TUE

|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Scrambled Eggs <br> Pancakes <br> Bacon Oranges Wheat Toast | Western Scramble Cinnamon French Toast Sausage Patty Fruited Yogurt Assorted Muffins | Cheese Strata Blueberry Pancake Sausage Hashbrowns with Onion Fresh Fruit Cup | Belgian Waffles Breakfast Ham Potatoes w/ Pepper and Onions Fresh Fruit Cup | Denver Scramble Fruit and Cottage Cheese Bacon Tater Tots Fresh Fruit Cup | Scrambled Eggs Sausage Gravy Hashbrown Buttermilk Biscuits Fresh Fruit Cup | Scrambled Eggs Blueberry Pancakes Sausage Links Fried Potatoes Fruit Cocktail |

## LUNCH

|  | Chicken Caesar Salad |  |
| :---: | :---: | :---: |
| or |  |  |
| BBQ Beef Sandwich | Egg Salad Sandwich |  |
| Entrées | Or |  |
|  | House Chips | Stuffed Peppers |
| Green Beans | Mashed Potatoes |  |
|  | Dinner Rolls | Steamed Peas |
| Fruit | Dinner Roll |  |
|  | Fruit |  |


| Tuna Melt |  |
| :---: | :---: |
| or |  |
| Chicken Gnocchi Mac | Meatball Sub |
| or |  |
| and Cheese | Bratwurst |
| Buttered Broccoli | French Fries |
| Breadstick | Seasoned Squash |
| Fruit | Dinner Roll |

\(\left.\begin{array}{cc}Salmon Cakes \& Cuban Sandwich <br>

or\end{array}\right]\)| or |  |
| :---: | :---: |
| Vegetable Lasagna | Ham Salad Sandwich |
| Wild Rice | Garden Salad |
| Roasted Cauliflower | Roasted Brussel Sprouts <br> Dinner Roll Dinner Roll |
| Fruit | Fruit |

Reuban Sandwich
or
Creamy Pesto Tortellini

## Red Skin Potatoes

 Seasoned Roasted Eggplant Dinner Roll| Dessert | Lemon Pudding | Brownies | Strawberry Ice Cream | Orange Sherbet | Angel Food Cake | Rice Pudding | Peanut Butter Cookies |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| DINNER |  |  |  |  |  |  |  |
| Soup | Tomato | Cream of Mushroom | French Onion | Stuffed Pepper | Garden Vegetable | Chicken and Wild Rice | Minestrone |


|  | Potato Crusted Cod Or Chicken Ala King | Roasted Turkey Or Ham | Beef Stroganoff Or Chicken Paprikash | Turkey Meatloaf Or Grilled Pork Chop | Tater Tot Casserole Or <br> Chicken Cordon Blue | Swedish Meatballs Or Stromboli | Country Fried Steak Or Chicken Salad BLT Wrap |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Barley Pilaf Buttered Carrots Biscuit | Homemade Stuffing Steamed Corn Dinner Roll | Buttered Egg Noodles Mixed Vegetables Dinner Roll | Au Gratin Potatoes Roasted Zucchini Dinner Roll | Home Fries Roasted Beets Dinner Roll | Seasoned Egg Noodles Roasted Asparagus Dinner Roll | Mashed Potatoes Buttered Lima Beans Dinner Roll |
| Dessert | Orange Frosted Cake | Cherry Pie | Pound Cake w/ Strawberries | Assorted Cream Pie | Chocolate Chip Cookies | Iced Chocolate Cake | Cinnamon Apple Sauce |

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## LUNCH

|  | Chicken Caesar Salad |  |
| :---: | :---: | :---: |
| or |  |  |
| BBQ Beef Sandwich | Egg Salad Sandwich |  |
| Entrées | Or |  |
|  | House Chips | Stuffed Peppers |
| Green Beans | Mashed Potatoes |  |
|  | Dinner Rolls | Steamed Peas |
| Fruit | Dinner Roll |  |
|  | Fruit |  |


| Tuna Melt | Meatball Sub |
| :---: | :---: |
| or | or |
| Chicken Gnocchi Mac | Bratwurst |
| and Cheese | French Fries |
| Buttered Broccoli | Seasoned Squash |
| Breadstick | Dinner Roll |
| Fruit | Fruit |


| Salmon Cakes | Cuban Sandwich |
| :---: | :---: |
| or |  |
| Vegetable Lasagna | Ham Salad Sandwich |
| Wild Rice | Garden Salad |
| Roasted Cauliflower | Roasted Brussel Sprouts <br> Dinner Roll Dinner Roll |
| Fruit | Fruit |

Reuban Sandwich
or
Creamy Pesto Tortellini

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| DINNER |  |  |  |  |  |  |  |
| Soup | Tomato | Cream of Mushroom | French Onion | Stuffed Pepper | Garden Vegetable | Chicken and Wild Rice | Minestrone |


|  | Potato Crusted Cod Or Chicken Ala King | Roasted Turkey Or Ham | Beef Stroganoff Or Chicken Paprikash | Turkey Meatloaf Or Grilled Pork Chop | Tater Tot Casserole Or <br> Chicken Cordon Blue | Swedish Meatballs Or Stromboli | Country Fried Steak Or Chicken Salad BLT Wrap |
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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | $\begin{gathered} \text { Scrambled Eggs } \\ \text { Bacon } \\ \text { Oatmeal } \end{gathered}$ | Cinnamon French Toast Sausage Patties Oatmeal | Blueberry Pancake Sausage Cream of Wheat | Scrambled Eggs Belgian Waffles Cream of Wheat | Scrambled Eggs Tater Tots Oatmeal | French Toast Hashbrown Oatmeal | Mixed Berry Pancake Fried Potatoes Cream of Wheat |


| DINNER |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Soup | Tomato Soup | Cream of Mushroom | French Onion Soup | Stuffed Pepper Soup | Garden Vegetable Soup | Chicken \& Wild Rice | Minestrone Soup |
|  | 1. BBQ Beef Sandwich | 1. Stuffed Peppers | 1. Tuna Melt | 1. Bratwurst | 1. Salmon Cakes | 1. Cuban Sandwich | 1. Creamy Pesto Tortellini |
|  | 2. Potato Crusted Cod | 2. Roasted Turkey 3. Ham | 2. Beef Stroganoff <br> 3. Chicken Paprikash | 2. Turkey Meatloaf 3. Grilled Pork Chop | 2. Tater Tot Casserole 3. Chicken Cordon Blue | 2. Swedish Meatballs <br> 3. Stromboli | 2. Country Fried Steak <br> 3. Chicken Salad BLT Wrap |
| Entrées | House Chips Barley Pilaf <br> Green Beans Buttered Carrots Dinner Roll | Mashed Potatoes Homemade Stuffing <br> Steamed Peas <br> Buttered Corn <br> Dinner Roll | Buttered Egg Noodles Mashed Potatoes <br> Buttered Broccoli Mixed Vegetables <br> Garlic Bread | Au Gratin Potatoes French Fries <br> Seasoned Squash Roasted Zucchini Dinner Roll | Wild Rice <br> Home Fries <br> Roasted Cauliflower Roasted Beets Dinner Roll | Seasoned Egg Noodles Garden Salad <br> Roasted Brussel Sprouts <br> Roasted Asparagus Dinner Roll | Red Skin Potatoes Mashed Potatoes <br> Seasoned Roasted Eggplant Parmesan Lima Beans Dinner Roll |
| Dessert | Orange Frosted Cake | Cherry Pie | Pound Cake w/ Strawberries | Assorted Cream Pies | Chocolate Chip Cookies | Rice Pudding | Peanut Butter Cookies |

## Qreds:HARVEST

## HOURS OF OPERATION

CLOSED Monday \& Tuesday
Wednesday - Saturday
Lunch take-out: 11AM - 2PM
Dine in: 4PM -7PM

## Sunday

Brunch: 11AM - 2PM

## Take-out Service

To order take-out please call (814) 288-2880.

Please do not leave an order via voicemail.

Take-out is only available Wed-Sat |. 11 AM-6 PM
Pick up your order in person from Fresh Harvest.

## The Menu

Fresh Harvest's menu does not change, except for daily/weekly specials and special occasion buffets. You can find
Fresh Harvest's menu in a couple places:

- At the restaurant
- On the restaurant's website
- On the restaurant's Facebook Page
- At the front desk

FRESH HARVEST'S SPECIALS
Week of May 15-18 Soup - Creamy green bean, ham, \& potato soup
Entree 1 - Pan-seared honey glazed Salmon with jasmine rice and choice of a side \$18.00
Entree 2 - Gyro \$8.00 (Season meat, lettuce, tomato, red onion, \& tzatziki sauce served on a grilled pita with sweet potato fries)
Side - Pepper Slaw
Vegetable -Asparagus
Dessert - Fresh berry \& fruit tart \$3.99

Campus-wide,

## VISTATAKEOUT

 HOURS OF OPERATION
## Monday - Saturday

4PM-5PM

Sunday 12PM

The cutoff time for ordering is one hour prior to delivery.

## Pick-up or delivery

To order take-out please call (814) 205-6772

Please specify if it is a Cambridge Delivery. You have 2 options to get your take-out meal.

- Pick up your order in person from Vista Dining
- Have your order delivered to you for an additional \$3.50
(Cambridge deliveries are delivered to the Cambridge
front desk unless otherwise specified!)


## The Menu

Vista Dining's menu does change daily.
You will receive the menus weekly in your mail, you can also ask the front desk.


## CLOSED \| MON - TUES

WED - SAT

Lunch take out: 11AM-1PM
Dinner Service: 4PM - 7PM
(6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch: I1AM - 2PM


$$
\begin{aligned}
& \text { Dessert } \\
& \text { Special: }
\end{aligned}
$$

Fresh berry \& fruit tart \$3.99

## Vegetable:

OreshoHARVEST

## THIS WEEK'S SpLclell May 15-18

## Soup Special:

## Creamy green bean, ham, \& potato soup



CLOSED | MON - TUES WED - SAI
Lunch take out: 11AM-IPM
Dinner Service: 4PM - 7PM (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch: I1AM - 2PM


## Side of the week:

## Pepper Slaw

quesn:HARVEST

## THIS WEEK'S SpEclells

May 15-18

Entrées of the week:
Entree l-Pan-seared honey glazed Salmon with jasmine rice and choice of a side $\$ 18.00$
Entree 2 - Gyro \$8.00
Season meat, lettuce, tomato, red onion, \& tzatziki sauce served on a grilled pita with sweet potato fries

