












MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Banana	Western Scramble Blueberry Pancake Sausage Home Fries O Brien Fruited Yogurt	Ham and Cheese Quiche Fried Potatoes Canadian Bacon Apple Slices	Scrambled Eggs Belgian Waffle Sausage Patty Tater Tots	Broccoli and Cheese Strata Chocolate Chip Pancake Hashbrowns Sliced Peaches	Scrambled Eggs French Toast Bacon Fruit Cocktail	Denver Scramble Sausage Gravy Biscuit Banana						
	LUNCH												
Entrées	Stuffed Chicken or Polish Sausage w/ Cabbage	  Baked Haddock or Turkey Cutlet	Pork Piccata or Meatballs and Penne	Corned Beef Brisket or Chicken Parmesan	Hot Dogs/ Sauerkraut or BBQ Chicken Breast	Bacon Cheeseburger or  Herbed Chicken	Beef Stew or  Braised Pulled Pork						
	Mashed Potatoes Mixed Vegetables Dinner Roll Fruit	Wild Rice Zucchini Dinner Roll Fruit	Oven Browned Potato Seasoned Lima Beans Breadstick Fruit	 Fresh Cut Fries Seasoned Cabbage Dinner Roll Fruit	Fancy Baked Beans Corn on The Cob Dinner Roll Watermelon	Sweet Potato Fries Buttered Peas Dinner Roll Fruit	Pasta Salad Harvard Beets Dinner Roll Fruit						
Dessert	Vanilla Pudding	Ambrosia	Blueberry Bar	Sugar Cookie	Patriotic Cupcake	Raisin Cream Bar	Chocolate Mousse						
DINNER													
Soup	Broccoli Cheese	 Chicken White Bean Soup	Beef Barley	Lentil and Ham	Clam Chowder	 Tomato	 Chicken Noodle						
Entrées	Stuffed Shells Or Chili	BBQ Ham Or Meatball Hoagie	Chicken Teriyaki w/ Fried Rice Or Tuna Melt	Ham and Gouda Melt Or Turkey Divan	Steak Sandwich Or  Baked Honey Ham	 French Dip Or Sausage and Peppers	Shrimp Alfredo Or Deluxe Chef Salad						
	Tossed Salad Cornbread	Onion Rings Baby Dilled Carrot Dinner Roll	 Cucumber Tomato Salad Snow peas Egg Roll	Buttered Noodles Green Beans Dinner Roll	Parsley Potatoes Cauliflower Dinner Roll	Pierogis and Onion Asparagus Dinner Roll	Home Made Chips Oven Brussel Sprouts Breadstick						
Dessert	Gob Cake	Strawberry Cream Pie	Cherry Crisp	Chocolate Brownie	Lemon Cookies	Blueberry Pie	Rainbow Sherbet						














Gluten Free



Good For You



Vegetarian

MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Banana	Western Scramble Blueberry Pancake Sausage Home Fries O Brien Fruited Yogurt	Ham and Cheese Quiche Fried Potatoes Canadian Bacon Apple Slices	Scrambled Eggs Belgian Waffle Sausage Patty Tater Tots	Broccoli and Cheese Strata Chocolate Chip Pancake Hashbrowns Sliced Peaches	Scrambled Eggs French Toast Bacon Fruit Cocktail	Denver Scramble Sausage Gravy Biscuit Banana						
	LUNCH												
	July 4 th												
	Entrées	Stuffed Chicken or Polish Sausage w/ Cabbage	  Baked Haddock or Turkey Cutlet	Pork Piccata or Meatballs and Penne	Corned Beef Brisket or Chicken Parmesan	Hot Dogs/ Sauerkraut or BBQ Chicken Breast	Bacon Cheeseburger or  Herbed Chicken	Beef Stew or  Braised Pulled Pork					
Mashed Potatoes Mixed Vegetables Dinner Roll Fruit		Wild Rice Zucchini Dinner Roll Fruit	Oven Browned Potato Seasoned Lima Beans Breadstick Fruit	 Fresh Cut Fries Seasoned Cabbage Dinner Roll Fruit	Fancy Baked Beans Corn on The Cob Dinner Roll Watermelon	Sweet Potato Fries Buttered Peas Dinner Roll Fruit	Pasta Salad Harvard Beets Dinner Roll Fruit						
Dessert		Vanilla Pudding	Ambrosia	Blueberry Bar	Sugar Cookie	Patriotic Cupcake	Raisin Cream Bar	Chocolate Mousse					
DINNER													
Soup	Broccoli Cheese	 Chicken White Bean Soup	Beef Barley	Lentil and Ham	Clam Chowder	 Tomato	 Chicken Noodle						
Entrées	Stuffed Shells Or Chili	BBQ Ham Or Meatball Hoagie	Chicken Teriyaki w/ Fried Rice Or Tuna Melt	Ham and Gouda Melt Or Turkey Divan	Steak Sandwich Or  Baked Honey Ham	 French Dip Or Sausage and Peppers	Shrimp Alfredo Or Deluxe Chef Salad						
	Tossed Salad Cornbread	Onion Rings Baby Dilled Carrot Dinner Roll	 Cucumber Tomato Salad Snow peas Egg Roll	Buttered Noodles Green Beans Dinner Roll	Parsley Potatoes Cauliflower Dinner Roll	Pierogis and Onion Asparagus Dinner Roll	Home Made Chips Oven Brussel Sprouts Breadstick						
	Dessert	Gob Cake	Strawberry Cream Pie	Cherry Crisp	Chocolate Brownie	Lemon Cookies	Blueberry Pie	Rainbow Sherbet					













Gluten Free



Good For You



Vegetarian

MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Scrambled Eggs Cinnamon French Toast Oatmeal	Scrambled Eggs Sausage Patties Oatmeal		Scrambled Eggs Canadian Bacon Cream of Wheat		Scrambled Eggs Belgian Waffle Oatmeal		Scrambled Eggs Chocolate Chip Pancakes Cream of Wheat		Scrambled Eggs French Toast Oatmeal		Scrambled Eggs Sausage Gravy Biscuit Oatmeal	
	DINNER												
Soup	Broccoli Cheese Soup	Chicken and White  Bean Soup		Beef Barley		Ham and Lentil		Clam Chowder		 Tomato Soup		Chicken Noodle  Soup	
Entrées	1. Stuffed Shells	  1. Baked Haddock		1.Pork Piccata		1. Chicken Parmesan		1. Hot Dogs		1. Bacon Cheeseburger		1. Beef Stew	
	2. Chicken Teriyaki w/ Fried Rice			2. Corned Beef Brisket		2. BBQ Chicken Breast		 2. French Dip		 2. Braised Pulled Pork			
	2.Stuffed Chicken Breast	2. Meatball Hoagie		3. Tuna Melt		3. Turkey Divan		 3. Pit Ham		3. Sausage and Peppers		3. Shrimp Alfredo	
	3. Polish Sausage w/ Cabbage	3. Turkey Cutlet		Oven Baked Potatoes		Buttered Noodles		Baked Beans		Pierogis w/ Onion		Pasta Salad	
	Garden Blend Vegetable	Onion Rings Wild Rice		 Cucumber & Tomato Salad		French Fries		Parsley Potatoes		Sweet Potato Fries		Home Made Chips	
	Tossed Salad	Baby Carrots Zucchini		Snow Peas Seasoned Lima Beans		 Green Bean Casserole Seasoned Cabbage		Cauliflower Corn on the Cob		Seasoned Green Peas		Harvard Beets Brussel Sprouts	
	Dinner Roll	Dinner Roll		Dinner Roll		Dinner Roll		Dinner Roll		Buttered Asparagus		Dinner Roll	
Dessert	Gob Cake	Strawberry Cream Pie		Cherry Crisp		Chocolate Brownie		Patriotic Cup Cake		Raisin Cream Bar		Chocolate Mousse	