






MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Ham, Egg and Cheese Muffin	Scrambled Eggs	Ham and Cheese Quiche		Belgian Waffles	Hard Boiled Egg	Scrambled Eggs	Denver Scramble					
	Cinnamon French Toast	Blueberry Pancake	Scrambled eggs		Fruit & Cottage Cheese	Chocolate Chip Pancakes	French Toast	Sausage Gravy					
	Bacon	Sausage Patties	Bacon		Sausage Links	Shredded Hashbrowns	Bacon	Biscuits					
	Hashbrowns	Sliced Home Fries	Home Fries		Tater Tots	Sliced Peaches	Fried Potatoes	Pineapple Chunks					
	Diced Pears	O Brien	Tropical Fruit		Assorted Muffin	Choice of Bread	Sliced Banana						
LUNCH													
Picnic HC/Arbor													
Entrées	Meatloaf or Chicken Tenders		Cabbage Rolls or Chicken Pot Pie	Hamburgers or Kielbasa Sandwich and Sauerkraut	Breaded Pork Chop or Pizza		Chicken Sandwich or Seasoned Flounder	Chicken Quesadilla or Chili Dog		Pasta Primavera or Beef Sirloin			
	Mashed Potatoes		Mashed Potatoes	Mushroom Sauce	Parslied Potatoes		Tater Tots	Onion Rings		Macaroni and Cheese			
	Steamed Corn		Honey Carrots	Potato Salad	Mixed Vegetables		Carrots	Sauteed Zucchini		Harvard Beets			
	Dinner Roll		Dinner Roll	Baked Beans	Dinner Roll		Dinner Roll	Dinner Roll		Dinner Roll			
	Fruit		Fruit	Watermelon	Fruit		Fruit	Fruit		Fruit	Fruit		
Dessert	Pineapple Upside Down Cake	Waldorf Salad	Strawberry Angel Food Cake	Banana Pudding	Cherry Pie	Yellow Cake with Vanilla Icing	Apricot Cobbler						
DINNER													
Soup	Tomato	Beef Barley	Loaded Baked Potato	Chicken Noodle	New England Clam Chowder	Watercress and Potato	Italian Wedding						
Entrées	Grilled Cheese Or Turkey Avocado Wrap	Reuben Or Battered Haddock		Turkey Breast Or Cheddar Bacon Sandwich	Chicken Cheesesteak Sandwich Or Cheese Manicotti	Ham and Bean Casserole Or Chicken Broccoli Ziti	Beef Macaroni Or Turkey Club Croissant	Sweet and Sour Pork w/ Rice Or Meatball Sub					
	Chips	Rosemary Potatoes		Stuffing	Seasoned Fries	Roasted Cauliflower	Potatoes Au Gratin	Potato Salad					
	Green Peas	Carrot Slaw		Seasoned Green Beans	Tossed Salad	Dinner Roll	Brussel Sprouts	California Vegetables					
	Dinner Roll	Dinner Roll		Dinner Roll	Bread Stick		Dinner Roll	Dinner Roll					
Dessert	Chocolate Chip Cookies	Pie Lemon Meringue	Marble Brownie	Ice Cream Cup	Cheesecake	Strawberry Pretzel Salad	Chocolate Cake with Chocolate Icing						



Gluten Free



Good For You



Vegetarian

MON		TUE		WED		THU		FRI		SAT		SUN															
Breakfast	Ham, Egg and Cheese Muffin	Scrambled Eggs	Ham and Cheese Quiche	🍏	Belgian Waffles	Hard Boiled Egg	Scrambled Eggs	Denver Scramble																			
	Cinnamon French Toast	Blueberry Pancake	Scrambled eggs		Fruit & Cottage Cheese	Chocolate Chip Pancakes	French Toast	Sausage Gravy																			
	Bacon	Sausage Patties	Bacon		Sausage Links	Shredded Hashbrowns	Bacon	Biscuits																			
	Hashbrowns	Sliced Home Fries	Home Fries		Tater Tots	Sliced Peaches	Fried Potatoes	Pineapple Chunks																			
	Diced Pears	O Brien	Tropical Fruit		Assorted Muffin	Choice of Bread	Sliced Banana																				
LUNCH														Picnic PC/Reflections!													
Entrées	Meatloaf or Chicken Tenders	🌿🍏 Cabbage Rolls or Chicken Pot Pie	🌿 Grilled Chicken Salad or Beef Tips in Mushroom Sauce	Hamburgers Or Kielbasa Sandwich with Sauerkraut	🍏 Chicken Sandwich or Seasoned Flounder	Chicken Quesadilla or Chili Dog	🌿 Pasta Primavera or Beef Sirloin																				
	Mashed Potatoes							Mashed Potatoes	Egg Noodles	Potato Salad	Tater Tots	Onion Rings	Macaroni and Cheese														
	Steamed Corn							Honey Carrots	Lima Beans	Potato Salad	Carrots	Sauteed Zucchini	Harvard Beets														
	Dinner Roll							Dinner Roll	Baked Beans	Dinner Roll	Dinner Roll	Dinner Roll															
	Fruit							Fruit	Fruit	Watermelon	Fruit	Fruit	Fruit														
Dessert	Pineapple Upside Down Cake	Waldorf Salad	Banana Pudding	Strawberry Angel Food Cake	Cherry Pie	Yellow Cake with Vanilla Icing	Apricot Cobbler																				
DINNER																											
Soup	Tomato	Beef Barley	Loaded Baked Potato	Chicken Noodle	New England Clam Chowder	Watercress and Potato	Italian Wedding																				
Entrées	Grilled Cheese Or Turkey Avocado Wrap	Reuben Or Battered Haddock	🍏 Turkey Breast Or Cheddar Bacon Sandwich	🌿 Chicken Cheesesteak Sandwich Or Cheese Manicotti	Ham and Bean Casserole Or Chicken Broccoli Ziti	Beef Macaroni Or Turkey Club Croissant	Sweet and Sour Pork w/ Rice Or Meatball Sub																				
	Chips	Rosemary Potatoes	Stuffing		Roasted Cauliflower	Potatoes Au Gratin	Potato Salad																				
	Green Peas	Carrot Slaw	Seasoned Green Beans		Tossed Salad	Brussel Sprouts	California Vegetables																				
	Dinner Roll	Dinner Roll	Seasoned Green Beans		Bread Stick	Dinner Roll	Dinner Roll																				
Dessert	Chocolate Chip Cookies	Pie Lemon Meringue	Marble Brownie	Ice Cream Cup	Cheesecake	Strawberry Pretzel Salad	Chocolate Cake with Chocolate Icing																				













Gluten Free



Good For You



Vegetarian

MON		TUE		WED		THU		FRI		SAT		SUN			
Breakfast		Scrambled Eggs Cinnamon French Toast Oatmeal		Scrambled Eggs Sausage Patties Oatmeal		Scrambled Eggs Bacon Cream of Wheat		Scrambled Eggs Belgian Waffles Oatmeal		Scrambled Eggs Chocolate Chip Pancakes Cream of Wheat		Scrambled Eggs Bacon Oatmeal		Scrambled Eggs Sausage Gravy Biscuits Oatmeal	
DINNER															
Soup		Tomato Soup		Beef Barley and Mushroom		Loaded Baked Potato Soup		Chicken Noodle Soup		Clam Chowder		Watercress and Potato Soup		Italian Wedding Soup	
Entrées				 1. Cabbage Roll		 1. Turkey Breast		1 Breaded Pork Chop		1.Chicken Broccoli Ziti				 1. Beef Sirloin	
		1. Chicken Tenders		 2. Chicken Pot Pie		 2. Beef Tips in Mushroom Sauce		2. Chicken Cheesesteak Sandwich		 2. Seasoned Flounder		1. Chili Dog		 2. Penne Pasta Primavera	
		2. Meatloaf		3. Battered Haddock		3. Cheddar Bacon Sandwich				 2. Seasoned Flounder		2. Chicken Quesadilla			
		 3. Turkey Avocado Wrap		Rosemary Potato Wedge		Stuffing Egg Noodles		 3. Cheese Filled Manicotti		3. Ham and Bean Casserole		3. Beef and Macaroni Casserole		3. Sweet and Sour Pork w/ Rice	
		Chips Mashed Potatoes		Mashed Potatoes						Herbed Rice Tater Tots		Potatoes Au Gratin Onion Rings		Macaroni and Cheese Potato Salad	
		Green Peas Buttered Corn Dinner Roll		Carrot Slaw Asparagus		Seasoned Green Beans Lima Beans		Parslied Potatoes Tossed Salad Mixed Vegetable		Carrots Roasted Cauliflower Dinner Roll		Sauteed Zucchini Brussel Sprouts Dinner Roll		Harvard Beets California Vegetables Dinner Roll	
		Waldorf Salad Dinner Roll		Dinner Roll		Breadstick									
Dessert		Pineapple Upside Down Cake		Lemon Meringue Pie		Marble Brownie		Strawberry Angel Food Cake		Cheesecake		Strawberry Pretzel Salad		German Chocolate Cake	



FRESH HARVEST RESTAURANT (814) 288-2880

HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



VISTA DINING (814) 205-6772, OR EXT4293

HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
 - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
 - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
 - 11:00 AM - 1:00 PM

The deadline for takeout is one hour before delivery.

TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR
2. Have it delivered for an extra \$3.50

(Cambridge deliveries go to the front desk unless specified).

THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

****Vista Dinner Pricing for Cambridge/Townhomes Only:****

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

(You may substitute your sides for soup & dessert)

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES

CLOSED / MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



Dessert:

**Brownie Caramel
Cheese Cake
\$3.99**



Side:

**Asparagus
\$1.99**

Images may not accurately reflect the actual item.

Fresh **HARVEST** **THIS WEEK'S SPECIALS**

Specials for June 18-21

Soup:

**Fresh Harvest's
Corn Chowder**

Cup \$2.99 | Bowl \$4.99



CLOSED / MON - TUES

Take-out only:

Wed-Sat 11AM-1PM

Dine in or take out:

Wed-Sat 4-7PM

Sunday Brunch: 11AM - 2PM

(814) 288-2880



Appetizer

**Santa Fe Chicken
Egg Roll \$4.99**



Vegetarian option

Images may not accurately reflect the actual item.

Specials for June 18-21

Entrées of the week:

**Entrée 1 - Country Fried
Steak with mushroom cream
sauce, mashed potatoes, &
1 side **\$13.95****

**Entrée 2 - Liver & Onions
with mashed potatoes & 1
side **\$10.95****

**Entrée 3 - Puncher B.E.L.T.
with fries **\$10.95****

**Vegetarian Option - Garlic
broccoli chickpea stir fry
with side salad **\$10.95****

