

JUNE 2025

LAUREL VIEW VILLAGE NEIGHBORHOOD NEWS



CELEBRATING
JUNE BIRTHDAYS



Angela Rizzo,
Sr. Director of
Independent
Living &
Community
Relations

As I write this article, it certainly does not feel like summer—it's cold, windy, and rainy! However, I have noticed many hopeful signs that summer is on its way. The wonderful garden club has been tirelessly planting and working hard. Additionally, students from Greater Johnstown, Johnstown Christian School, and Conemaugh Township have all volunteered their time and talents to help beautify the campus for the summer months. A huge thank you to everyone involved!

Before we know it, summer will be in full swing, bringing warmer temperatures, beautiful flowers, and exciting events. One event I always look forward to is the Sock Hop, happening June 19 at 5PM for \$25. It's a casual evening dedicated to raising funds for a cause dear to my heart—the Alzheimer's Association—and for our own memory care units. I have witnessed my family members and many others face the challenges posed by this disease, and I remain hopeful that a cure will be found. In the meantime, we must continue advocating for this important cause and supporting one another through the difficulties it presents. A special thanks to the **Ondriezek family** for sponsoring The Pittsburgh Belairs for the evening. You can purchase a ticket at the front desk.

Next on the agenda for fundraising events is our 26th Annual Golf Tournament, scheduled for August 27 at Windber Country Club. This event is always fantastic for advancing our mission and raising funds for our Resident Caring Fund. Please contact Emily Smith for more information (814) 205-6619.

The summer months will also see the completion of our campus expansion, with ten new townhomes finished and new residents moved in. This significant addition to our campus is much anticipated, and I thank everyone for their patience and understanding during the project. We look forward to the official ribbon-cutting ceremony for Meadowlark Lane once everyone is settled in.

As we embrace another summer season, I hope you all take the time to enjoy the sunshine, warmer temperatures, fresh air, and the beauty of blooming flowers and singing birds. We are truly blessed!

Happy Birthday
to anyone
celebrating a
birthday in
June!

TH = Townhome
V = Vista
CP = Cambridge Place
PC = Personal Care
HC = Healthcare

CHAPLAIN'S CORNER



Eric Lasure,
Chaplain

The younger son . . . set off for a distant country and there squandered his wealth in wild living.

Luke 15:13

Sometimes it's really hard to take. You're living at home. You have to follow all the rules, and whenever you go out, you have to tell your parents where you are going. You're expected to go to church, listening to sermons and singing hymns that sound really boring to you. Your parents even want to know what you are watching on your smartphone or tablet. Sometimes you just want out!

That's how the younger son in Jesus' parable felt. Every day it was the same routine and the same rules. He could not wait to get away. So one day he went to his father and demanded his inheritance. The father did not argue but gave him the money and let him go. For the first time in his life the younger son felt free, only to discover that the freedom he craved would turn him into a slave.

Of course, this story is not just about a rebellious teenager or a runaway son. It's an illustration of anyone who has turned their back on the Lord and wants to go their own way, regardless of the consequences. A twenty-something relative told me recently that his generation did not need God because they were doing just fine without him.

If you find yourself in a "distant country," away from God, come back to him, because he's waiting! And, if you have already come back to God, pray for all who are trying to live without the Lord, that they may turn to him too.

Father in heaven, help us to see how much we need you, and if we have drifted away, please bring us back. In Jesus, Amen.

WORSHIP SERVICES

Mass/Communion Services for June

Monday, June 2, 10:30 AM

Catholic Mass with Father Larry

Monday, June 9, 10:30 AM

Communion Service with Threse Baywood

Monday, June 16, 10:30 AM

Catholic Mass with Father Larry

Monday, June 23, 10:30 AM

Communion Service with Threse Baywood

Monday, June 30, 10:30 AM

Communion Service with Threse Baywood

Rosary is at 1:15 PM

every Thursday in the Chapel.

Services subject to change

Pastor Schedule for June

Sunday, June 1, 2:30 PM

Pastor Bill Wenger (Thomas Mennonite Church)

Sunday, June 8, 2:30 PM

Rod/Sonya Horner (Bridges Cooperative Ministry)

Sunday, June 15, 2:30 PM

Keystone State Quartet

Sunday, June 22, 2:30 PM

Pastor Gary Mosorjak

Sunday, June 29, 2:30 PM

Pastor Gary Mosorjak

Services subject to change

Upcoming Communion Service

Non-denominational Communion Service

Wednesday, July 23

Please note there will be no Communion in August, communion occurs on the

Fourth Wednesday of every other month

2 PM in the Chapel

Let all
that
YOU do
be done
in LOVE

I CORINTHIANS 16:14

WELCOMES & TRIBUTES, THANKS, & HOLIDAYS

WELCOME TO OUR COMMUNITY

Eugene and Jean Zanoni (CP)

Ed and Suzanne Shaffer (TH)

Judy Rach (TH)

GIVING TRIBUTE TO

Ed Hopkins

Lois Verhovsek

Jean Griffith

Kathy Aust

Susan Smolen

Basil Trovato

Ruth Walker

Emil Bolha

Recently, Gene Spangler celebrated his 100th birthday!

“Thank you all for the birthday cards and warm wishes on my 100th birthday!” – Gene Spangler

THIS MONTH'S HOLIDAYS

Sunday, June 1 - Shavuot Begins

Tuesday, June 3 - Shavuot Ends

Thursday, June 5 - Day of Arafah

Sunday, June 8 - Pentecost

Friday, June 13 - St Anthony

Saturday, June 14 - Flag Day

Sunday, June 15 - Father's Day &
Trinity Sunday

Thursday, June 19 - Corpus Christi &
Juneteenth

Saturday, June 21 - Summer Solstice

Tuesday, June 24 - St John the Baptist

Friday, June 27 - The Sacred Heart of
Jesus

Sunday, June 29 - St Peters

COMMUNITY SUPPORT RESOURCES



Loss of a Loved One Support Group

Tuesday, June 3

First Tuesday of every month!

Chapel at 5 PM



Parkinson's Support Group Boxing with Donnie

Thursday, June 12 & 26

Now offered twice a month: Second & Fourth Thursday of every month!

Chapel at 2 PM

\$10 fee to be paid at the door to Donnie.



Low Vision Support Group

Tuesday, June 17

Third Tuesday of every month!

Vista Library at 3 PM



Caregiver Support Group

Thursday, June 19

Third Thursday of every month!

Chapel at 3:30 PM

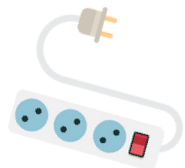


Parkinson's Support Group

Tuesday, June 24

Last Tuesday of every month!

Chapel at 2 PM



Men's Gathering - "The Extension Cords"

Friday, June 20 at 2 PM

Third Friday of every month!

Chapel at 2 PM

COMMUNITY HEALTH RESOURCES

PODIATRY

Dr. Izzo, Foot & Ankle Specialist, is available for scheduling podiatry appointments for **Friday, June 27 & Friday, July 18**. Dr. Izzo visits our campus once a month and operates out of the treatment room in the Davidsville Care Center. To schedule an appointment please contact the front desk at (814) 288-2724.



LIFELINE MEDICAL CENTER (LLMC)

Lifeline Medical Center, located in the Davidsville Care Center, is available by appointment and walk-ins on **Mondays, 7AM -7PM, Wednesdays 7AM-3PM, Fridays 7AM-3PM**. They provide a large array of services such as: Primary Care Services for all ages, Acute Care Services (such as: Urinary Tract Infections, Sutures, Ear Pain, Sore Throat), Community Blood Draw Center, and much more!

LLMC is open to residents, staff, family members, friends, and the general public. **To schedule an appointment today, please call (814) 915-4539. Appointments take precedence over walk-ins. Please bring your ID, insurance card, and a complete medication list.**

BENCHMARK THERAPIES

Benchmark Therapies is committed to delivering high-quality rehabilitation therapy services. Their programs in Physical, Occupational, and Speech therapy are tailored to meet the specific needs of each individual. For additional information **please call (814) 205-6762**.

MOBILE X-RAY

Residents must have a doctor's script for an X-ray and must contact **Doug Croyle to coordinate (814) 205-6702**.

Please ensure that your Health Information Form is always up to date! If you have any questions, concerns, or need further information, please reach out to Doug Croyle at (814) 205-6702.

COMMUNITY HEALTH RESOURCES

LABORATORY SERVICES

Windber Labs

- 1st and 3rd Tuesday of each month, they will be in the Cambridge Place Activity Room from **8 - 9 AM.**
- 2nd and 4th Tuesday of each month, they will be in the treatment room within the Davidsville Care Center **8 - 9 AM.**

Life Line Medical Center also provides these services during their office hours listed above.

TRANSPORTATION SERVICES

Laurel View Village provides free, medical transportation to local services. To take advantage of this service, just complete a form available outside the Vista or Cambridge mailboxes. Once filled out, return the slip to the secure box located in the Cambridge mail room or outside Randy's office, across from the Village Café. Questions contact **Randy Yoder, Transportation Coordinator, at (814) 205-6487.**

HOME CARE SERVICES

Laurel View Village provides in-home assistance services, known as Home Care Services, to help residents age comfortably in their Townhomes, Vista, and Cambridge Place apartments. Our certified home care team offers support to individuals requiring help with daily activities. These services can be tailored to meet your evolving needs, ranging from daily visits to once-a-month check-ins!

For more information, please reach out to **Doug Croyle, Director of Compliance and Health Services, at (814) 205-6702 or via email at dcroyle@lvv1.com.**

MEDICAL DIRECTOR

Dr. Patrick Gray is Laurel View Village's medical director. Under his direction, his CRNP can do scheduled house visits that **MUST BE SCHEDULED BY DOUG ONLY** at (814) 205-6702.

Dr. Gray's doctor office is located in Windber, for his primary care services contact (814) 467-5600.

Please ensure that your Health Information Form is always up to date! If you have any questions, concerns, or need further information, please reach out to Doug Croyle at (814) 205-6702.

PHYSICIAN ASSISTANT VS. NURSE PRACTITIONER

Are they so different after all?

During doctor appointments, patients may be seen by either a Physician Assistant (PA) or a Nurse Practitioner (NP). While there are differences in their education and qualifications, they are quite similar!

Feature	Physician Assistant (PA)	Nurse Practitioner (NP)
Education	Master's degree	Master's or Doctorate degree
Training Model	Medical model	Nursing model
Focus	Disease-oriented	Patient-centered
Scope of Practice	Dependent on supervising physician	Independent practice in 28 states
Ability to prescribe medications	Yes	Yes
Professional Organization	American Academy of PAs (AAPA)	American Association of Nurse Practitioners (AANP)



Differences in Focus:

Fundamentally, physicians/doctors and physician assistants are educated under the medical model, emphasizing diagnosis, testing, and treatment. While, nurse practitioners are educated under the nursing model, prioritizing the results of diagnosis, testing, and treatment upon the patient.

In real-life situations, these different approaches might lead to slight differences in how each provider handles a case. For instance, if someone comes in with an arm fracture, a PA will definitely consider how that injury affects the patient's ability to care for themselves and the potential need for home care assistance. Similarly, a nurse practitioner would be assuredly recognize the critical importance of getting the arm properly casted and ensuring it heals correctly.

Written by: Lifeline Medical Center's Erin Gabany, Certified Registered Nurse Practitioner

PHYSICIAN ASSISTANT VS. NURSE PRACTITIONER

Scope Of Practice:

While both Physician Assistants (PAs) and Nurse Practitioners (NPs) often practice with significant autonomy, their legal frameworks and regulations differ. State medical boards license PAs while NPs are recognized as independent practitioners. Their scope of practice varies considerably by state, with some granting full practice authority under the state board of nursing. Notably, PAs do not have autonomous state PA boards in any jurisdiction.

Erin Gabany, CRNP, consults with Dr. McKendree often to provide the best care possible for their patients.

In summary, as a patient, you likely wouldn't notice much difference between seeing a Physician Assistant (PA) or a Nurse Practitioner (NP). You could see either Erin Gabany, CRNP or Dr. McKendree and be equally satisfied with the patient treatment.

Schedule an appointment with Erin Gabany, Certified Registered Nurse Practitioner, at Lifeline Medical Center in the Davidsville Care Center, right here at Laurel View Village. To book your appointment, call 814-915-4539.

Lifeline Medical Center is expanding their hours! Mondays 7AM-7PM, Wednesdays & Fridays 7AM-3PM in the Davidsville Care Center (next to credit union).

Nurse Practitioner vs. Physician Assistant

Similarities

- **Both** are licensed healthcare providers who work alongside physicians.
- **Both** diagnose and treat illnesses and prescribe medication.
- **Both** require a graduate degree, clinical training and board certification.

Differences

- **NPs** attend a graduate nursing program; PAs attend a medical master's program.
- **NPs** have full-practice authority in 28 states; PAs work interdependently with physicians.
- **NPs** have specialty fields; PAs earn a more generalized medical education.

Sources: American Association of Nurse Practitioners, paeonline.org

Written by: Lifeline Medical Center's Erin Gabany, Certified Registered Nurse Practitioner

ENVIRONMENTAL SERVICES NEWS AND UPDATES

The maintenance team is currently addressing several key tasks at Cambridge Apartments and Townhomes, primarily pressure washing various smaller items such as patios. Residents are encouraged to leave patio furniture outdoors, as the team will handle moving items to ensure thorough cleaning. The team is balancing pressure washing with existing work orders, so patience is appreciated as they work through these tasks.

In addition to routine maintenance, the planned power washing by an outside company from Pittsburgh will be carried out once the dirt relocation for the new townhomes and rain garden installations are finalized. Residents will receive notifications by mid-June regarding the scheduled power washing date.

Housekeeping services are also available for window washing in Cambridge and Townhomes. While exterior window cleaning is complimentary with registration at the front desk, interior washing incurs an hourly charge based on the time required. Any overspray from the external pressure washing will be cleaned up promptly by that company.

On the staffing front, only one summer help member, Luke - Joe Shetler's son, is currently available, with the others such as Sammie Thomas & Ally Waterhouse, set to join in June.

Concrete repairs are also on the agenda, with maintenance already obtaining quotes and planning to address various areas across the campus.

Residents have raised concerns about black specks in the water supply, mainly in Cambridge. Maintenance is investigating this issue in collaboration with Conemaugh Township, which has confirmed that the water meets all safety standards at the Township level. To ensure further clarity, Laurel View Village has decided to perform its own testing by utilizing the company that maintains the pools, with samples from the affected areas already sent for analysis.

Cambridge garage cleaning is also scheduled for later in June, you will receive notice once a date is finalized.

Lastly, the wood pallets temporarily stored behind the Vista garages are acknowledged as an eyesore. However, they will remain in place until a minimum of 75 pallets is accumulated for removal to manage costs effectively.



FLOWER DELIVERIES

As birthdays and holidays approach, we would like to remind you and your families that the best way to send flowers to a loved one at Laurel View Village is through a local flower shop! They will deliver fresh, beautiful flowers to our front desks with fresh water (plus supports a small business!)

While you are welcome to use an online flower services such as 1-800 flower or BloomsyBox, please be aware that flowers from these services may arrive in a cardboard box without water to our loading dock, alongside other large pallet deliveries. Our staff may not anticipate a flower delivery in that area, which could result in the flowers sitting for some time until they are discovered during the handling of the larger shipments.

Here are some local flower shop options:

Forget Me Not Floral & Gift

(814) 479-2266

Schrader's Florist and Greenhouse

(814) 266-3113

Westwood Floral

(814) 255-2524

LaPorta's Flowers and Gifts

(814) 539-8621

Feathered Lane

(814) 243-9856

Cambria City Flowers

(814) 536-0536

Fleurish

(814) 254-4333

Something Xtra Special Floral & Gift Shop

(814) 467-8630



THE AVOCADO



Megan Sensus,
Registered
Dietitian
Nutritionist

The avocado, a unique fruit, yes a fruit, often recognized by its distinctive pear shape and rough, leathery skin, is a culinary delight packed with health benefits. Inside, the avocado reveals smooth, oily flesh that many find irresistible, while its large, brown, bean-shaped pit adds an interesting touch to its overall structure.



Ways to Enjoy Avocado

One of the best qualities of avocados is their versatility in the kitchen. They can be sliced and enjoyed raw, making them a delicious addition to salads and wraps. For a refreshing twist, blend them into smoothies or incorporate them into casseroles for added creaminess and flavor. The possibilities are endless when it comes to incorporating this superfood into your meals.

Health Benefits of Avocado

Not only are avocados tasty, but they also boast an impressive profile of health benefits. They are rich in monounsaturated fats, which are beneficial in promoting heart health. Regular consumption can help reduce high blood pressure and enhance your skin's complexion, while also serving as a natural remedy for stress relief.

Fun Fact About Avocados

If you've ever noticed brown spots inside your avocado, don't worry! This discoloration, known as vascular browning or oxidation, is a natural process and is not a sign of spoilage. It occurs when the fruit's compounds react with oxygen. Even with this browning, the avocado remains safe to eat, so enjoy your fruit without fear!

- Incorporating avocados into your diet can be a delightful way to boost your health while indulging in their creamy goodness. Whether you're a fan of classic guacamole or experimenting with new recipes, avocados are sure to be a staple in your kitchen

THE FIELDS OF WELLNESS & ENRICHMENT



Farmer Joe Shetler,
Head Farmer of LVV

VISTA: Pool Classes

The Vista pool is still **temporarily closed** and we do not have a time frame on when it will be reopened. We wanted to remind you that pool classes are being offered in the Cambridge pool on Mondays, Wednesdays, and Fridays at 9:15 AM



Bocce Summer League

Bocce is making a comeback on our outdoor court this summer! Team assignments and league schedules have already been shared. If you're interested in joining but haven't registered yet, please reach out to Joe for further details.

Lunch & Learn

Wednesday, June 5 at 12 PM

Vista Multipurpose Room

Join Megan & Joe for a discussion on thunderstorm safety. This presentation is full of very important information that you will not want to miss. Your name will be automatically entered into a drawing to win a \$10 gift card for attending this lunch & learn presentation.



Village Movie Night - Featuring: A Beautiful Day In The Neighborhood

Wednesday, June 11 at 6 PM

Fresh Harvest Banquet Rooms

Tom Hanks portrays Mister Rogers in "A Beautiful Day in the Neighborhood", a timely story of kindness triumphing over cynicism, based on the true story of a real-life friendship between Fred Rogers and journalist Tom Junod. After a jaded magazine writer (Emmy winner Matthew Rhys) is assigned a profile of Fred Rogers, he overcomes his skepticism, learning about empathy, kindness, and decency from America's most beloved neighbor.

Rated: PG



LIFE ENRICHMENT & WELLNESS



REQUIRED: Volunteer Training

Tuesday, June 10 at 3 PM

Fresh Harvest Banquet Rooms

There will be a required volunteer training seminar on Tuesday, June 10 at 3pm in the Fresh Harvest Banquet Rooms. If you volunteer in any capacity, you must attend this mandatory training session.

Purple Sock Hop - Featuring the Pittsburgh Belairs

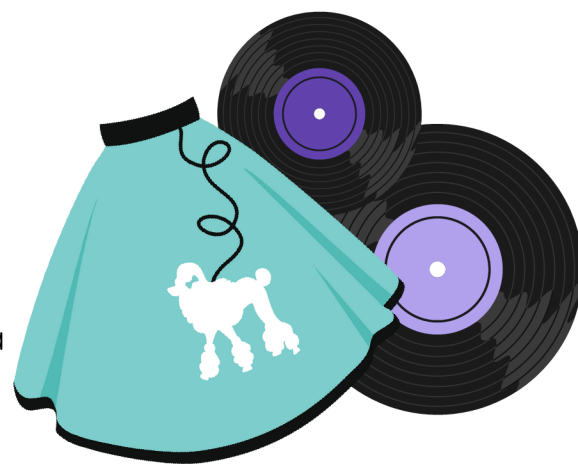
Tickets must be purchased by June 13

Thursday, June 19 at 5 PM

Fresh Harvest Banquet Rooms

Proceeds benefit the Alzheimer's Association & Memory Care at Laurel View Village. \$25 per ticket, includes dinner and live music.

Tickets must be purchased in advanced by June 13. Purchase a ticket at the front desk. Dinner features a build-your-own burger, fries, onion rings, and milkshakes



Summer Baseball Games

June, July, & August

We have 3 baseball games we will be taking trips to this summer. In June, we will be going to see the Altoona Curve. In July we will take a trip out to Pittsburgh to see our Bucco's play a day game. Finally, in August we will once again go see an Altoona Curve game. If you would like to attend any of these games, please signup in either activity room. Ticket money is due when you signup.



SAVE THE DATE: 15th ANNUAL QUE CLASSIC

This year's Que Classic will be Saturday, September 27, 2025. Sponsorship opportunities are available, please see Joe to learn more on how to be a sponsor. Stay tuned for more information about the race!



ACTIVITIES, EXCURSIONS, ENTERTAINMENT

Activities & Excursions Requiring Sign Ups

Don't miss out on the excitement—sign up in either activity room today! Join us and make amazing memories!

- Market Basket Shopping (6/3 departing at 10:30AM)
- Men's Hub Cap (6/13 departing at 7:30AM)
- Men's Breakfast (6/10 at 8:30AM in the Fresh Harvest Restaurant)
- Walmart Shopping (6/10 departing at 10AM)
- Country Ride & Ice Cream for Vista (6/10 departing at 1PM)
- Altoona Curve Baseball Game (6/10 departing at 4:30PM)
- Crafting with Emily (6/14 at 2PM in the Cambridge Activity Room)
- Dollar General Shopping (6/17 departing at 10AM)
- Father's Day Social (6/17 at 1PM in the Vista Multipurpose Room)
- Crafting with Emily (6/18 at 1PM in the Cambridge Activity Room)
- Ladies Day Out (6/19 departing at 11AM)
- Van Gogh with Jenny (6/20 at 10:30AM in the Cambridge Activity Room)
- Ladies Breakfast (6/24 at 8:30AM in the Fresh Harvest Banquet Room)
- Country Ride & Ice Cream for Cambridge & Townhomes (6/26 departing at 1PM)
- Soap Making (6/27 at 2:30PM in the Vista Activity Room)



Musical Talents:

Prepare yourself for an extraordinary musical journey! Save the date for a fantastic lineup of performances that will captivate this June.

- Music with John Larimar (6/4 at 2PM in the Chapel or Courtyard if nice)
- Music with Denise Baldwin (6/11 at 2PM in the Chapel or Courtyard if nice)
- Music with Doug (6/12 at 2PM in the Chapel or Courtyard if nice)
- Retired Men's Choir (6/16 at 2PM in the Chapel)
- Music with Gary Stewart (6/18 at 2PM in the Chapel or Courtyard if nice)
- Music with Dale Cinski (6/23 at 5:30PM in the Chapel or Courtyard if nice)
- Jammin with Linda (6/24 at 1PM in the Vista Multipurpose Room)



ACTIVITY DESCRIPTIONS

WHAT ARE THE RECURRING ACTIVITIES?

- **Five Crowns** - A resident-led card game for 2-7 players that combines aspects of rummy with a unique multi-suit deck featuring five suits—stars, hearts, clubs, diamonds, and stars—each numbered 1 through 11. The game includes wildcards called Kings, which can substitute for any other card, adding strategic depth. Players aim to form sets or runs of at least five cards, and the game progresses through multiple rounds with increasing complexity. The goal is to be the player with the lowest score after all rounds, with points accumulated from unmelded cards at the end of each round.
- **Pool Class** - A fitness session conducted in our on campus swimming pools, designed to improve strength, flexibility, cardiovascular health, and overall fitness through various water-based exercises. These resident-led classes often include activities such as water aerobics and low-impact movements that take advantage of the water's buoyancy to reduce joint strain, making them suitable for people of all ages and fitness levels, especially those with joint issues or arthritis.
- **Devotions and Exercise w/ Threse, Linda, or Emily** - Combines spiritual reading and prayer with light physical activity, often designed to promote both mental and physical well-being. Residents engage in gentle movements, stretching, or low-impact exercises that are accessible to all fitness levels.
- **Brain Aerobics with Bill** - A trivia activity run by volunteer Bill Bergman is an engaging and entertaining event where residents answer questions across various topics.
- **Bingo in Personal Care Activity Room (PCA)** - Easy, it's Bingo! A fun and straightforward game where players aim to achieve three straight bingos—horizontal, vertical, or diagonal—along with a full card, for a chance to win candy or small bags of chips.
- **Choir Practice**- Whether you're a seasoned singer or just interested in trying it out, we welcome all to participate and help uplift our worship services through song. If you're interested in joining the Laurel View Choir or want more information, please contact April Coval at (814) 200-3018.
- **Calendar Review** - A valuable opportunity to overview the upcoming month's activities. During this session, we will go through all scheduled activities and noting key dates. Participants are encouraged to sign up for upcoming events or outings. This proactive approach helps maximize participation, and ensure nothing is overlooked, fostering a well-organized and productive month ahead.
- **Billiards** - Our billiards table is situated in the Vista Sun Room; billiards is a popular cue sport played on a rectangular table with pockets, where players use a stick called a cue to strike balls and score points by pocketing them or achieving specific game objectives. Groups are organized for playing, so please contact Joe for more details.



ACTIVITY DESCRIPTIONS CONTINUED

- **Wii Bowling** -Wii Bowling is a virtual bowling game on the Nintendo Wii console, where players use motion-controlled remotes to simulate the experience of bowling. It allows players to mimic the actions of throwing a bowling ball, aiming for strikes and spares, and competing against friends in a fun, interactive way. This activity is resident-led.
- **Blood Pressure Checks** - A member of the Home Health team will come to check your blood pressure, and while the service is open to everyone, it is especially beneficial for individuals with blood pressure concerns.
- **Bingo in the Vista Multipurpose Room (VMP) or Cambridge Activity Room (CAR)** - Complete classic bingo goals like straight bingo—horizontal, vertical, or diagonal, full card, and other formats such as four corners and postage stamp to win small bags of chips or candy.
- **Card Club** - A friendly and inclusive group where members gather to enjoy playing various card games in a relaxed environment. The club offers a diverse selection of games such as Rummy, Skip Bo, Golf, Bridge, and more, catering to players of all skill levels. Its goal is to promote social interaction, strategic thinking, and fun among members, making it an ideal place for beginners to learn new games and for experienced players to share their knowledge.
- **Men's Coffee Group** - A casual gathering where men come together to enjoy coffee and donuts provided for them. During the meetup, they chat about various topics that come up naturally, creating a relaxed environment for conversation, friendship, and community building.
- **Mexican Train** - A popular domino game where players try to match domino tiles end-to-end, building trains or lines of tiles that start from a central hub called the "station." Each player has their own train, and they take turns adding tiles that match the last tile on their train or on the main train in the center. The goal is to be the first to get rid of all your tiles.
- **Skip-Bo/ Golf**- Fun card games that are easy to learn. Skip-Bo is a sequencing game where players try to play cards in numerical order from 1 to 12, using special wild cards called Skip-Bo cards to help complete sequences. The goal is to be the first to get rid of all your cards. Golf, on the other hand, is a game where players aim to have the lowest score by swapping out cards in their "golf" rows with cards from the deck or discard piles, trying to improve their hands over multiple rounds.
- **Rummikub** - A popular tile-based game that combines elements of rummy and Mahjong. Players use numbered tiles, usually in different colors, to create sets and runs, aiming to be the first to get rid of all their tiles. During their turn, players can add tiles to existing sets on the table, rearrange tiles, or create new sets, following specific rules.
- **Yahtzee** - Dice game where players roll five dice to try to get specific combinations, Players take turns rolling the dice up to three times each turn to improve their chances of making these combinations, and they score points based on the difficulty of the combination they achieve. The goal is to score the most points by the end of the game, which involves strategic decision-making about which combinations to aim for and when to re-roll.

ACTIVITY DESCRIPTIONS CONTINUED

- **Hallway Harmony** - Linda Golden leads a group in singing together. During this sing-along, enjoy singing a variety of songs, including hymns and classic oldies from different genres, creating a joyful and communal musical experience.
- **Chimes Practice** - Contact April Coval for information (814) 200-3018.
- **Bell Choir Practice** - Musical group that reads music and plays chimes or handbells to create beautiful melodies and harmonies, performing at our religious services, or special events. If you're interested in joining or learning more about the bell choir, please contact Linda Golden or April Coval for more information.
- **Men's Gathering** - A men's gathering in the chapel is a friendly event where men come together to connect, share experiences, and participate in different activities that the group agrees on. These activities can include discussions, trivia, games, or special trips, all aimed at building camaraderie, support, and personal growth within the group.
- **Sequence** - A strategic card game where players aim to create a continuous line, or sequence, of a certain number of cards in their hand or on the table, based on specific rules. Players take turns drawing and playing cards, trying to complete their sequence before others do. The game involves planning and matching cards to achieve the required sequence length.
- **Silver Screen Sunday *NEW!*** - Join us for a relaxing Sunday movie night featuring classic films like *Singing in the Rain* and *April in Paris*. Enjoy complimentary drinks while watching timeless movies, and feel free to bring your favorite finger foods to share with others. It's a cozy way to end the weekend with good films, good company, and a little bit of fun! This Month's showing: *Casablanca*!
- **Simply Crafting w/ Emily Leivadnuk in Personal Care Activity Room (PCA)**- A crafting project open to everyone! It's a relaxing activity where you can create simple handmade items, perfect for all ages and skill levels. Come enjoy some creative time, make new friends, and take home your unique craft as a keepsake.
- **Jammin' w/ Linda** - A jam session with homemade jams, bread, and good tunes to sing along to and reminisce!
- **Page Turners** - Join us for an engaging Page Turners activity with Linda, where she will read a captivating chapter from a popular book and lead a lively discussion with residents. This interactive session is perfect for book lovers and those looking to enjoy meaningful conversation, discover new stories, and connect with friends in a cozy, welcoming environment. Don't miss out on the chance to share your thoughts and explore new worlds through literature!
- **Trail Walk with Linda or Emily** - Refreshing trail walk as they lead a friendly group of residents through scenic paths. We'll meet at the trail entrance and enjoy the beauty of nature together, with plenty of time for conversation and fresh air. Don't forget to wear comfortable shoes and bring water—it's a perfect way to relax and connect outdoors!

ACTIVITY DESCRIPTIONS CONTINUED

- **Country Ride with Ice Cream** - A charming country ride through scenic countryside, perfect for enjoying the fresh air and beautiful views. After our relaxing journey, we'll stop at either Silver Bell or Shaffers for a delightful ice cream treat—please note that residents are responsible for their own ice cream costs. It's a wonderful way to unwind, socialize, and savor a sweet summer moment together!

SPECIAL ACTIVITIES FOR JUNE:

Check you activity calendars for date, time, and location

- **Who Am I? w/ Emily Levadnuk** - Can you guess the celebrity—such as the glamorous stars of the 50s, 60s, 70s, or even modern icons—by focusing solely on their eyes?
- **Everything Elvis** - The King of Rock and Roll! You'll learn about his life, his famous songs, and his impact on music and culture. You might listen to some of his hits, watch short videos about his career, or even try singing one of his popular songs. It's a fun way to explore his legacy and understand why he's still remembered today.
- **Country Ride w/ Linda** - Join Linda on a fun country ride where you'll enjoy the beautiful countryside scenery and then stop at the Silver Bell for a delicious ice cream treat. **Please note: June 10 is for Vista residents only, June 25 is for Cambridge and Townhouse residents.**
- **OMA Art Exhibit Opening Ceremony** - If you've been involved with Opening Minds Through Art (OMA), whether as a volunteer or an artist, you're invited to the opening ceremony of the exhibit! Everyone is welcome to visit the exhibit from June 13 to August 31 and to place bids on the pieces you admire - all proceeds support the OMA program!
- **Father's Day Social** - Join us this Father's Day for a lively social activity designed to celebrate and connect! Enjoy fun games and trivia. Savor delicious snacks and cool drinks, while sharing laughs and stories with fellow residents. It's a perfect opportunity to relax, have fun, and strengthen bonds during a joyful, laughter-filled time.
- **Trivia Crack w/ Emily Levadnuk** - Select your category: Science, Art, History, or Music. Answer the Trivia question from your chosen category correctly to fill in the circle. can you fill each category's circle?
- **Breakfast Bonanza: The Cereal Showdown w/ Emily Levadnuk** - Honors National Fruit Loops Day—participate in a taste test and vote on the best dry cereal. Participants sample a variety of cereals, including classic favorites and new contenders to determine the ultimate dry cereal champion!
- **Soap Making** - Join us for a fun and creative soap-making activity where you'll craft your own oat milk-based melt-and-pour soap, customizing it with your favorite scents to make it uniquely yours!
- **Scattergories** -Creative-thinking category-based game. The objective of the game is to score points by uniquely naming objects, people, actions, and so forth within a set of categories, given an initial letter, within a time limit.

SUPPORTING INDIVIDUALS WITH DEMENTIA



Emily Levadnuk,
Independent Living
Life Enrichment
Coordinator

As we approach the summer solstice on June 20, a time recognized by the Alzheimer's Association as an opportunity to "fight the darkness of Alzheimer's and all other dementia," it's important to remember our friends living with dementia and how we can best support them. In a community like Laurel View Village, where many residents may be experiencing dementia, understanding effective communication is essential for creating a warm and welcoming environment.



- Patience, empathy, and simplicity are your most valuable tools—speak clearly, take your time, and use easy-to-understand words, all while maintaining a warm, friendly tone that makes them feel comfortable and respected.
- It's crucial to avoid infantilizing language or "baby talk," as these can be disrespectful to adults who have lived full, meaningful lives.
- Keep in mind that responses may take longer; it's recommended to wait up to 90 seconds for them to respond, and if there's a pause, resist the urge to jump in immediately—allowing them that extra moment shows patience and understanding.
- Non-verbal communication plays a powerful role; maintaining eye contact, offering gentle touches on the arm, or sharing a warm smile can foster connection and reassure them they are valued.
- When approaching someone in a wheelchair, always meet them at eye level and approach from the front to ensure they feel safe and comfortable.
- Familiar objects or photos can serve as effective conversation starters, sparking memories and encouraging dialogue.
- Creating a relaxed, comforting space where they can just be themselves is key—tapping into shared memories or topics they're passionate about can lead to moments of genuine connection and joy.

Ultimately, individuals living with dementia are still unique people with vibrant histories and rich personalities; dementia is merely a part of their journey, not their entire story. Embracing this perspective allows us to engage in each interaction with compassion and creativity, transforming everyday moments into meaningful experiences that honor their dignity and humanity.

HONORING THE SYMBOL OF FREEDOM: FLAG DAY CEREMONY

At Laurel View Village, we proudly come together each year to honor the spirit of our nation through our Flag Day Ceremony. This year's event will take place **Saturday, June 14, at 10AM at the Cambridge flagpole**. All residents, families, and staff are invited to join us for this meaningful tribute!

The American Flag is more than just a piece of cloth. It is a powerful symbol of freedom, unity, sacrifice, and hope. Each star and stripe represents the story of a nation forged through courage, perseverance, and the pursuit of liberty. For generations, the flag has stood proudly through times of triumph and challenge, reminding us of the principles that bind us together as Americans.



The flag is a living emblem of the sacrifices made by countless men and women who fought to defend our freedoms. It waves over schools, homes, courthouses, and communities, inspiring patriotism and unity. It reminds us not only of our history but of our responsibility to uphold the values of liberty, justice, and democracy for future generations.

"The American flag is the symbol of our freedom, national pride, and history. Let us honor it with the respect it so richly deserves."

At Laurel View Village, we honor this sacred symbol with deep respect. During the ceremony, we will retire the current flag flying at the Cambridge flagpole and raise a brand-new flag in its place. This ceremonial act allows us to show gratitude for the past, reflect on the present, and recommit ourselves to the values that the flag represents.

Get Involved

If you are interested in participating in this year's Flag Day Ceremony, whether through helping with the program, assisting with the ceremony, or supporting in another way, please contact **April Coval at (814) 200-3018**. Your involvement would be greatly appreciated as we come together to honor the flag and all that it represents.

Proper Disposal of Flags

If you have an old, worn, or tattered flag that needs to be respectfully retired, please bring it to Townhome Resident **Bill Ondriezek or April Coval**. They will ensure that your flag is disposed of properly, in keeping with the honor and dignity it deserves.

Everyone is invited to join this important and heartfelt tradition on **Saturday, June 14, at 10AM at the Cambridge flagpole**. Together, standing proudly beneath the flag, let's celebrate our shared spirit of resilience, gratitude, and hope.

SUMMER WORD SEARCH

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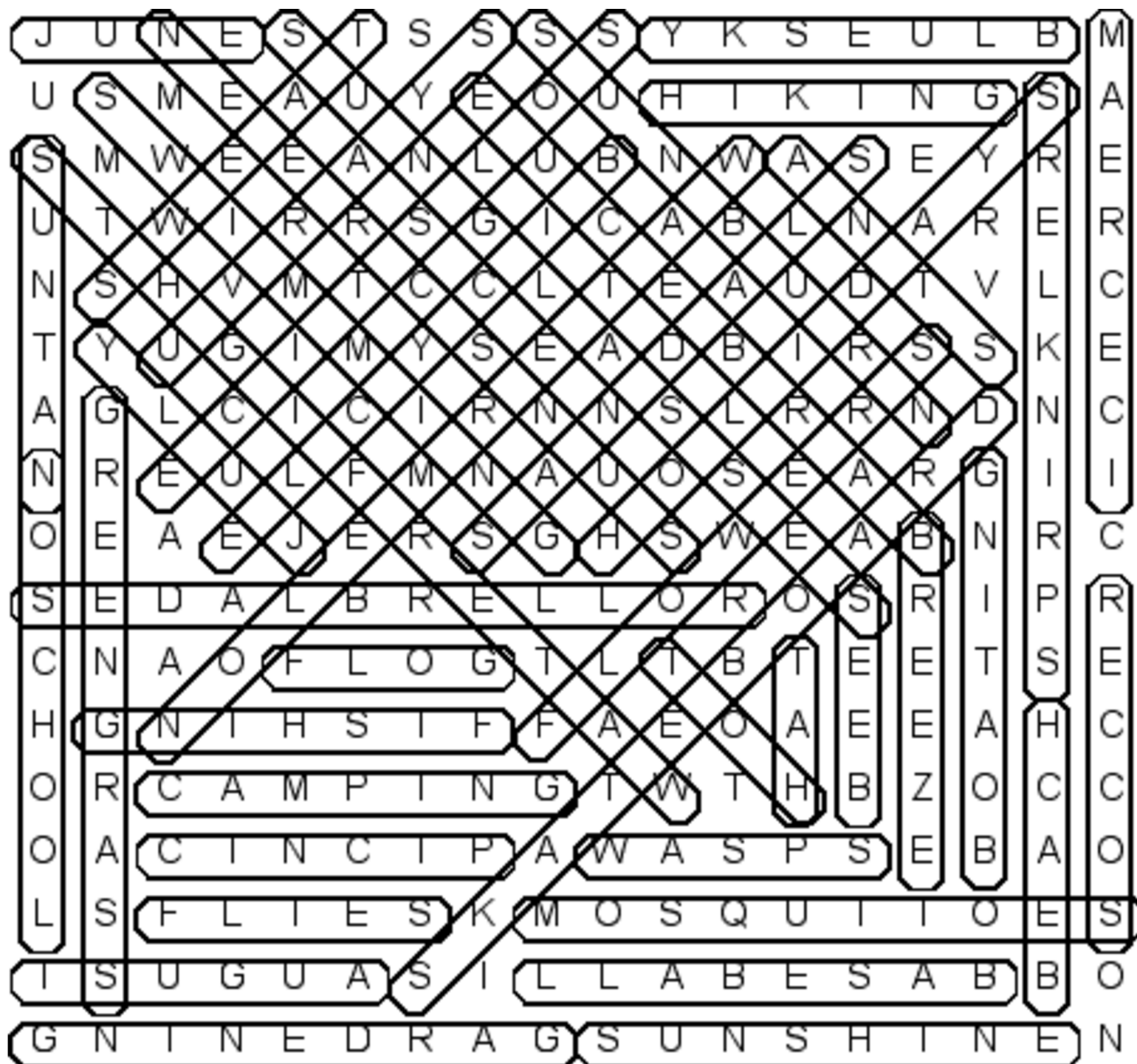
GOLF
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 HOLIDAYS
 HOT
 ICE CREAM

JULY
 JUNE
 MOSQUITOES
 NO SCHOOL
 PICNIC
 ROLLER BLADES
 SANDALS
 SKATEBOARD

SOCCER
 SOLSTICE
 SPRINKLERS
 SUNBURN
 SUNGLASSES
 SUNSCREEN
 SUNSHINE

SUNTAN
 SWEAT
 SWIMMING
 U V RAYS
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 WATERMELON

SUMMER WORD SEARCH ANSWER KEY



A LOOK BACK

