| Breakfast 7:30 am – 9:30 am Lunch 11:30 am -12:30 pm Dinner 4:30 pm – 5:30 pm Weekly HC Menu | | | | | Week 4 August 4-10 | | |
|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| | MON | TUE | WED | THU | FRI | SAT | SUN |
| Breakfast | Scrambled Eggs Pancake Bacon Orange Slices | Western Scramble Cinnamon French Toast Sausage Patty Apple Muffin | Blueberry Pancake Cheese Strata Canadian Bacon Hashbrowns | Scrambled Eggs Belgian Waffle Breakfast Ham O'Brien Potatoes | Denver Scramble Scrambled Eggs Bacon Diced Pears | Scrambled Eggs Sausage Gravy Biscuit Fruit Cup | Scrambled Egg Blueberry Pancake Sausage Links Banana |
| LUNCH | | | | | | | |
| Entrées | Potato Crusted Cod or Turkey Club Home Made Chips Buttered Green Beans Dinner Roll Fruit | Baked Pit Ham or Swedish Meatball Mashed Potatoes Steamed Peas Dinner Roll Fruit | Beef Stroganoff or Baked Chicken Breast Roasted Gnocchi Sauteed Broccoli Breadstick Fruit | Crab Cake or Stuffed Pepper French Fries Yellow Squash Dinner Roll Fruit | Baked Salmon or Country Fried Steak Wild Rice Roasted Cauliflower Dinner Roll Fruit | Sweet & Sour Chicken or Cheese Lasagna Rice Roasted Brussel Sprouts Dinner Roll Fruit | Cheeseburger Pie or Pesto Tortellini Pasta Red Potatoes Sauteed Eggplant Dinner Roll Fruit |
| Dessert | Lemon Pudding | Iced Brownie | Strawberry Ice Cream | Boston Cream Pie | Strawberry Shortcake | Peanut Butter Cookies | Oreo Blondie Bar |
| DINNER | | | | | | | |
| Soup | Chili | Cream of Mushroom | Ham and Split Pea | Stuffed Pepper | Beef Vegetable | Chicken and Wild Rice | Chicken Fajita |
| Entrées | Grilled Chicken Salad Or Pork Roast Sandwich Steak Fries Roasted Carrots Dinner Roll | Swiss Steak Or Hot Turkey Sandwich Stuffing Buttered Corn Dinner Roll | Herb Crusted Cod Or Grilled Cheese Egg Noodles Mixed Vegetables Dinner Roll | Popcorn Chicken Bowl Or Apple Pork Chop Mashed Potatoes Corn Dinner Roll | BLT with Cheese Or Chicken Salad Sandwich Fried Potatoes Roasted Red Beets Dinner Roll | Porcupine Meatball Or Shrimp Scampi Penne Pasta Seasoned Asparagus Breadstick | BBQ Chicken Pita Or Salisbury Steak Waffle Fries Parmesan Lima Beans Dinner Roll |
| Dessert | Key Lime Pie | Ice Box Dessert | Orange Fluff | Banana Cream Pie | Shortbread Cookie | White Raspberry Cake | Apple Turnover |









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| LUNCH | | | | | | | |
| Entrées | Potato Crusted Cod or Turkey Club Home Made Chips Buttered Green Beans Dinner Roll Fruit | Baked Pit Ham or Swedish Meatball Mashed Potatoes Steamed Peas Dinner Roll Fruit | Beef Stroganoff or Baked Chicken Breast Roasted Gnocchi Sauteed Broccoli Breadstick Fruit | Crab Cake or Stuffed Pepper French Fries Yellow Squash Dinner Roll Fruit | Baked Salmon or Country Fried Steak Wild Rice Roasted Cauliflower Dinner Roll Fruit | Sweet & Sour Chicken or Cheese Lasagna Rice Roasted Brussel Sprouts Dinner Roll Fruit | Cheeseburger Pie or Pesto Tortellini Pasta Red Potatoes Sauteed Eggplant Dinner Roll Fruit |
| Dessert | Lemon Pudding | Iced Brownie | Strawberry Ice Cream | Boston Cream Pie | Strawberry Shortcake | Peanut Butter Cookies | Oreo Blondie Bar |
| DINNER | | | | | | | |
| Soup | Chili | Cream of Mushroom | Ham and Split Pea | Stuffed Pepper | Beef Vegetable | Chicken and Wild Rice | Chicken Fajita |
| Entrées | Grilled Chicken Salad Or Pork Roast Sandwich Steak Fries Roasted Carrots Dinner Roll | Swiss Steak Or Hot Turkey Sandwich Stuffing Buttered Corn Dinner Roll | Herb Crusted Cod Or Grilled Cheese Egg Noodles Mixed Vegetables Dinner Roll | Popcorn Chicken Bowl Or Apple Pork Chop Mashed Potatoes Corn Dinner Roll | BLT with Cheese Or Chicken Salad Sandwich Fried Potatoes Roasted Red Beets Dinner Roll | Porcupine Meatball Or Shrimp Scampi Penne Pasta Seasoned Asparagus Breadstick | BBQ Chicken Pita Or Salisbury Steak Waffle Fries Parmesan Lima Beans Dinner Roll |
| Dessert | Key Lime Pie | Ice Box Dessert | Orange Fluff | Banana Cream Pie | Shortbread Cookie | White Raspberry Cake | Apple Turnover |









Weekly Vista Menu

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| | MON | TUE | WED | THU | FRI | SAT | SUN | |
| Breakfast | Scrambled Eggs Pancake Oatmeal | Scrambled Eggs Sausage Patties Oatmeal | Scrambled Eggs Canadian Bacon Cream of Wheat | Scrambled Eggs Belgian Waffle Oatmeal | Scrambled Eggs Bacon Cream of Wheat | Scrambled Eggs Sausage Gravy w/ Biscuit Oatmeal | Scrambled Eggs Blueberry Pancake Oatmeal | |
| DINNER | | | | | | | | |
| Soup | Chili | Cream of Mushroom | Ham and Split Pea | Stuffed Pepper | Beef Vegetable | Chicken and Wild Rice | Chicken Fajita | |
| | 1. Grilled Chicken Salad 2. Potato | 1. Hot Turkey Sandwich 2. Swiss Steak ► | 1. Beef Stroganoff | 1. Crab Cake | 1. Baked Salmon | 1. Sweet & Sour Chicken | 1. Cheeseburger Pie | |
| | Crusted Cod | | 2. Grilled Cheese | 2. Stuffed Pepper | 2. Country Fried Steak | 2. Cheese Lasagna | 2. Pesto Tortellini Pasta | |
| | 3. Pork RoastSandwich | 3. Baked Pit Ham | 3. Baked Chicken Breast | 3. Popcorn Chicken Bowl | 3. BLT with Cheese | 3. Shrimp Scampi | 3. BBQ Chicken Pita | |
| Entrées | House Made Chips | Mashed Potatoes Stuffing | Roasted Gnocchi Egg Noodles | Mashed Potatoes French Fries | Wild Rice Mashed Potatoes | Angel Hair Pasta Rice | Waffle Fries Red Skin Potatoes | |
| | Steak Fries Buttered Green Beans | Steamed Corn Steamed Peas | Sauteed Broccoli Mixed Vegetables | Corn Yellow Squash | Roasted Cauliflower Roasted Red Beets | Roasted Brussel Sprouts Roasted Asparagus | Parmesan Lima Beans | |
| | Carrots | | Breadstick | Dinner Roll | Dinner Roll | Dinner Roll | Sautéed Eggplant Dinner Roll | |
| | Dinner Roll | | | | | | | |
| Dessert | Key Lime Pie | Iced Brownie | Orange Fluff | Boston Cream Pie | Strawberry Short Cake | White Raspberry Cake | Apple Turnover | |
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FRESH HARVEST RESTAURANT (814) 288-2880

HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

WEDNESDAY - SATURDAY

- 11 AM 1 PM: Take out only!
- 4 PM 7 PM: Option of takeout or dine in!

SUNDAY

• Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call (814) 288-2880. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

WEDNESDAY TO SATURDAY:

- 11 AM 1 PM: **Take out only!**
- 4 PM 7 PM: Option of takeout or dine in!

You can pick up your takeout order in person at Fresh Harvest.

THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



VISTA DINING (814) 205-6772, OR EXT4293

HOURS OF OPERATION

- Continental Breakfast for Vista Residents only: Monday - Sunday, 7:30 AM - 9:00 AM
- Dinner: Monday to Friday,4:00 PM 6:00 PM
- Saturday Dinner Buffet: • 4:00 PM - 6:00 PM
- Sunday Lunch Buffet:
 - 11:00 AM 1:00 PM (Deadline for Sunday take out is 10AM)

The deadline to order takeout is 3PM Monday-Saturday.

TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call (814) 205-6772 and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining

OR

2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

Vista <u>Dinner</u> Pricing for Cambridge/Townhomes Only:

- Entrée with two sides: \$9.95
- Additional sides: \$1.99 each

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: \$1.99
- Buffet Nights (Saturday & Sunday)
 \$14.95

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



DESSERT:

Lemon Bar \$2.99



SIDE:

Zucchini & Yellow Squash \$1.99

Images may not accurately reflect the actual item.



SPECIALS FOR AUGUST 6-9

SOUP:

Fresh Harvest's Tomato Cream

Cup \$2.99 | Bowl \$4.99



CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



ENTRÉES OF THE WEEK:



APPETIZER

Mac & cheese bites \$4.99

DINNER ONLY ENTRÉE -

Prime Ribs served with demiglace, mashed potatoes, & 1 side \$15.99

Entrée 2 - Hot ham and cheese on a pretzel bun with house chips \$9.95

Vegetarian Option - Stuffed Shells served with breadstick and side salad **\$10.95**



VEGETARIAN OPTION

Images may not accurately reflect the actual item.



