NEIGHBORHOOD NEWS

CELEBRATING OCTOBER BIRTHDAYS

Happy Birthday to all of those celebrating a birthday this month at Laurel View Village!

TH = Townhome V = Vista CP = Cambridge Place PC = Personal Care HC = Health Care



Dear Residents,

We've been discussing this for months and I believe our plans are finally materializing, although a few weeks later than we anticipated. The resident survey is scheduled to be delivered to everyone the week of October 7. Thank you for your patience.

Tim Mock, CEO

Please take note of the following information: I made an error in my previous announcement about the surveys. The independent living surveys will be conducted on paper, not electronically as I previously stated. You will receive a hard copy of the survey in your mailbox along with instructions for completion and submission. These surveys will be distributed to all residents and staff on campus. We are eager to receive feedback from everyone.

I know everyone is interested in the townhome progress. The work continues to progress on schedule. We expect the first townhome to be completed at the end of November with the final one being finished in June. There have been a few obstacles and delays including excess rock and gas line installation timing, but we have been able to work through these items to keep the project on schedule. We are looking forward to welcoming those 19 new residents on to our campus.

In addition to those new units, we have had 9 residents move into independent living since July 1. We expect at least 9 more throughout the month of October, with additional decisions pending that will increase the number of new residents throughout the fall. It is very exciting to have that many new people to meet. I know that you will all help them to feel welcome as you always do.

I also want to give a sincere thank you for each of your heartfelt condolences on the passing of my grandmother. Esther, or as I called her, Grandma Yoder, was a very special person that many of you got to know over the 13 years that she lived here. I and the rest of the family appreciate all your support.

Sincerely, Tim

OCTOBER 2024

CHAPLAIN'S CORNER



Eric Lasure, Chaplain

Autumn is a time of great change in nature. The carefree days of Summer have passed, and we look forward to a new season.

Here in the Laurel Mountains, the temperature is falling and soon the Master's paintbrush will turn the leaves from green to brilliant red, orange and yellow. The colors are so vibrant and there's a sense of excitement for the change ahead.

Fall is so beautiful! The color of the pretty fall leaves fills my heart with wonder as I breathe in the crisp autumn air (especially from my tree stand). I revel in this brief moment of beauty God gives to us each year.

But Autumn is also a time for new obligations. The beginning of school for the kids, Sunday school and Bible study classes, football practice, the coming Thanksgiving and Christmas holidays and so much more.

We keep the wheels turning by taking care of our families, volunteering at church, and witnessing to those around us who aren't saved. And as much as we love doing all of it, these new commitments can leave us feeling stressed out and just plain tired. Sometimes, the Christian life can be a little bit overwhelming, but we can be sure that in the proper time, God's faithfulness will come through.

So, during this busy time of year, let's seek a little inspiration from the words of the Apostle Paul to the Galatians in this verse...

"And let us not grow weary in doing good, for in due season we shall reap if we do not lose heart. Galatians" 6:9

Let us not grow weary...

We all have times when we feel overwhelmed, discouraged, tired, and downright unappreciated.

CHAPLAIN'S CORNER CONTINUED



Eric Lasure, Chaplain

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In these moments, it's easy to think no one sees the good work we do. But God does see the effort we put in and He doesn't want us to give up and throw in the towel.

"Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain." 1 Corinthians 15:58 NIV

It's true that good works do not save anyone. It is only the grace of God through faith in His Son, Jesus that offers salvation.

However, this verse and many others are quick to point out, we should want to do good and show the love of Christ through our actions if we are saved.

This begins with those closest to us. Then to other believers. Lastly, and maybe more importantly, to the ones God sends our way to be a witness to.

"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:8-10 NIV

In due season we shall reap...

Sometimes it feels like our "due season" is just out of reach or will never come. But the seeds we sow today will determine what we reap in the future.

God has a plan, and He promises to reward us for all that we do in His name. His timing is different than our own. And with patience and perseverance, if we keep looking forward, our season to reap our reward will come.

"Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains. You too, be patient and stand firm, because the Lord's coming is near. "James 5:7-8

HELLOS, GOODBYES, & CHURCH SERVICES

Mass/Communion Services for October

Monday, October 7, 10:30 AM Mass with Father Larry

Monday, October 14, 10:30 AM Communion Service with Threse Baywood

Monday, October 21, 10:30 AM Mass with Father Larry

Monday, October 28, 10:30 AM Communion Service with Threse Baywood

Rosary is at 1:15 PM every Thursday in the Chapel.

Services subject to change

Pastor's Schedule for October

Sunday, October 6, 2:30 PM Pastor Eric

Sunday, October 13, 2:30 PM Pastor Bill Wenger, Thomas Mennonite Church

Sunday, October 20, 2:30 PM Pastor Dan Croft, Pastor, Retired Band Director

Sunday, October 27, 2:30 PM Pastor Sarah Adkins, Bethel United Methodist Church

LIFE ENRICHMENT & WELLNESS UPDATES



Lunch & Learn

I'm sorry but there will be no lunch and learn in October. Class will resume in November.

Steeler Game Day Party Sunday, October 13 at 4 PM **Cambridge Activity Room**

would like to come watch the game.

Join us for another Village Steeler game day tailgate and party on Sunday, October 13th at 4pm! We will provide pizza and are asking that you consider bringing something Life Enrichment & Wellness Manager as well (covered dish, dessert, drinks, etc...) but not mandatory. Please signup in either activity room if you





Village Movie Night - Featuring: Invincible Wednesday, October 16 at 6 PM Cambridge Banguet Room

Based on the true story of Vince Papale, a 30-year-old bartender from South Philadelphia who overcame long odds to walk on and play for the NFL's Philadelphia Eagles in 1976

Rated: PG

Corn Hole

Our fall corn hole league will begin on Monday's in mid-November. Games will take place in the afternoons in the Vista Multipurpose Room. If you would like to participate, please signup in either activity room.





Indoor Golf League

The Tom Krise 19th hole golf simulator will be hosting indoor leagues starting in November. If you would like to participate, please signup in either activity room and make sure you note if you are bringing a guest and what day and time you prefer to play each week.

LIFE ENRICHMENT & WELLNESS UPDATES



<u>Trick or Treat Parade</u> Monday, October 28 at 6 PM Parade begins in Cambridge Building

You are invited to come out and see the kids in their costumes and pass out candy! Large bags of candy donations are greatly appreciated for the kids. The more candy we receive, the more the kids receive. Please give your large bag of candy donations to April Coval (office is across from Village Café)

Invite your grandchildren & great grandchildren to be in the parade! This special event is open to children ages 0 to 12 and who are related to our residents or staff.

April Coval, Life Enrichment Connections Coordinator

Sign-Up Information for the kids:

Please sign up the child to be in the parade with April! April Coval: 814-200-3018

When signing up, kindly have the following information:

Your name The child(rens) name The number of children attending The ages of the children

Sign up prior to October 20.

We look forward to a fun-filled evening and hope to see you there!

Information for the kids!

There are pre-event refreshments for the kids:

Hot dogs, chips, and drinks will be provided to the children upon arrival at Fresh Harvest banquet rooms starting at 5:15 PM.

Scary costumes will be asked to remove their masks in certain care areas.



Friday, October 11 - each at a different time and location!

1PM Vista Pavilion: Make your own apple cider with an apple cider press, take fun country photos, and enjoy a slice of apple pie or pumpkin pie.

1PM-5PM Loading at the vista pavilion and main entrance: Rides around campus enjoying the beautiful fall weather and changing leaves

2PM Chapel: Enjoy live jazz music from the Docs Boys in the chapel!

3PM - 5PM Courtyard behind chapel: Green Roof Acres animal farm/ petting zoo. Come see the cute farm animals!



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ACTIVITIES, EXCURSIONS, ENTERTAINMENT

Activities & Excursions Requiring Signing Up

Ready for a whirlwind of fun? October is bursting with exciting adventures that'll make you jump for joy! Sign up in either activity room to join the fun:

- Market Basket Shopping (10/1 departing at 10:30am)
- Crafting with Bev & Margaret (10/3 in the Cambridge Activity Room)
- Men's Hub Cap (10/4 departing at 9:30am)
- Crafting with Bev & Margaret (10/4 in the Vista Activity Room)
- Men's Breakfast (10/8 at 8:30am in the Fresh Harvest Restaurant)
- Manicures with Melissa (10/8 at 2:15pm in the Vista Activity Room)
- Walmart Shopping (10/8 departing at 10:00am)
- Manicures with Genevie (10/10 at 1:00pm in the Cambridge Activity Room)
- Country Ride (10/10 departing a 2:00pm)
- Medicare Open Enrollment Information Session (10/11 at 11:30 in the Chapel)
- Dollar General Shopping (10/15 departing at 10:30am)
- St. Johns Hall Dancing (10/15 departing at 5:00pm)
- Country Ride (10/16 departing a 1:00pm)
- Village Movie Night (10/16 at 6:00pm in the Cambridge Banquet Room)
- Ladies Day Out (10/17 departing at 10:30am)
- Ladies Breakfast (10/22 at 8:30am in the Fresh Harvest Banquet Room)
- Manicures with Melissa (10/22 at 2:00pm in the Vista Activity Room)
- Boscov's Shopping (10/22 departing at 1:30pm)
- Westmoreland Mall, Casino, & Olive Garden (10/28 departing at 9:30am)
- Perkins Brunch (10/29 departing at 10:30am)
- Ladies Mystery Lunch (10/31 departing at 11:00am)
- Halloween Party (10/31 at 4:30pm in the Cambridge Banguet Room)

Musical Talents:

Musical extravaganza coming your way! Mark your calendars for the incredible lineup jamming your way this October. **Each event will take place in the courtyard behind the chapel.**

- Jazz music with the Docs Boys during our fall fest day (10/11 at 2pm in the chapel)
- Music with John & Rick (10/16 at 2pm in the Chapel)
 Music with Paul Stephenson (10/23 at 2pm in the Chapel)
 Piano music with Terry (10/25 at 2pm in the Chapel)
- Tom Katz (10/31 at 5:00pm in the Cambridge Banguet Room)

Don't forget about these on going activities!

Wii Bowling: Vista Multipurpose Room at 6:30pm on Tuesday's and Thursdays Swimming Classes: Mon, Wed, Fri at 8am & 9:15am in Vista Pool AND Thursday at 9:45AM in Cambridge Pool





PEER PROGRAM

OCTOBER 2024

Congratulations to our 5 New Peer Graduates of the Pennsylvania Empowered Expert Residents (PEER) Program!

Your dedication to empowering your fellow residents and advocating for positive change is truly inspiring. As you join the PEER community, we trust in your commitment to continue the PEER mission and make a difference together!

The PEER program is a resident-led initiative that empowers individuals living in long-term care facilities to advocate for their rights, improve the quality of care, and enhance the community environment. PEERs receive specialized training to become knowledgeable advocates, working alongside facility staff and state representatives to address concerns, promote positive changes, and ensure a resident-centred approach to care. This program fosters a culture of respect, dignity, and empowerment for residents making them active participants in their care and community. **We now have a total of 11 PEERs on campus!**



MUSIC MATTERS



April Coval, Life Enrichment Connections Coordinator

Intergenerational Music: Bridging Generations Through Sound

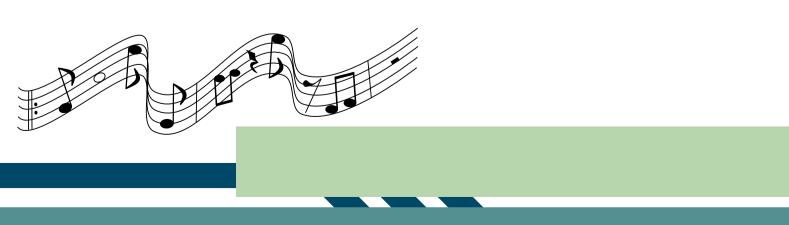
Music is magic—plain and simple. It's the universal language that cuts through all the noise, transcending borders, cultures, and, most beautifully, time. As a musician, I've seen firsthand how music connects people, not just across the world but across the years. Whether it's a timeless jazz standard, a classic rock anthem, or a fresh beat that's blowing up on TikTok, music has this crazy ability to bridge the gap between generations. This is the soul of intergenerational music: tunes that resonate with everyone, young or old, creating a shared soundtrack that tells the stories of our lives.

intergenerational music isn't just about nostalgia or mixing old-school with the new—it's about creating, sharing, and experiencing music that speaks to multiple generations at once. It's that magic moment when your granddad's

vinyl collection sits comfortably next to your Spotify playlist. It's the family jam session in the living room, the unexpected collaborations between young and seasoned artists, or even that golden oldie your parents can't help but sing along to when it comes on the radio. intergenerational music is a dialogue between past and present, where each generation brings its vibe, its stories, and its soul.

The old songs are more than just tunes—they're time capsules. They carry the stories of where we've been and remind us of the shoulders we're standing on. From folk ballads to rock classics, these songs keep history alive, and when younger generations dig into these sounds, they're not just listening; they're connecting with the essence of those who came before them. There's something special about that moment when a grandparent shares a favorite song with their grandchild or when a teenager introduces their parents to the latest hit. It's more than music; it's an exchange of worlds. It's a way to say, "This is who I am; this is where I come from," without saying a word, fostering understanding and empathy.

Music has this wild way of breaking down barriers. Community choirs, neighborhood jam sessions, and familyfriendly gigs aren't just events—they're gatherings that pull people of all ages together. These shared musical experiences turn strangers into neighbors and, sometimes, neighbors into family.



MUSIC MATTERS



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April Coval, Life Enrichment Connections Coordinator

Of course, it's not all perfect harmonies. There are times when different tastes clash when grandpa's jazz isn't hitting for the teenager who's vibing to EDM, or when the latest rap track feels like noise to someone who grew up on The Beatles. But that's the beauty of it. Bridging the gap isn't about forcing everyone to love the same thing; it's about respecting where each sound comes from and being open enough to listen.

As we move forward, intergenerational music will only become more important. The world's changing fast, and music is one of the few things that can keep us connected. The rise of digital platforms means there are more ways than ever to collaborate, share, and discover music that speaks across age groups. Programs that push for intergenerational participation will be key to keeping the magic alive, creating new spaces where the past meets the future.

intergenerational music isn't just a style—it's a movement that reminds us that we're all part of the same song. It's about celebrating where we come from, embracing where we're going, and finding those sweet spots where our sounds blend into something beautiful. So whether it's strumming a guitar with your grandpa, discovering a classic track for the first time, or just sharing a dance with someone who remembers when that song first hit the charts, intergenerational music is where we find the beats that bind us all.

Don't forget to mark your calendars for a special Music and Memory Intergenerational Session with Greater Johnstown Middle School Students on October 30th at 1:00pm in our Chapel.





UPCOMING EVENTS



Angela Rizzo, Sr. Director of Independent Living & Community Relations

I can't believe I am even bringing up Christmas, but before we know it, **Christmas in the Village** will be here! This event is on **Saturday, November 16 from 9 a.m. to 3 p.m.**

If you have never attended, mark your calendars now! This is a great event to invite family and friends. It is Laurel View Village's kick-off to the holiday season. The day features both banquet rooms filled with vendors to start your Christmas shopping, kids' activities, train display, holiday raffle, sleigh rides, and Breakfast with Santa! More details will be coming out soon.

VACCINE CLINIC

Our next vaccine clinic is Tuesday, October 8, 9 a.m. to 11 a.m. in <u>Vista Multipurpose Room</u>. Residents, who signed up in advance, should have already received their appointment time in a letter. If you did not sign up and would like to schedule appointment speak with the front desk or Angela Rizzo.

A very important step to remember, please fill out the immunization form that was attached to your appointment time BEFORE coming to the clinic!

If you are scheduled to receive a vaccine, **the front desk** will need an updated copy of your insurance card to provide to Giant Eagle Pharmacy **PRIOR** to the vaccine clinic.

Bring your Giant Eagle Advantage Card to receive the \$5 grocery shopping trip reward!

MARK YOUR CALENDARS

- Active Aging Expo Thursday, Oct. 3 from 9 a.m. to 1 p.m. in Fresh Harvest Banquet Rooms. Come meet a number of providers and services with giveaways.
- Art Exhibition Reception Saturday, Oct. 5, 2:30 p.m in the Cambridge Activity Room meet artist Anne Pernell who's works are on display in Cambridge. Refreshments available.
- Medicare Open Enrollment Information Session Friday, Oct. 11 from 11:30 to 12:30 p.m., Chapel. Laurel View Village has partnered up with The Health Insurance Marketplace to learn more about Medicare and understand what plans are accepted here for Laurel View Village's health center.
- Aging and Life Transitions Presentation Friday, Oct. 18 at 3 p.m. in the Chapel. Presented by Angie Richard, MSW, LCSW, Croyle-Nielsen Therapeutic Associates. This presentation will discuss retirement, physical and cognitive health, loss and grief, social isolation, stigma reduction, access to mental health care, resilience and coping mechanisms, support systems and cultural and societal influences. This presentation was made possible by Lee Initiatives. Open to residents, family members, staff and public. Angie will present for about 45 minutes followed by Q&A.

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SEPTEMBER IN A SNAPSHOT



















CHERRY VANILLA ZUCCHINI BREAD

A FIRST PLACE WINNING RECIPE BY MAUREEN HUTZEL



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INGREDIENTS

- 2 eggs
- 1 cup vegetable oil (or canola)
- 2 cups sugar
- 2 tsp vanilla extract
- 2 cps grated zucchini
- 1/2 cup chopped pecans (or walnuts)
- 3 cups flour
- 1/4 tsp baking powder

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- 1 tsp baking soda
- 1 tsp salt
- 1 box (3.4 oz) vanilla instant pudding
- 10 oz jar of maraschino cherries drained, rinsed, and cut into fours

- 1. Preheat oven to 350 degrees
- 2. Grease 2 (9x5) loaf pans tip flour the pans too to make for easier removal!
- 3. In a large mixing bowl, whisk the eggs, oil, sugar, zucchini, vanilla, and cherries until thoroughly combined.
- 4. In another bowl, whisk the pecans, or walnuts if that is what you are using, flour, baking powder, baking soda, salt, instant pudding, combining well.

DIRECTIONS

- 5. Add the dry ingredients to the wet. Slowly add it in while whisking to incorporate.
- 6. Pour batter evenly into the loaf pans
- 7.Bake for 1 hour and 15 minutes or until a toothpick inserted at the center of the loaf comes out clean.
- 8. Remove from oven and place on hot rack be careful!
- 9. Let cool completely before enjoying!

OCTOBER THEMED WORD SEARCH

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Halloween Hayride Costume Autumn Apple Mummy Acorn

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Football Pumpkin Chilly Spooky Zombie Yellow Candy

Black Cat	Trick
Orchard	Fall
Orange	Red
Leaves	Pie
Treat	Bat
Spider	Ghost

WORD SEARCH ANSWER KEY

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