Breakfast 7:30 am – 9:30 am Lunch 11:30 am -12:30 pm Dinner 4:30pm- 5:30pm Weekly HC Menu Union Week 3- Nov 10-16							
	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Apricots	Western Scramble Blueberry Pancake Sausage Home Fries O Brien Fruited Yogurt	Vegetable Quiche Hashbrown Casserole Canadian Bacon Apple Slices	Scrambled Eggs Belgian Waffle Sausage Tater Tots	Mushroom Strata Pumpkin Pancake Turkey Bacon Hashbrowns Sliced Peaches	Scrambled Eggs French Toast Bacon Fruit Cocktail	Denver Scramble Sausage Gravy Biscuit Banana
LUNCH							
Entrées	Meatloaf or Ham Steak with Pineapple Mashed Potatoes Creamed Spinach Dinner Roll Fruit	Baked Haddock or Turkey Roast Stuffing Zucchini Dinner Roll Fruit	Pork Parmesan Cutlet or Meatballs and Penne Oven Browned Potatoes Baked Butternut Squash Breadstick Fruit	Stuffed Chicken w/Apple Dressing or Beef Brisket  Roasted Red Potatoes Seasoned Cabbage  Dinner Roll Fruit	Lemon Pepper Haddock or Italian Chicken Breast  Corn Fritters Balsamic Glazed Vegetables  Dinner Roll Fruit	Mushroom Swiss Burger or Cheese Lasagna Sweet Potato Fries Buttered Peas Breadstick Fruit	Beef Stew or Hot Dogs with Sauerkraut  Mashed Potatoes Harvard Beets  Dinner Roll Fruit
Dessert	Fruited Jello	Applesauce Cake	Blueberry Turnover	Red Velvet Cake	Chocolate Cupcake	Blondie Bar	White Cake with Frosting
DINNER							
Soup	Beef Vegetable	White Bean Chicken	Beef Barley	<b>Lentil and Ham</b>	New England Clam Chowder	Tomato	Chicken Noodle
Entrées	Bourbon Chicken Or Gnocchi with Meat Sauce Creamy Coleslaw Baked sweet Potato Breadstick	Crab Cake Or Roast Beef & Swiss Wrap Onion Rings Baby Dilled Carrots Dinner Roll	Chicken Teriyaki w/ Fried Rice Or Shrimp Stir Fry Mixed Vegetables Egg Roll Dinner Roll	Pork Roast Sandwich Or Turkey Divan Tater Tots Green Beans Dinner Roll	Steak Sandwich Or Polish Sausage Parsley Potatoes Wedges Cauliflower	Turkey Club Croissant Or Breaded Pork Chop Scalloped Potatoes Seasoned Asparagus Dinner Roll	Fried Catfish Or Chipped Beef over Toast  House Made Chips Oven Brussel Sprouts  Dinner Roll
Dessert	Dutch Apple Pie	Strawberry Cream Pie	Cherry Crisp	Snickerdoodle	Lemon Cookie	Fruit of the Forest Pie	Sherbet
Gluten Free Good For You Vegetarian							

Breakfast 7:30 am – 9:30 am Lunch 11:30 am -12:30 pm Dinner 4:30pm- 5:30pm Weekly PC Menu <u>unidine</u> Week 3- Nov 10-16

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Apricots	Western Scramble Blueberry Pancake Sausage Home Fries O Brien Fruited Yogurt	Vegetable Quiche Hashbrown Casserole Canadian Bacon Apple Slices	Scrambled Eggs Belgian Waffle Sausage Tater Tots	Mushroom Strata Pumpkin Pancake Turkey Bacon Hashbrowns Sliced Peaches	Scrambled Eggs French Toast Bacon Fruit Cocktail	Denver Scramble Sausage Gravy Biscuit Banana
LUNCH							
Entrées	Meatloaf or Ham Steak with Pineapple Mashed Potatoes Creamed Spinach Dinner Roll Fruit	Baked Haddock or Turkey Roast Stuffing Zucchini Dinner Roll Fruit	Pork Parmesan Cutlet or Meatballs and Penne Oven Browned Potatoes Baked Butternut Squash Breadstick Fruit	Stuffed Chicken w/Apple Dressing or Beef Brisket  Roasted Red Potatoes Seasoned Cabbage  Dinner Roll Fruit	Lemon Pepper Haddock or Italian Chicken Breast  Corn Fritters Balsamic Glazed Vegetables  Dinner Roll Fruit	Mushroom Swiss Burger or Cheese Lasagna Sweet Potato Fries Buttered Peas Breadstick Fruit	Beef Stew or Hot Dogs with Sauerkraut Mashed Potatoes Harvard Beets Dinner Roll Fruit
Dessert	Fruited Jello	Applesauce Cake	Blueberry Turnover	Red Velvet Cake	Chocolate Cupcake	Blondie Bar	White Cake with Frosting
DINNER							
Soup	Beef Vegetable	White Bean Chicken	Beef Barley	<b>Lentil and Ham</b>	New England Clam Chowder	Tomato	Chicken Noodle
Entrées	Bourbon Chicken Or Gnocchi with Meat Sauce Creamy Coleslaw Baked sweet Potato Breadstick	Crab Cake Or Roast Beef & Swiss Wrap Onion Rings Baby Dilled Carrots Dinner Roll	Chicken Teriyaki w/ Fried Rice Or Shrimp Stir Fry Mixed Vegetables Egg Roll Dinner Roll	Pork Roast Sandwich Or Turkey Divan Tater Tots Green Beans Dinner Roll	Steak Sandwich Or Polish Sausage Parsley Potatoes Wedges Cauliflower	Turkey Club Croissant Or Breaded Pork Chop Scalloped Potatoes Seasoned Asparagus Dinner Roll	Fried Catfish Or Chipped Beef over Toast House Made Chips Oven Brussel Sprouts Dinner Roll
Dessert	Dutch Apple Pie	Strawberry Cream Pie	Cherry Crisp	Snickerdoodle	Lemon Cookie	Fruit of the Forest Pie	Sherbet
Gluten Free Good For You Vegetarian							

# Weekly Vista Menu Unidine

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Oatmeal	Scrambled Eggs Sausage Oatmeal	Vegetable Quiche Canadian Bacon Cream of Wheat	Scrambled Eggs Belgian Waffle Oatmeal	Mushroom Strata Pumpkin Pancakes Cream of Wheat	Scrambled Eggs French Toast Oatmeal	Scrambled Eggs Sausage Gravy Biscuit Oatmeal
DINNER							
Soup	Beef Vegetable	<b>W</b> hite Bean Chicken	Beef Barley	Lentil and Ham	New England Clam Chowder	Tomato	Chicken Noodle
Entrées	1. Bourbon Chicken  2.Gnocchi with Meat Sauce  3. Ham Steak with Pineapple  Mashed Potatoes Baked Sweet Potato  Creamed Spinach Creamy Coleslaw Bread Stick	<ul> <li>1. Crab Cake</li> <li>2. Roast Beef &amp; Swiss Wrap</li> <li>3. Turkey Roast</li> <li>Onion Rings Stuffing</li> <li>Baby Dilled Carrots Zucchini</li> <li>Dinner Roll</li> </ul>	1.Shrimp Stir Fry  2. Chicken Teriyaki w/ Fried Rice  3. Pork Parmesan Cutlet  Oven browned Potatoes Egg Roll  Mixed Vegetables Butternut Squash  Dinner Roll	1. Pork Roast Sandwich  2. Beef Brisket  3. Turkey Divan  Roasted Red Potatoes Tater Tots  Green Beans Seasoned Cabbage  Dinner Roll	1. Lemon Pepper Haddock 2. Polish sausage 3. Steak Sandwich Corn Fritters Parsley Potato Wedges Cauliflower Balsamic Glazed Vegetable Dinner Roll	1. Mushroom Swiss Burger  2. Turkey Club Croissant  3. Breaded Pork Chop  Scalloped Potatoes Sweet Potato Fries  Buttered Peas Seasoned Asparagus  Dinner Roll	1. Hot Dogs with Sauerkraut  2. Fried Catfish  3. Chipped Beef over Toast  Mashed Potatoes House Made Chips  Harvard Beets Brussel Sprouts  Dinner Roll
Dessert	Dutch Apple Pie	Strawberry Cream Pie	Cherry Crisp	Snickerdoodle	Lemon Cookie	Fruit of the Forest Pie	White Cake with Frosting





## FRESH HARVEST RESTAURANT (814) 288-2880

### **HOURS OF OPERATION**

CLOSED | MONDAY - TUESDAY

#### **WEDNESDAY - SATURDAY**

- 11 AM 1 PM: Take out only!
- 4 PM 7 PM: Option of takeout or dine in!

#### SUNDAY

• Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

# DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call (814) 288-2880. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

### **WEDNESDAY TO SATURDAY:**

- 11 AM 1 PM: **Take out only!**
- 4 PM 7 PM: Option of takeout or dine in!

You can pick up your takeout order in person at Fresh Harvest.

### THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

### CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



# VISTA DINING (814) 205-6772, OR EXT4293

### **HOURS OF OPERATION**

- Continental Breakfast for Vista Residents only: Monday - Sunday, 7:30 AM - 9:00 AM
- Dinner: Monday to Friday,4:00 PM 6:00 PM
- Saturday Dinner Buffet: • 4:00 PM - 6:00 PM
- Sunday Lunch Buffet:
  - 11:00 AM 1:00 PM (Deadline for Sunday take out is 10AM)

The deadline to order takeout is 3PM Monday-Saturday.

# TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call (814) 205-6772 and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining

#### **OR**

2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

### THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

## \*\*Vista <u>Dinner</u> Pricing for Cambridge/Townhomes Only:\*\*

- Entrée with two sides: \$9.95
- Additional sides: \$1.99 each

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: \$1.99
- Buffet Nights (Saturday & Sunday)
   \$14.95

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

**CLOSED | MON - TUES** 

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



## **SPECIALS FOR NOV 12-15**

SOUP:

Fresh Harvest's Cream of Broccoli

Cup \$2.99 | Bowl \$4.99



DESSERT:

Raisin Bar \$3.99



SIDE:

**Harvard Beets** \$1.99

Images may not accurately reflect the actual item.



### **CLOSED | MON - TUES**

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



## APPETIZER

Chicken
Quesadilla with
salsa & sour
cream
\$8.99



### VEGETARIAN OPTION

Images may not accurately reflect the actual item.

## **SPECIALS FOR NOV 12-15**

# ENTRÉES OF THE WEEK:

Entrée 1 - Crab stuffed Flounder with rice pilaf and 1 side \$14.99

Entrée 2 - Hot ham & cheese on preztel bun with house chips \$9.95

Vegetarian Option -Veggie Quesadilla \$10.95 Onions, Peppers, tomatoes, black beans, cheese with salsa & sour cream



