

MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Ham, Egg and Cheese Muffin	Scrambled Eggs	Ham and Cheese Quiche	🍏	Belgian Waffles	Hard Boiled Egg	Scrambled Eggs	Denver Scramble					
	Cinnamon French Toast	Blueberry Pancake	Scrambled eggs		Fruit & Cottage Cheese	Chocolate Chip Pancakes	French Toast	Sausage Gravy					
	Bacon	Sausage Patties	Bacon		Sausage Links	Shredded Hashbrowns	Bacon	Biscuits					
	Hashbrowns	Sliced Home Fries	Home Fries		Tater Tots	Sliced Peaches	Fried Potatoes	Pineapple Chunks					
	Diced Pears	O Brien	Tropical Fruit		Assorted Muffin	Choice of Bread	Sliced Banana						
LUNCH													
Entrées	Meatloaf or Chicken Tenders	🥬🍏 Cabbage Rolls or Chicken Pot Pie	🥬🍏 Grilled Chicken Salad or Beef Tips in Mushroom Sauce	Breaded Pork Chop or Pizza	🍏 Chicken Sandwich or Seasoned Flounder	Chicken Quesadilla or Chili Dog	🌿 Pasta Primavera or 🍏 Beef Sirloin						
	Mashed Potatoes	Mashed Potatoes	Egg Noodles	Parslied Potatoes	Tater Tots	Onion Rings	Macaroni and Cheese						
	Steamed Corn	Honey Carrots	Lima Beans	Mixed Vegetables	Carrots	Sauteed Zucchini	Harvard Beets						
	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll						
	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit						
Dessert	Pineapple Upside Down Cake	Waldorf Salad	Banana Pudding	Strawberry Angel Food Cake	Cherry Pie	Yellow Cake with Vanilla Icing	Apricot Cobbler						
DINNER													
Soup	Tomato	Beef Barley	Loaded Baked Potato	Chicken Noodle	New England Clam Chowder	Watercress and Potato	Italian Wedding						
Entrées	🍏 Grilled Cheese Or Turkey Avocado Wrap	Reuben Or Battered Haddock	🍏 Turkey Breast Or Cheddar Bacon Sandwich	🌿 Chicken Cheesesteak Sandwich Or Cheese Manicotti	Ham and Bean Casserole Or Chicken Broccoli Ziti	Beef Macaroni Or Turkey Club Croissant	Sweet and Sour Pork w/ Rice Or Meatball Sub						
	Chips	Rosemary Potatoes	Stuffing	Seasoned Fries	Roasted Cauliflower	Potatoes Au Gratin	Potato Salad						
	Green Peas	Carrot Slaw	Seasoned Green Beans	Tossed Salad	Herbed Rice	Brussel Sprouts	California Vegetables						
	Dinner Roll	Dinner Roll	Dinner Roll	Bread Stick	Dinner Roll	Dinner Roll	Dinner Roll						
Dessert	Chocolate Chip Cookies	Pie Lemon Meringue	Marble Brownie	Ice Cream Cup	Cheesecake	Strawberry Pretzel Salad	Chocolate Cake with Chocolate Icing						



Gluten Free



Good For You



Vegetarian

MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Ham, Egg and Cheese Muffin	Scrambled Eggs	Ham and Cheese Quiche	🍏 Fruit & Cottage Cheese	Belgian Waffles	Hard Boiled Egg	Scrambled Eggs	Denver Scramble					
	Cinnamon French Toast	Blueberry Pancake	Scrambled eggs		Sausage Links	Chocolate Chip Pancakes	French Toast	Sausage Gravy					
	Bacon	Sausage Patties	Bacon		Tater Tots	Shredded Hashbrowns	Bacon	Biscuits					
	Hashbrowns	Sliced Home Fries	Home Fries		Sliced Peaches	Fried Potatoes		Pineapple Chunks					
Diced Pears	O Brien Fruited Yogurt	Tropical Fruit	Assorted Muffin	Choice of Bread	Sliced Banana								
LUNCH													
Entrées	Meatloaf	🌿🍏 Cabbage Rolls	🍏🌿 Grilled Chicken Salad	Breaded Pork Chop	Chicken Sandwich	Chicken Quesadilla	🌿 Pasta Primavera						
	or			or	or	or		or					
	Chicken Tenders			Beef Tips in Mushroom Sauce	Pizza	Seasoned Flounder		Chili Dog	Beef Sirloin				
	Mashed Potatoes			Egg Noodles	Parslied Potatoes	Tater Tots		Onion Rings	Macaroni and Cheese				
Steamed Corn	Lima Beans	Mixed Vegetables	Carrots	Sauteed Zucchini	Harvard Beets								
Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll							
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit						
Dessert	Pineapple Upside Down Cake	Waldorf Salad	Banana Pudding	Strawberry Angel Food Cake	Cherry Pie	Yellow Cake with Vanilla Icing	Apricot Cobbler						
DINNER													
Soup	Tomato	Beef Barley	Loaded Baked Potato	Chicken Noodle	New England Clam Chowder	Watercress and Potato	Italian Wedding						
Entrées	Grilled Cheese	Reuben	🍏 Turkey Breast	Chicken Cheesesteak	Ham and Bean Casserole	Beef Macaroni	Sweet and Sour Pork w/						
	Or	Or		Sandwich	Or	Or	Rice						
	🍏 Turkey Avocado Wrap	Battered Haddock		Cheddar Bacon Sandwich	🌿 Cheese Manicotti	Chicken Broccoli Ziti	Turkey Club Croissant	Or					
	Chips	Rosemary Potatoes		Stuffing	Seasoned Fries	Roasted Cauliflower	Potatoes Au Gratin	Meatball Sub					
Green Peas	Carrot Slaw	Seasoned Green Beans	Tossed Salad	Herbed Rice	Brussel Sprouts	Potato Salad							
Dinner Roll	Dinner Roll	Dinner Roll	Bread Stick	Dinner Roll	Dinner Roll	Dinner Roll	California Vegetables						
							Dinner Roll						
Dessert	Chocolate Chip Cookies	Pie Lemon Meringue	Marble Brownie	Ice Cream Cup	Cheesecake	Strawberry Pretzel Salad	Chocolate Cake with Chocolate Icing						



Gluten Free



Good For You



Vegetarian

Breakfast 7:30 am – 9 am			Sunday Lunch- 11am- 1pm			Dinner - 4 pm -6 pm			Weekly Vista Menu			unidine			Week 1- Aug 11-17								
MON			TUE			WED			THU			FRI			SAT			SUN					
Breakfast			Scrambled Eggs Cinnamon French Toast Oatmeal			Scrambled Eggs Sausage Patties Oatmeal			Scrambled Eggs Bacon Cream of Wheat			Scrambled Eggs Belgian Waffles Oatmeal			Scrambled Eggs Chocolate Chip Pancakes Cream of Wheat			Scrambled Eggs Bacon Oatmeal			Scrambled Eggs Sausage Gravy Biscuits Oatmeal		
DINNER																							
Soup			Tomato Soup			Beef Barley and Mushroom			Loaded Baked Potato Soup			Chicken Noodle Soup			Clam Chowder			Watercress and Potato Soup			Italian Wedding Soup		
Entrées			  1. Cabbage Roll			 1. Turkey Breast			1 Breaded Pork Chop			1.Chicken Broccoli Ziti			1. Chili Dog			 1. Beef Sirloin					
			1. Chicken Tenders			2. Chicken Pot Pie			2. Beef Tips in Mushroom Sauce			2. Chicken Cheesesteak Sandwich			 2. Seasoned Flounder			2. Chicken Quesadilla			 2. Penne Pasta Primavera		
			2. Meatloaf			3. Battered Haddock			3. Cheddar Bacon Sandwich			 3. Cheese Manicotti			3. Ham and Bean Casserole			3. Turkey Club Croissant			3. Sweet and Sour Pork w/ Rice		
			 3. Turkey Avocado Wrap			Rosemary Potatoes Mashed Potatoes			Stuffing Egg Noodles						Herbed Rice Tater Tots			Potatoes Au Gratin Onion Rings			Macaroni and Cheese Potato Salad		
			Chips Mashed Potatoes			Carrot Slaw Asparagus			Seasoned Green Beans Lima Beans			Parslied Potatoes			Carrots Roasted Cauliflower Dinner Roll			Sauteed Zucchini Brussel Sprouts Dinner Roll			Harvard Beets California Vegetables Dinner Roll		
			Green Peas Buttered Corn Dinner Roll			Waldorf Salad Dinner Roll			Dinner Roll			Tossed Salad Mixed Vegetable Breadstick											
Dessert			Pineapple Upside Down Cake			Lemon Meringue Pie			Marble Brownie			Strawberry Angel Food Cake			Cheesecake			Strawberry Pretzel Salad			German Chocolate Cake		

For orders, please call ext. 4293 or **Direct 814-205-6772**



Gluten Free



Good For You



Vegetarian



FRESH HARVEST RESTAURANT (814) 288-2880

HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



VISTA DINING (814) 205-6772, OR EXT4293

HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
 - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
 - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
 - 11:00 AM - 1:00 PM (**Deadline for Sunday take out is 10AM**)

The deadline to order takeout is 3PM Monday-Saturday.

TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR**
2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

****Vista Dinner Pricing for Cambridge/Townhomes Only:****

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



DESSERT:

**Banana Split
\$4.99**



SIDE:

**Cauliflower &
Broccoli
\$1.99**

Images may not accurately reflect the actual item.

Fresh **HARVEST** **THIS WEEK'S SPECIALS**

**SPECIALS FOR AUGUST
13-16**

SOUP:

**Fresh Harvest's
Loaded Potato**

Cup \$2.99 | Bowl \$4.99



CLOSED | MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



APPETIZER

**5 piece Shrimp
Cocktail
\$4.99**



VEGETARIAN OPTION

Images may not accurately reflect the actual item.

SPECIALS FOR AUGUST 13-16

ENTRÉES OF THE WEEK:

Entrée 1 - Roasted Pork Loin
w/ mashed potatoes and
gravy with 1 side **\$12.95**

Entrée 2 - French Dip
sandwich with house
chips **\$9.95**

Vegetarian Option - Caprese
Pasta **\$10.95**

Basil, tomatoes, onions, fresh
mozzarella over top bowtie pasta
with a balsamic reduction drizzle

