief (Ch. 6 dayroom)	24 10 am Daily Chronicles/ Refreshments Trivia 10:45 am Bible Study (dining room) 2 pm (dining room) 2 pm Parkinson's Support group (chapel) 6 pm Evening Movie (Ch. 312 dayroom)	25 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Music with Jimmie Vizzini (chapel) 3:45 pm What Am I? 6 pm Evening News Brief dayroom- CH. 6	26 10 am Daily Chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Parkinson's boxing with Bonnie (chapel)) 2 pm Kitchen Creations: Making Soup (dining room) 6 pm Evening Movie (Ch. 256 dayroom)	27 HAPPY BIRTHDAY EUNICE EVANS 10 am Daily Chronicles/ Refreshments Exercise (dining room) 12 pm Souper Bowl (VMP) 3 pm Stations of the Cross (chapel) 6 pm Evening New Brief (Ch. 6 dayroom)	28 11:15 am Daily chronicles (dining room) 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Arbor Life Enrichment Calendar

MORNING Meet and Greet Daily Chronicles The Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Matching game Tu B'Shevat Begins	1 MORNING Meet and Greet Daily Chronicles Mass AFTERNOON Groundhog Day Trivia EVENING Name that tune Groundhog Day	2 MORNING Meet and Greet Daily Chronicles Bible Study AFTERNOON Music and Manicures EVENING Stories/Poems	3 MORNING Meet and Greet Daily Chronicles Trivia AFTERNOON Remembering a day at the Hairdresser EVENING Complete the Phrase	4 MORNING Meet and Greet Daily Chronicles Devotions AFTERNOON Dice Bingo EVENING Chicken Soup Readings Happy Birthday Garnet Croyle	5 MORNING Meet and Greet Daily Chronicles Exercise AFTERNOON Music and Memory EVENING Out of the Box	6 MORNING Meet and Greet Daily Chronicles Never Have I Ever AFTERNOON Craft Hour EVENING Relaxing Videos	7
MORNING Meet and Greet Daily Chronicles The Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Matching game Happy Birthday Jean W	8 MORNING Meet and Greet Daily Chronicles Mass AFTERNOON Who Am I? EVENING Name that tune Hershey's Chocolate Day	9 MORNING Meet and Greet Daily Chronicles Bible Study AFTERNOON Music and Manicures EVENING Stories/Poems	10 MORNING Meet and Greet Daily Chronicles Trivia AFTERNOON 2pm Music with Bond Turner EVENING Complete the Phrase Happy Birthday Geraldine Lewis	11 MORNING Meet and Greet Daily Chronicles Trivia AFTERNOON Sweet Strawberry Cocoa Whip EVENING Chicken Soup Readings	12 MORNING Meet and Greet Daily Chronicles Devotions AFTERNOON Music and Memory EVENING Out of the Box	13 MORNING Meet and Greet Daily Chronicles Never Have I Ever AFTERNOON Valentines Day Crossword EVENING Relaxing Videos Valentine's Day	14
MORNING Meet and Greet Daily Chronicles The Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Matching game	15 MORNING Meet and Greet Daily Chronicles Mass AFTERNOON First Ladies Who Am I? EVENING Name that tune Presidents' Day (U.S.)	16 MORNING Meet and Greet Daily Chronicles Bible Study AFTERNOON 2pm Music with Billy EVENING Stories/Poems Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 MORNING Meet and Greet Daily Chronicles Trivia AFTERNOON Loveable Lovebirds EVENING Complete the Phrase	18 MORNING Meet and Greet Daily Chronicles Devotions AFTERNOON Monthly birthday party EVENING Chicken Soup Readings	19 MORNING Meet and Greet Daily Chronicles Exercise AFTERNOON Music and Memory EVENING Out of the Box	20 MORNING Meet and Greet Daily Chronicles Never Have I Ever AFTERNOON Craft Hour EVENING Relaxing Videos	21
MORNING Meet and Greet Daily Chronicles The Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Matching game	22 MORNING Meet and Greet Daily Chronicles Mass AFTERNOON Who Am I? EVENING Name that tune	23 MORNING Meet and Greet Daily Chronicles Bible Study AFTERNOON Music and Manicures EVENING Stories/Poems	24 MORNING Meet and Greet Daily Chronicles Trivia AFTERNOON 2pm Music with Jimmie Vizzini EVENING Complete the Phrase	25 MORNING Meet and Greet Daily Chronicles Devotions AFTERNOON Making Bread EVENING Chicken Soup Readings	26 MORNING Meet and Greet Daily Chronicles Exercise 12 pm Souper Bow (VMP) AFTERNOON Music and Memory EVENING Out of the Box Happy Birthday Ellen Golden	27 MORNING Meet and Greet Daily Chronicles Never Have I Ever AFTERNOON Craft Hour EVENING Relaxing Videos	28