

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Pancakes Bacon Hashbrowns Pineapple	Western Scramble French Toast Sausage Apple muffin Tropical Fruit	 Cheese omelet Blueberry Pancake Tater Tots Canadian Bacon Apple Slices	Scrambled Eggs Belgian Waffle Sausage Potatoes O'Brien	Denver Scramble Waffle Bacon Sliced Peaches	Scrambled Eggs French Toast Sausage Link Home fries Fruit Cocktail	Quiche Sausage Gravy Biscuit Banana
LUNCH							
Entrées	Roast Turkey or Beef Short Ribs Fingerling Potatoes Green Beans Dinner Roll Fruit	Ham Loaf or Swedish Meatballs Herbed Rotini Peas Dinner Roll Fruit	Marinated Flank Steak or Lemon Glazed Chicken Breast  Baked Potato Sauteed Broccoli Dinner Roll Fruit	 Cheese Stuffed Manicotti or Country Fried Steak Rosemary Red Potatoes Yellow Squash Dinner Roll Fruit	  Baked Salmon or   Stuffed Pepper Macaroni and Cheese Stewed Tomatoes Dinner Roll Fruit	 Sweet and Sour Chicken or  Pork Tenderloin Fried Rice Brussel Sprouts Dinner Roll Fruit	Meatloaf or  Mushroom spinach Alfredo Sliced Fried Potatoes Cauliflower Dinner Roll Fruit
Dessert	Peach Shortcake	Cream Puff	Tiramisu	Boston Cream Pie	Angel Food Cake with Strawberries	Peanut Butter Cookie	Blondie Brownie
DINNER							
Soup	Beef Chili	Cream of Mushroom	Ham and Split Pea	 Beef Vegetable	Pasta Fagioli	 Stuffed Pepper	Chicken Fajita
Entrées	 Shrimp Caesar Salad Or Ham BBQ on a Bun Steak Fries Roasted Carrots Dinner Roll	Beef Burrito Or Fried Cod Sandwich Wild Rice Corn Dinner Roll	  Kielbasa and Kraut Or   Baked Haddock Herbed Noodles California Vegetable Dinner Roll	Ham Slice Or Popcorn Chicken Bowel Mashed Potatoes Corn Dinner Roll	Chicken Salad Sandwich Or BLT w/ American French Fries Italian Vegetables Dinner Roll	Porcupine Meatballs Or Shrimp Scampi Linguini Seasoned Asparagus Dinner Roll	Pork Riblet Patty Or Turkey and Swiss Melt Onion Rings Lima Beans Dinner Roll
Dessert	Pumpkin Pie	Icebox Cake	Orange Fluff	Sweet Potato Pie	Ginger Cupcake	White Raspberry cake	Pear Cake



Gluten Free



Good For You



Vegetarian

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Pancakes Bacon Hashbrowns Pineapple	Western Scramble French Toast Sausage Apple Muffin Tropical Fruit	 Cheese Omelet Blueberry Pancakes Tater Tots Canadian Bacon Apple Slices	Scrambled Eggs Belgian Waffle Sausage Potatoes O'Brien	Denver Scramble Waffle Bacon Sliced Peaches	Scrambled Eggs French Toast Sausage Link Home fries Fruit Cocktail	Quiche Sausage Gravy Biscuit Banana
LUNCH							
Entrées	Roast Turkey or Beef Short Ribs Fingerling Potatoes Green Beans Dinner Roll Fruit	Ham Loaf or Swedish Meatballs Herbed Rotini Peas Dinner Roll Fruit	Marinated Flank Steak or Lemon Glazed Chicken Breast  Baked Potatoes Sauteed Broccoli Dinner Roll Fruit	 Cheese Stuffed Manicotti or Country Fried steak Rosemary Red Potatoes Yellow Squash Dinner Roll Fruit	  Baked Salmon or   Stuffed Peppers Macaroni and Cheese Stewed Tomatoes Dinner Roll Fruit	 Sweet and Sour Chicken or  Pork Tenderloin Fried Rice Brussel Sprouts Dinner Roll Fruit	Meatloaf or  Mushroom Spinach Alfredo Sliced Fried potatoes Cauliflower Dinner Roll Fruit
Dessert	Peach Shortcake	Cream Puff	Tiramisu	Boston Cream Pie	Angel Food Cake with Strawberries	Peanut Butter cookie	Blondie Brownie
DINNER							
Soup	Beef Chili	Cream of Mushroom	Ham and split Pea	 Beef Vegetable	Pasta Fagioli	 Stuffed Pepper	Chicken Fajita
Entrées	 Shrimp Caesar Salad Or Hamm BBQ on a Bun Steak Fries Roasted Carrots Dinner Roll	Beef Burrito Or Fried Cod sandwich Wild Rice Corn Dinner Roll	  Kielbasa and Kraut Or Baked haddock Herbed Noodles California Vegetables Dinner Roll	Ham Slice Or Popcorn Chicken Bowel Mashed Potatoes Corn Dinner Roll	Chicken Salad Sandwich Or BLT w/ American French Fries Italian Vegetables Dinner Roll	Porcupine meatballs Or Shrimp Scampi Linguini Seasoned Asparagus Dinner Roll	Porrk Riblet Patty Or Turkey and Swiss Melt Onion Rings Lima Beans Dinner Roll
Dessert	Pumpkin Pie	Icebox Cake	Orange Fluff	Sweet Potato Pie	Ginger Cupcake	White Raspberry Cake	Pear Cake



Gluten Free



Good For You



Vegetarian

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Pancakes Oatmeal	Western Scramble Sausage Oatmeal	 Cheese Omelet Canadian Bacon Cream of Wheat	Scrambled Eggs Belgian Waffle Oatmeal	Denver Scramble Waffle Cream of Wheat	Scrambled Eggs French Toast Oatmeal	Quiche Sausage Gravy Biscuit Oatmeal
DINNER							
Soup	Beef Chili	Cream of Mushroom	Ham and Split Pea	 Beef Vegetable	Pasta Fagioli	 Stuffed Pepper	Chicken Fajita
Entrées	1.Ham BBQ on a Bun  2.Shrimp Caesar Salad 3. Beef Short Ribs Potato Fingerlings Steak Fries Green Beans Roasted Carrots Dinner Roll	1. Beef Burrito 2. Fried Cod Sandwich 3. Ham Loaf Herbed Rotini Wild Rice Peas Corn Dinner Roll	1.Marinated Flank Steak 2. Kielbasa and Kraut  3. Baked Haddock Baked Potatoes Herbed Egg Noodles California Vegetables Broccoli Dinner Roll	1. Ham Slice 2. Popcorn Chicken Bowel  3. Cheese Stuffed Manicotti Mashed Potatoes Rosemary Red Potatoes Yellow Squash Corn Dinner Roll	 1. Baked Salmon  2. Chicken Salad Sandwich 3. BLT w/ American Macaroni and Cheese French Fries Stewed Tomatoes Italian Vegetables Dinner Roll	1. Sweet and Sour Chicken 2. Shrimp Scampi 3. Porcupine Meatballs Linguini Fried Rice Brussel Sprouts Asparagus Dinner Roll	1. Pork Riblet Patty 2. Turkey and Swiss Melt 3. Meatloaf Onion rings Sliced Fried Potatoes Lima Beans Cauliflower Dinner Roll
Dessert	Pumpkin Pie	Icebox Cake	Orange Fluff	Boston Cream Pie	Ginger Cupcake	White Raspberry Cake	Blondie Brownie





FRESH HARVEST RESTAURANT (814) 288-2880

HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



VISTA DINING (814) 205-6772, OR EXT4293

HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
 - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
 - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
 - 11:00 AM - 1:00 PM (**Deadline for Sunday take out is 10AM**)

The deadline to order takeout is 3PM Monday-Saturday.

TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR**
2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

****Vista Dinner Pricing for Cambridge/Townhomes Only:****

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



DESSERT:

Tiramisu
\$4.99



SIDE:

Asparagus
\$1.99

Images may not accurately reflect the actual item.

Fresh HARVEST **THIS WEEK'S SPECIALS**

**SPECIALS FOR
NOV 19-22**

SOUP:

Fresh Harvest's
Spilt Pea Soup

Cup \$2.99 | Bowl \$4.99



CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



APPETIZER

**Santa Fe Chicken
Egg Roll
\$3.99**



VEGETARIAN OPTION

Images may not accurately reflect the actual item.

SPECIALS FOR NOV 19-22

ENTRÉES OF THE WEEK:

Entrée 1 - Potato Crusted
Cod with rice pilaf & 1 side
\$13.99

Entrée 2 - Meatball Hoagie
with house chips **\$9.95**

Vegetarian Option -
Roasted Butternut squash,
Brussel sprouts, sweat
potatoes, spinach, and kale
with a drizzle of cranberry
\$11.95

