

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Ham, Egg and Cheese Muffin Cinnamon French Toast Bacon Hashbrowns Diced Pears	Scrambled Eggs Blueberry Pancake Sausage Patties Sliced Home Fries O Brien Fruited Yogurt	Ham and Cheese Quiche Scrambled eggs Bacon Home Fries Tropical Fruit	Belgian Waffles Fruit & Cottage Cheese Sausage Links Tater Tots Assorted Muffin	Hard Boiled Egg Chocolate Chip Pancakes Shredded Hashbrowns Sliced Peaches Choice of Bread	Scrambled Eggs French Toast Bacon Fried Potatoes Sliced Banana	Denver Scramble Sausage Gravy Biscuits Pineapple Chunks
<b>LUNCH</b>							
<b>Entrées</b>	Meatloaf or Chicken Tenders  Mashed Potatoes Steamed Corn Dinner Roll Fruit	Cabbage Rolls or Chicken Pot Pie  Roasted Sweet Potatoes Honey Carrots Dinner Roll Fruit	Turkey Breast or Beef Tips in Mushroom Sauce  Stuffing Lima Beans Dinner Roll Fruit	Breaded Pork Chop or Pizza  Parslied Potatoes Mixed Vegetables Dinner Roll Fruit	BBQ Roast Beef or Flounder with Dill  Tater Tots Carrots Dinner Roll Fruit	Chicken Quesadilla or Chili Dog  Onion Rings Sauteed Zucchini Dinner Roll Fruit	Pasta Primavera or Beef Sirloin  Macaroni and Cheese Harvard Beets Dinner Roll Fruit
<b>Dessert</b>	Pineapple Upside Down Cake	Waldorf Salad	Banana Pudding	Ice Cream Cup	Cherry Pie	Yellow Cake with Vanilla Icing	Apricot Cobbler
<b>DINNER</b>							
<b>Soup</b>	Tomato	Beef Barley	Loaded Baked Potato	Chicken Noodle	New England Clam Chowder	Watercress and Potato	Italian Wedding
<b>Entrées</b>	Grilled Cheese Or Turkey Avocado Wrap  Chips Green Peas Dinner Roll	Rueben Or Battered Cod  Rosemary Potatoes Carrot Slaw Dinner Roll	Grilled Chicken Sandwich Or Cheddar Bacon Sandwich  Curly Fries Seasoned Green Beans Dinner Roll	Turkey Club Croissant Or Cheese Manicotti  Tossed Salad Bread Stick	Ham and Bean Casserole Or Chicken Broccoli Ziti  Roasted Cauliflower Dinner Roll	Beef Macaroni Or Chicken Cheesesteak Sandwich  Potatoes Au Gratin Brussel Sprouts Dinner Roll	Sweet and Sour Pork w/ Rice Or Meatball Sub  Potato Salad California Vegetables Dinner Roll
<b>Dessert</b>	Chocolate Chip Cookies	Pie Lemon Meringue	Marble Brownie	Strawberry Angel Food	Cheesecake	Strawberry Pretzel Salad	Chocolate Cake with Chocolate Icing



Gluten Free



Good For You



Vegetarian

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Ham, Egg and Cheese Muffin Cinnamon French Toast Bacon Hashbrowns Diced Pears	Scrambled Eggs Blueberry Pancake Sausage Patties Sliced Home Fries O Brien Fruited Yogurt	Ham and Cheese Quiche Scrambled eggs Bacon Home Fries Tropical Fruit	Belgian Waffles Fruit & Cottage Cheese Sausage Links Tater Tots Assorted Muffin	Hard Boiled Egg Chocolate Chip Pancakes Shredded Hashbrowns Sliced Peaches Choice of Bread	Scrambled Eggs French Toast Bacon Fried Potatoes Sliced Banana	Denver Scramble Sausage Gravy Biscuits Pineapple Chunks
<b>LUNCH</b>							
<b>Entrées</b>	Meatloaf or Chicken Tenders  Mashed Potatoes Steamed Corn Dinner Roll Fruit	Cabbage Rolls or Chicken Pot Pie  Roasted Sweet Potatoes Honey Carrots Dinner Roll Fruit	Turkey Breast or Beef Tips in Mushroom Sauce  Stuffing Lima Beans Dinner Roll Fruit	Breaded Pork Chop or Pizza  Parslied Potatoes Mixed Vegetables Dinner Roll Fruit	BBQ Roast Beef or Flounder with Dill  Tater Tots Carrots Dinner Roll Fruit	Chicken Quesadilla or Chili Dog  Onion Rings Sauteed Zucchini Dinner Roll Fruit	Pasta Primavera or Beef Sirloin  Macaroni and Cheese Harvard Beets Dinner Roll Fruit
<b>Dessert</b>	Pineapple Upside Down Cake	Waldorf Salad	Banana Pudding	Ice Cream Cup	Cherry Pie	Yellow Cake with Vanilla Icing	Apricot Cobbler
<b>DINNER</b>							
<b>Soup</b>	Tomato	Beef Barley	Loaded Baked Potato	Chicken Noodle	New England Clam Chowder	Watercress and Potato	Italian Wedding
<b>Entrées</b>	Grilled Cheese Or Turkey Avocado Wrap  Chips Green Peas Dinner Roll	Rueben Or Battered Cod  Rosemary Potatoes Carrot Slaw Dinner Roll	Grilled Chicken Sandwich Or Cheddar Bacon Sandwich  Curly Fries Seasoned Green Beans Dinner Roll	Turkey Club Croissant Or Cheese Manicotti  Tossed Salad Bread Stick	Ham and Bean Casserole Or Chicken Broccoli Ziti  Roasted Cauliflower Dinner Roll	Beef Macaroni Or Chicken Cheesesteak Sandwich  Potatoes Au Gratin Brussel Sprouts Dinner Roll	Sweet and Sour Pork w/ Rice Or Meatball Sub  Potato Salad California Vegetables Dinner Roll
<b>Dessert</b>	Chocolate Chip Cookies	Pie Lemon Meringue	Marble Brownie	Strawberry Angel Food	Cheesecake	Strawberry Pretzel Salad	Chocolate Cake with Chocolate Icing

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Breakfast</b>	Scrambled Eggs Cinnamon French Toast Oatmeal	Scrambled Eggs Sausage Patties Oatmeal	Scrambled Eggs Bacon Cream of Wheat	Scrambled Eggs Belgian Waffles Oatmeal	Scrambled Eggs Chocolate Chip Pancakes Cream of Wheat	Scrambled Eggs Bacon Oatmeal	Scrambled Eggs Sausage Gravy Biscuits Oatmeal
<b>DINNER</b>							
<b>Soup</b>	Tomato Soup	Beef Barley and Mushroom	Loaded Baked Potato Soup	Chicken Noodle Soup	Clam Chowder	Watercress and Potato Soup	Italian Wedding Soup
<b>Entrées</b>	1. Chicken Tenders  2. Meatloaf  3. Turkey Avocado Wrap  Chips Mashed Potatoes  Green Peas Buttered Corn Dinner Roll	1. Cabbage Roll 2. Chicken Pot Pie  3. Battered Cod  Rosemary Potato Wedge  Carrot Slaw Asparagus  Waldorf Salad Dinner Roll	1. Turkey Breast 2. Beef Tips in Mushroom Sauce  3. Texas Toast, Bacon, and Cheddar  Stuffing Curly Fries  Seasoned Green Beans Lima Beans  Dinner Roll	1 Breaded Pork Chop  2. Turkey Club Croissant  3. Cheese Filled Manicotti  Parslied Potatoes Tossed Salad Mixed Vegetable  Breadstick	1. BBQ Roast Beef 2. Flounder with Dill  3. Ham and Bean Casserole  Herbed Rice Tater Tots  Carrots Roasted Cauliflower Dinner Roll	1. Chili Dog  2. Chicken Quesadilla  3. Beef and Macaroni Casserole  Potatoes Au Gratin Onion Rings  Sauteed Zucchini Brussel Sprouts Dinner Roll	1. Beef Sirloin 2. Penne Pasta Primavera  3. Sweet and Sour Pork w/ Rice  Macaroni and Cheese Potato Salad  Harvard Beets California Vegetables Dinner Roll
<b>Dessert</b>	Pineapple Upside Down Cake	Lemon Meringue Pie	Marble Brownie	Strawberry Angel Food Cake	Cheesecake	Strawberry Pretzel Salad	German Chocolate Cake





# FRESH HARVEST RESTAURANT (814) 288-2880

## HOURS OF OPERATION

CLOSED | MONDAY - TUESDAY

### WEDNESDAY - SATURDAY

- 11 AM - 1 PM: Take out only!
- 4 PM - 7 PM: Option of takeout or dine in!

### SUNDAY

- Brunch: 11 AM - 2 PM

Book our banquet rooms for your upcoming event!

## DINING OPTIONS: TAKEOUT AND IN-HOUSE EXPERIENCES

To place a take-out order, kindly call **(814) 288-2880**. Please refrain from leaving orders on voicemail.

Takeout and dining hours are:

### WEDNESDAY TO SATURDAY:

- 11 AM - 1 PM: **Take out only!**
- 4 PM - 7 PM: **Option of takeout or dine in!**

You can pick up your takeout order in person at Fresh Harvest.

## THE MENU

Fresh Harvest features a set menu, along with weekly specials and special occasion buffets. You can discover Fresh Harvest's menu and weekly specials through by visiting:

- Fresh Harvest
- Fresh Harvest's website
- Fresh Harvest's Facebook page
- Laurel View Village's website
- At the front desk

# CHEAT SHEET FOR FRESH HARVEST AND VISTA DINING



## VISTA DINING (814) 205-6772, OR EXT 4293

## HOURS OF OPERATION

- **Continental Breakfast for Vista Residents only:** Monday - Sunday, 7:30 AM - 9:00 AM
- **Dinner:** Monday to Friday,
  - 4:00 PM - 6:00 PM
- **Saturday Dinner Buffet:**
  - 4:00 PM - 6:00 PM
- **Sunday Lunch Buffet:**
  - 11:00 AM - 1:00 PM

The deadline for takeout is one hour before delivery.

## TAKEOUT OPTIONS: PICK-UP OR DELIVERY

To order take-out, call **(814) 205-6772** and specify if it's a Cambridge Delivery.

You can either:

1. Pick up your order in person from Vista Dining
- OR**
2. Have it delivered for an extra \$3.50

*(Cambridge deliveries go to the front desk unless specified).*

## THE MENU

Vista offers daily entrées in addition to its standard menu. Weekly menus will be sent to your mailbox, you can also check at the front desk or visit the Laurel View Village website.

### **\*\*Vista Dinner Pricing for Cambridge/Townhomes Only:\*\***

- Entrée with two sides: **\$9.95**
- Additional sides: **\$1.99 each**

*(You may substitute your sides for soup & dessert)*

- Dessert: **\$1.99**
- Soup: **\$1.99**
- Buffet Nights (Saturday & Sunday) **\$14.95**

**BREAKFAST IS NOT AVAILABLE FOR CAMBRIDGE AND TOWNHOMES**



**CLOSED | MON - TUES**

**Take-out only:**

Wed-Sat 11AM-1PM

**Dine in or take out:**

Wed-Sat 4-7PM

**Sunday Brunch: 11AM - 2PM**

**(814) 288-2880**



**Dessert:**

**Chocolate Parfait  
\$3.99**



**Side:**

**Mushroom &  
Spinach  
\$1.99**

Images may not accurately reflect the actual item.

# *Fresh* HARVEST **THIS WEEK'S SPECIALS**

**Specials for April 23-26**

**S o u p :**

**Fresh Harvest's  
Sausage Tortellini**

**Cup \$2.99 | Bowl \$4.99**





**CLOSED / MON - TUES**

**Take-out only:**

Wed-Sat 11AM-1PM

**Dine in or take out:**

Wed-Sat 4-7PM

**Sunday Brunch: 11AM - 2PM**

**(814) 288-2880**

## Specials for April 23-26

### Entrées of the week:



### Appetizer

**Bourbon Glazed  
Meatballs  
\$3.99**

**Entrée 1 - Pot Roast with  
mashed potatoes and 1 side  
\$12.95**

**Entrée 2 - Personal Pizza  
with side salad \$9.95**

**Toppings:**

**Pepperoni, green peppers, sausage,  
tomatoes, onions, and mushrooms**

**Vegetarian Option - Butternut  
Squash Ravioli with creamy  
garlic lemon butter sauce  
served with side salad \$11.95**



### Vegetarian option



Images may not accurately reflect the actual item.