



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
<h1 style="text-align: center;">MAY 2024</h1> <h2 style="text-align: center;">LIFE ENRICHMENT & WELLNESS ACTIVITIES</h2>		1-May	2-May	3-May	4-May	5-May		
			8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Billiards Group 2 (VSR- RL) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Checks (VAR) 11:00 Let's Walk (VMP) 12:00 Lunch & Learn (VMP) 1:00 Sit & Be Fit (CWC) 2:00 Root Beer Floats (CAR) (S) 7:00 Bingo (VMP)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 1:00 Music & Memory w/Ang (CAR) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:00 Entertainer - Gary Stewart (CH) 2:00 Music and memory (VMP) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 9:30 Hidden Springs Nursery (S) 9:30 Devotion & Exercise (VMP) 40:00 Pickleball (DCC) 1:00 Music & Memory w/Ang (VAR) 1:00 Billiards Group 1 (VSR- RL) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Card Club (VSR- RL) 6:30 Dominoes (VAR) (RL)	2:00 Mexican Train 6:30 Card Club (VAR- RL) 6:30 Skipbo/Golf (VAR-RL)	2:30 Worship Service (CH) Pastor Gary Cline 3:30 Rummikub (VAR or VP) (RL)	
		6-May	7-May	8-May	9-May	10-May	11-May	
		8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Service (CH) 11:00 Book Club (CAR) 1:00 Sit & Be Fit (CWC) 1:00 Corn Hole (VMP) 2:00 Billiards Grp 2 (VSR- RL) 7:00 Wii Bowling (CAR-RL)	9:30 Devotion & Exercise (VMP) 10:30 Market Basket (S) 1:00 Circuit Training (CWC) 1:00 Billiards Grp 1 (VSR- RL) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Entertainer- Tom & Carolyn (CH) 2:30 Manicures (VAR Limit-4, S) 3:00 Old Fashioned Hymn Sing (CH) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Billiards Group 2 (VSR- RL) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit (CWC) 2:00 Resident Council (VMP) 3:00 Communion Bread (VAR)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 10:30 Ladies Day Out (S) 1:00 Bible Study (VMP) 1:00 Sit & Be Fit (CWC) 2:00 Win Lose or Draw w/Jenny (CAR) 2:00 Travelogue to Windber (CH) 3:00 Creative Crafting (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Hidden Springs Nursery (S) 9:30 Devotion & Exercise (VMP) 40:00 Pickleball (DCC) 1:00 Music & Memory w/Ang (VAR) 1:00 Billiards Group 1 (VSR- RL) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Card Club (VSR- RL) 6:30 Dominoes (VAR) (RL)	2:00 Sequence (VAR or VP) (RL) 6:30 Card Club (VAR- RL) 6:30 Scrabble (VAR)	2:30 Worship Service (CH) Pastor Eric Lasure 3:30 Euchre (VAR or VP- RL) 6:30 FIVE Crowns (VAR) RL)
		13-May	14-May	15-May	16-May	17-May	18-May	
		8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 9:30 Hidden Springs Nursery (S) 10:00 Tai Chi (VMP) 10:30 Catholic Communion Service (CH) 1:00 Sit & Be Fit (CWC) 2:00 Billiards Grp 2 (VSR- RL) 2:00 Choir Practice (CH) 3:00 Chimes Practice (CH) 6:30 Yahtzee (VAR) (RL) 7:00 Wii Bowling (CAR-RL)	8:30 Men's Breakfast (FH-S) 9:30 Devotion & Exercise (VMP) 10:30 Walmart (S) 1:00 Circuit Training (CWC) 1:00 Billiards Grp 1 (VSR- RL) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Page Turners with Linda (VL) 3:00 Volunteer Meeting (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Billiards Group 2 (VSR- RL) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Checks (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit (CWC) 2:00 Entertainer- Ed Kominsky (CH)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:00 BINGO w/April (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR- RL) 2:00 Chair Yoga (PCA) 2:00 Entertainer - Dale Cinisky (CH) 6:30 Rummikub (CAR) 6:30 Card Club (VSR- RL)	2:00 Mexican Train 6:30 Card Club (VAR- RL) 6:30 Skipbo/Golf (VAR-RL)	2:30 Worship Service (CH) Pastor Dave Streets Choir/Chime Performing NOTE Please be in the Chapel at 1:40 3:30 Rummikub (VAR or VP) (RL) 5:30 Jazz In your Face at Aces (S) Cost 5.00/person Snacks and Drinks on own
20-May	21-May	22-May	23-May	24-May	25-May			
8:00 Somerset Country Club (S) 8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 40:00 Tai-Chi-(VMP) 10:30 Catholic Service (CH) 1:00 Sit & Be Fit (CWC) 2:00 Billiards Grp 2 (VSR- RL) 7:00 Wii Bowling (CAR-RL)	9:30 Devotion & Exercise (VMP) 10:30 Dollar General (S) 1:00 Circuit Training (CWC) 1:00 Billiards Grp 1 (VSR- RL) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Grinning and Pickins (VP or VMP) 2:30 Manicures (VAR Limit-4, S) 3:00 Time Out Social (FH) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Billiards Group 2 (VSR- RL) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit (CWC) 2:00 Non Denominational Communion (CH) 3:00 Creative Crafting (VAR) 6:00 Village Movie Night (CBH)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 12:45 Mountain Playhouse (S) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:00 Trivia w/Jenny (CAR) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 40:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR- RL) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Card Club (VSR- RL) 6:30 Dominoes (VAR) (RL)	2:00 Sequence (VAR or VP-RL) 6:30 Card Club (VAR- RL) 6:30 Scrabble (VAR-RL)	2:30 Worship Service (CH) Pastor David McGee 3:30 Euchre (VAR or VP- RL) 6:30 FIVE Crowns (VAR-RL)		
27-May	28-May	29-May	30-May	31-May				
8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Communion Service (CH) 1:00 Sit & Be Fit (CWC) 2:00 Billiards Grp 2 (VSR- RL) 6:30 Yahtzee (VAR) (RL) 7:00 Wii Bowling (CAR-RL)	8:30 Ladies's Breakfast (FH-S) 9:30 Devotion & Exercise (VMP) 9:30 Westmoreland Mall & Olive Garden (S) 1:00 Circuit Training (CWC) 1:00 Billiards Grp 1 (VSR- RL) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Parkinsons Support Group (CH) 4:30 IL Picnic (CBH) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Billiards Group 2 (VSR- RL) 10:30 Blood Pressure Check (VAR) 11:00 Let's Walk (VMP) 1:00 Sit & Be Fit (CWC) 2:00 Low Vision Support Group (CH) 7:00 Bingo (VMP- RL)	8:30 Strength & Balance (VWC) 9:30 Devotion & Exercise (VMP) 9:45 Golf (OGC) 9:45 Pool Class (CWC-RL) 10:30 Ladies Mystery Lunch (S) 1:00 Bible Study (VMP) 1:15 Rosary (CH) 2:00 Show & Tell (VP or VMP) 6:30 Wii Bowling (VMP-RL)	8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devotion & Exercise (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR- RL) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Card Club (VSR- RL)				

CBC = CAMBRIDGE BOCCO COURT | CAR = CAMBRIDGE ACTIVITY ROOM | CWC = CAMBRIDGE WELLNESS CENTER | CBH = CAMBRIDGE BANQUET HALL | CGS = CAMBRIDGE GOLF SIMULATOR
 VMP = VISTA MULTI PURPOSE | VWC = VISTA WELLNESS CENTER | VSC = VISTA SHUFFLEBOARD COURT | VSR = VISTA SUN ROOM | VAR = VISTA ACTIVITY ROOM | VL = VISTA LIBRARY | VP = VISTA PAVILION
 CH = CHAPEL | FH = FRESH HARVEST | PC = PERSONAL CARE | PCD = PERSONAL CARE DINING | PCA = PERSONAL CARE ACTIVITIES
 814 = 814 RICHLAND LANES | CGS = CAMBRIDGE GOLF SIMULATOR | OGC = OAKBROOK GOLF CLUB | GM = GALLERIA MALL | DCC = DAVIDSVILLE COMMUNITY CHURCH
 S = SIGNUP REQUIRED | RL = RESIDENT LED | WP = WEATHER PERMITTING | TBD = TO BE DETERMINED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10 am Daily chronicles/ Refreshments Intergenerational Storytelling Circle 2 pm Bible Study with Glen (dining room) 6 pm Evening News Brief dayroom- CH. 6	2 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Music with Gary Stewart (chapel) 6 pm Evening Movie (Ch. 256 dayroom)	3 10 am Daily chronicles/ Coffee Hour Boom whackers 2 pm Music and Memory 6 pm Evening News Brief dayroom- CH. 6	4 11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom
			May Day			
5 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256) Cinco de Mayo	6 10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Music and Manicures (dayroom) 6 pm Evening News Brief (dayroom- CH. 6)	7 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Music with Tom and Carolyn (chapel) 6 pm Evening Movie- CH. 312 Dayroom)	8 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Reminisce: Recess and Outdoor Games (dining room) 6 pm Evening News Brief dayroom- CH. 6	9 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Travelogue: Windber (chapel) 6 pm Evening Movie (Ch. 256 dayroom)	10 10 am Daily chronicles/ Coffee Hour Boom whackers 2 pm Music and Memory 6 pm Evening News Brief dayroom- CH. 6	11 11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom
12 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256) Mother's Day National Skilled Nursing Care Week	13 10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Memory Lane Exhibit for Staff and Residents (dining room) 6 pm Evening News Brief (dayroom- CH. 6)	14 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Parkinson's Coffee Klatch (Fresh Harvest Banquet Room) 2 pm Radio Show Trivia Challenge for Staff and Residents (dining room) 6 pm Evening Movie- CH. 312 Dayroom)	15 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 11 am Resident Council (chapel) 2 pm Music with Ed Cominsky 6 pm Evening News Brief dayroom- CH. 6	16 10 am Daily chronicles/ Refreshments Word Games (dining room) Lunch with Staff and Residents 1:15 Rosary (chapel) 2 pm HC/PC Monthly Birthday Party (HCC dining room) 6 pm Evening Movie (Ch. 256 dayroom)	17 10 am Daily chronicles/ Coffee Hour Boom whackers 2 pm Music and Memory 6 pm Evening News Brief dayroom- CH. 6 6:30 pm Music with Dale Cinski (chapel)	18 11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom Armed Forces Day
19 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256)	20 10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Music and Manicures (dayroom) 3:30 pm Bible Study with Glen (dining room) 6 pm Evening News Brief (dayroom- CH. 6) Victoria Day (Canada)	21 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Can You "C" It (dining room) 6 pm Evening Movie- CH. 312 Dayroom)	22 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 12 pm HC Picnic (courtyard) 2 pm Communion Service (chapel) 6 pm Evening News Brief dayroom- CH. 6	23 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Bocce Ball (dining room) 6 pm Evening Movie (Ch. 256 dayroom)	24 10 am Daily chronicles/ Coffee Hour Boom whackers 1:15 pm Ice Cream trip to Silver Bell 6 pm Evening News Brief dayroom- CH. 6	25 11:15 am Daily chronicles 2 pm BINGO (dining room) 6 pm Evening News Brief (CH 6) Dayroom
26 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256)	27 10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services (chapel) 2 pm Memorial Day Reminisce (dining room) 6 pm Evening News Brief (dayroom- CH. 6) Memorial Day	28 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Lifelong Learning: Drive In Movies (dining room) 2 pm Parkinson's Support Group (chapel) 6 pm Evening Movie- CH. 312 Dayroom)	29 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Travelogue: Hiking the Pacific Northwest Trail (dining room) 2 pm Low Vision Support Group (chapel) 6 pm Evening News Brief dayroom- CH. 6	30 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Bocce Ball (dining room) 6 pm Evening Movie (Ch. 256 dayroom)	31 10 am Daily chronicles/ Coffee Hour with Bill Boom whackers 2 pm Music and Memory 6 pm Evening News Brief dayroom- CH. 6	LOCATION KEY CH= Chapel CY= HCC Courtyard VMP= Vista Multipurpose Room VA=Vista Activity Room 

Sunday

Monday


Tuesday

Wednesday


Thursday

Friday

Saturday



May 2024
ARBOR LIFE ENRICHMENT CALENDAR

<p>5</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out <small>Cinco de Mayo</small></p>	<p>6</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON Who Am I? EVENING Name that Tune</p>	<p>7</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON 2 pm Music with Tom and Carolyn (chapel) EVENING Complete the Phrase</p>	<p>8</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Reminisce: Recess and Outdoor Games EVENING Stories/Poems <small>May Day</small></p>	<p>9</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Trivia EVENING Balloon Toss</p>	<p>10</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Music and Memory EVENING Relaxing Videos</p>	<p>11</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box</p>
<p>12</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mother's Day Reminisce AFTERNOON 2:30 pm Worship Service EVENING Sort it Out <small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>13</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON What Am I? EVENING Name that Tune</p>	<p>14</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>15</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON 2 pm Music with Ed Cominsky (chapel) EVENING Stories/Poems</p>	<p>16</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Monthly Birthday Party (HCC Dining room) EVENING Balloon Toss</p>	<p>17</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Music and Memory EVENING Relaxing Videos</p>	<p>18</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box <small>Armed Forces Day</small></p>
<p>19</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out</p>	<p>20</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON Who Am I? EVENING Name that Tune <small>Victoria Day (Canada)</small></p>	<p>21</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>22</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise 12 pm Picnic in Pavilion AFTERNOON The Purple Heart EVENING Stories/Poems</p>	<p>23</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON One to Ones EVENING Balloon Toss</p>	<p>24</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON Music and Memory EVENING Relaxing Videos</p>	<p>25</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth AFTERNOON Craft Hour EVENING Out of the Box</p>
<p>26</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Amen Corner AFTERNOON 2:30 pm Worship Service EVENING Sort it Out</p>	<p>27</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Mass AFTERNOON Memorial Day Reminisce EVENING Name that Tune <small>Memorial Day</small></p>	<p>28</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Bible Study AFTERNOON Music and Manicures EVENING Complete the Phrase</p>	<p>29</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON ABC It? EVENING Stories/Poems</p>	<p>30</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Word Games AFTERNOON Trivia EVENING Balloon Toss</p>	<p>31</p> <p>MORNING Meet and Greet Daily Chronicles/ Refreshments Exercise AFTERNOON 1:15 pm Ice Cream Trip to Silver Bell EVENING Relaxing Videos</p>	<p>LOCATION KEY CH= Chapel CY= HCC Courtyard VMP= Vista Multipurpose Room VA=Vista Activity Room</p> 

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

PERSONAL CARE LIFE ENRICHMENT

			<p>9:30 Bocce Ball (D) 10:30 Bible Study (A) 1:00 Patio Time (W/P) 2:00 PENNY ANTE (A) 4:00 Bingo Set up (A) 6:30 BINGO with Pam</p>	<p>10:00 Stretches 10:30 Devotions 10:50 Quick Wit 2:00 Entertainer Gary Stewart (CH) 1:15 Rosary (C) 3:00 Puzzle Packets(A) 4:00 Outdoor Time (W/P) Independent Activities of your Choosing- Activity Room is Open</p>	<p>10:30 Exercises 10:50 Devotions 11:00 Brain Games 1:00 Walking Club (INDEPENDENT) 2:00 Seated Yoga (A) 3:00 Patio Time 3:30 Activity A La Carte 6:15 Movie Night- The Sound of Music</p>	<p>2:00 BINGO (A) 3:00 Clean up and Convo 4:00 Activity A La Carte (1:1) 6:30 Kentucky Derby Party/ Horse Racing (A)</p>
<p>OPEN ACTIVITY ROOM 2:30 Chapel Service with Pastor Gary Cline, Westmont Baptist Church 3:30 One to Ones 6:30 Color your own Suncatchers!</p> <p>Cinco de Mayo</p>	<p>9:30 Motivation Monday (A) 10:00 Thai Chi (MP) 10:30 Catholic Mass (C) 1:00 Wii Bowling (A) 1:00 Corn Hole Tournament 2:30 BINGO (A) 3:30 Clean up and Convo 6:30 Music and Manicures (A)</p>	<p>9:30 Chronicles 10:30 Exercises 10:50 Devotions 2:00 Entertainer- Tom & Carolyn (CH) 3:00 Hymn sing (CH) 4:00 Enjoy our Patio (W/P) 6:30 Wii Bowling (VMP)</p>	<p>9:30 Bocce Ball (D) 10:30 Bible Study (A) 1:00 Patio Time (A) 2:00 Tunes & Balloons (A) Activity Room is Open tonight.</p>	<p>10:00 Gardening on Patio Clean up with JMS Students 1:15 Rosary 2:00 Travelogue to Windber (CH) 3:00 Puzzle Packets(A) 4:00 Outdoor Time (W/P) 6:30 BINGO WITH PAM (A)</p> <p>HAPPY BIRTHDAY BETTY K.</p>	<p>10:30 Exercises 10:50 Devotions 11:00 Brain Games 1:00 Walking Club (INDEPENDENT) 2:00 Seated Yoga (A) 3:00 Patio Time 3:30 Activity A La Carte 6:15 Movie Night - Little Giants</p>	<p>2:00 BINGO (A) 3:00 Clean up and Convo 4:00 Activity A La Carte 6:30 Let's Play Uno! (A)</p>
<p>OPEN ACTIVITY ROOM 2:30 Chapel Service with Pastor Eric 3:30 One to Ones 6:30 Mother's Day Tea</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>9:30 Motivation Monday 10:00 Thai Chi 10:30 Catholic Communion 2:00 Choir Practice 2:00 BINGO (A) 3:00 FOOD COMMITTEE (A) 6:30 Music and Manicures (A)</p>	<p>9:30 Chronicles 10:30 Exercise 10:50 Devotions 2:00 ICE CREAM OUTING (SU) 4:00 Enjoy the nice Weather on our Patio (W/P) 6:30 Wii Bowling (VMP)</p>	<p>9:30 Bocce Ball (D) 10:30 Bible Study (A) 1:00 Patio Time (W/P) 2:00 Entertainer- Ed Kominsky (CH) 4:00 Bingo Set up. 6:30 BINGO with Pam</p>	<p>10:00 Stretches 10:30 Devotions 10:50 Quick Wit 1:00 Outdoor Activity of Choice 1:15 Rosary (C) 2:00 Monthly Birthday Party (HCD) 3:00 Puzzle Packets(A) 4:00 Outdoor Time (W/P) 6:30 Movie Night- Fiddle On the Room (A)</p>	<p>10:30 Exercises 10:50 Devotions 11:00 Brain Games 1:00 Walking Club (INDEPENDENT) 2:00 Seated Yoga (A) 3:00 Patio Time 3:30 Activity A La Carte 6:30 Entertainment- Dale Ciniski (CH or CY)</p>	<p>10:00 Donuts & Coffee to Celebrate Loveda's 98th Birthday! (<i>Provided by family</i>) 1:00 Walking Club (A) 2:00 BINGO (A) 3:00 Clean up and Convo 4:00 Activity A La Carte (1:1)</p> <p>Armed Forces Day HAPPY BIRTHDAY LOVEDA</p>
<p>OPEN ACTIVITY ROOM 2:30 Chapel Service with Pastor Dave Streets, Westmont Hills Community Church Chori and Bells to Perform</p> <p>3:30 One to Ones 6:30 Cherry Blossom Tree Painting(A)</p>	<p>9:45 RESIDENT COUNCIL 10:30 Catholic Mass (C) 1:00 Wii Bowling (A) 2:30 BINGO (A) 3:30 Clean up and Convo 4:00 Soak up The Sun - W/P 6:30 Music and Manicures (A)</p> <p>Victoria Day (Canada) HAPPY BIRTHDAY JIM R.</p>	<p>8:00 Men's Breakfast (A) 9:30 Chronicles 10:30 Exercises 10:50 Devotions 2:00 OUT TO SHARING AND CARING/ THEN ICE CREAM STOP (SU/\$) 6:30 Wii Bowling (VMP) 4:00 Enjoy the nice Weather on our Patio (W/P) HAPPY BIRTHDAY TWILA</p>	<p>9:30 Bocce Ball (D) 10:30 Bible Study(A) 1:00 Patio Time (A) 2:00 Communion Service in Chapel - All Are Welcome! 4:00 Bingo Set up. 6:30 BINGO with Pam</p>	<p>10:00 Stretches 10:30 Devotions 10:50 Quick Wit 11:30 OUTDOOR PICNIC IN COURTYARD 1:15 Rosary (C) 2:00 American Flag Wreath Craft! (A) 3:00 Puzzle Packets(A) 4:00 Outdoor Time (W/P)</p>	<p>10:30 Exercises 10:50 Devotions 11:00 Brain Games 1:00 Walking Club (INDEPENDENT) 2:00 Seated Yoga (A) 3:00 Patio Time 3:30 Activity A La Carte 6:15 Movie Night- Elvis</p>	<p>2:00 BINGO (A) 3:00 Clean up and Convo 4:00 Activity A La Carte (1:1) 6:30 Pull-A-Fact (A)</p>
<p>OPEN ACTIVITY ROOM 2:30 Chapel Service with Pastor Pastor Dave McGee, 1st Assembly of God</p>	<p>HAPPY MEMORIAL DAY THE ACTIVITY ROOM IS OPEN</p> <p>Memorial Day</p>	<p>8:30 Ladies Breakfast FRESH HARVEST (SU in Vista) 9:30 Chronicles 10:30 Exercises & Devotions 2:00 Parkinsons Support Group (CH) 4:00 Enjoy our Patio (W/P) 6:30 Wii Bowling (VMP)</p>	<p>9:30 Bocce Ball (D) 10:30 Bible Study (A) 1:00 Patio Time (A) 2:00 Low Vision Support Group in the Chapel 2:30 Cornhole with Sandy (A) 4:00 Enjoy the Outdoors No Evening Activities Tonight!</p>	<p>10:00 Stretches 10:30 Devotions 10:50 Quick Wit 1:00 Outdoor Activity of Choice 1:15 Rosary (C) 2:00 Strawberry Social on Patio! (W/P) 3:00 Puzzle Packets(A) 4:00 Outdoor Time (W/P) 6:30 BINGO with April (A)</p>	<p>10:30 Exercises 10:50 Devotions 11:00 Brain Games 1:00 Walking Club (INDEPENDENT) 2:00 Seated Yoga (A) 3:00 Patio Time 3:30 Activity A La Carte 6:15 Movie Night- The Boys in the Boat</p>	<p>ACTIVITIES, TIMES AND LOCATIONS ARE SUBJECT TO CHANGE PER NEEDS OF THE RESIDENTS</p>

Location/ Key Codes: A= Activity Area P= Patio D= Dining Room FT= Fish Tank C= Chapel CY= Courtyard behind Chapel SU= Sign up V= Vista Activity Room I= Independent BR= Banquet FRESH HARVEST CH= Community Channel (2501) RR= Resident Run WP= Weather Permitting TBD = TO BE DETERMINED \$= Money is needed for this outing L = Personal Care Library HCD= Health Care Dining Room VMP= Vista Multipurpose Room

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

PERSONAL CARE REFLECTIONS LIFE ENRICHMENT CALENDAR

			<p>9:30 Bible Study 1 10:00 Wednesday Wiggle 10:30 Humm a Hymn 1:00 Walking 1:1 2:00 Go Fish 3:00 Let's Chat 4:00 Life skills 6:30 Chutes and Ladders 7:15 Drinks 7:30 Devotion May Day</p>	<p>10:00 Thursday Twist 2 10:30 Our Daily Bread 11:00 Trivia Time 1:00 Heart to Heart 2:00 Entertainer - Gary Stewart (CH) 3:00 Busy Bees 6:30 Ski Ball 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Get Fit Friday 3 10:30 Our Daily Bread 11:00 Refreshments 1:00 Change of Scenery 1:1 2:00 Boom Wackers 3:00 Happy Hour 6:30 CandyLand 7:15 Drinks 7:30 Devotions</p>	<p>10:00 Swing and Sway 4 10:30 Devotions/Trivia 11:00 How about a Beverage 1:00 Music and Memory 2:00 Country Ride With April 6:30 Sing Along 7:15 Beverages 7:30 Spiritual moment</p>
<p>10:00 Spiritual Eldercare 5 10:30 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 6:30 Cinco de Mayo Social 7:15 Beverages 7:30 Spiritual Moment</p> <p>Cinco de Mayo</p>	<p>10:00 Gathering Place 6 10:30 Catholic Services 1:00 Chane of Scenery 1:1 2:00 Lets Celebrate Carol 3:00 Let's Chat 6:30 Lets Chat 7:15 Drinks 7:30 Devotions</p> <p>HAPPY BIRTHDAY CAROL</p>	<p>10:00 IN2L-Exercise, Devotions, Trivia 7 11:00 Hydration Station 1:00 Quiet Meditation 2:00 Entertainment - Tom and Carolyn 3:00 Hymn Sling (CH) 6:30 May Flower Coloring 7:15 Beverages 7:30 Spiritual Moment</p>	<p>9:30 Bible Study 8 10:00 Wednesday Wiggle 10:30 Humm a Hymn 1:00 Walking 1:1 2:00 Charades 3:00 Let's Chat 4:00 Life skills 6:30 Old Maid 7:15 Drinks 7:30 Devotion</p>	<p>10:00 Thursday Twist 9 10:30 Our Daily Bread 11:00 Trivia Time 1:00 Heart to Heart 2:00 Travelogue to Windber (CH) 3:00 Busy Bees 6:30 Sit Down Soccer 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Get Fit Friday 10 10:30 Our Daily Bread 11:00 Refreshments 1:00 Change of Scenery 1:1 2:00 Seated Yoga 3:00 Happy Hour 6:30 Bingo 7:15 Drinks 7:30 Devotions</p>	<p>10:00 Swing and Sway 11 10:30 Devotions/Trivia 11:00 How about a Beverage 1:00 relax 2:00-3:00 Lets take a stroll 1:1 6:30 Showtime! 7:15 Beverages 7:30 Spiritual moment</p>
<p>10:00 Spiritual Eldercare 12 10:30 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 6:30 Mother's Day Story 7:15 Beverages 7:30 Spiritual Moment</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10:00 Gathering Place 13 10:30 Catholic Services 1:00 Change of Scenery 1:1 2:00 Choir Practice 3:00 Lets Celebrate Kay! 6:30 Yahtzee 7:15 Drinks 7:30 Devotions</p> <p>HAPPY BIRTHDAY KAY</p>	<p>10:00 IN2L-Exercise, Devotions, Sing along. 14 11:00 Hydration Station 1:00 Quiet Meditation 2:00 Music & Memory Group 3:00 Puzzle Pals 6:30 Crafting with Jodi 7:15 Beverages 7:30 Spiritual Moment</p>	<p>9:30 Bible Study 15 10:00 Wednesday Wiggle 10:30 Humm a Hymn 1:00 Walking 1:1 2:00 Entertainer- Ed Cominsky (CH) 3:00 Let's Chat 4:00 Life skills 6:30 Bingo! 7:15 Drinks 7:30 Devotion</p>	<p>10:00 Thursday Twist 16 10:30 Our Daily Bread 11:00 Trivia Time 1:00 Heart to Heart 2:00 Monthly Birthday Party HCD 4:00 Socially Speaking 6:30 Carpet Darts 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Get Fit Friday 17 10:30 Our Daily Bread 11:00 Refreshments 1:00 Change of Scenery 1:1 2:00 Seated Yoga 3:00 Happy Hour 6:30 Entertainment Dale Ciniski (CH) 7:15 Drinks 7:30 Devotions</p>	<p>10:00 Swing and Sway 18 10:30 Devotions/Trivia 11:00 How about a Beverage 1:00 Music and Memory 2:00 COUNTRY RIDE WITH APRIL 6:30 Sing Along 7:15 Beverages 7:30 Spiritual moment Armed Forces Day</p>
<p>10:00 Spiritual Eldercare 19 10:30 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 6:30 Music and Manicures 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Gathering Place 20 10:30 Catholic Services 1:00 Change of Scenery 1:1 2:00 Patio Games 3:00 Folding Socks 6:30 Board Game Fun! 7:15 Drinks 7:30 Devotions</p> <p>Victoria Day (Canada)</p>	<p>10:00 IN2L-Exercise, Devotions, Trivia 21 11:00 Hydration Station 1:00 Quiet Meditation 2:00 Heart to Heart 3:00 Puzzle Pals 6:30 Coloring Fun with Jodi 7:15 Beverages 7:30 Spiritual Moment</p>	<p>9:30 Bible Study 22 10:00 Wednesday Wiggle 10:30 Humm a Hymn 1:00 Walking 1:1 2:00 Non Denominational Communion (CH) 3:00 Let's Chat 4:00 Life skills 6:30 Tabletop Bowling 7:15 Drinks 7:30 Devotion</p>	<p>10:00 Thursday Twist 23 10:30 Our Daily Bread 11:30 Outdoor PICNIC IN COURTYARD (WP) 1:00 Heart to Heart 3:00 Busy Bees 4:00 Socially Speaking 6:30 Target Golf 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Get Fit Friday 24 10:30 Our Daily Bread 11:00 Refreshments 1:00 Change of Scenery 1:1 2:00 Seated Yoga 3:00 Happy Hour 6:30 Camp Fire in Courtyard 7:15 Drinks 7:30 Devotions</p>	<p>10:00 Swing and Sway 25 10:30 Devotions/Trivia 11:00 How about a Beverage 1:00 Relax 2:00-3:00 Lets take a stroll 1:1 6:30 Showtime! 7:15 Beverages 7:30 Spiritual Moment</p>
<p>10:00 Spiritual Eldercare 26 10:30 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 6:30 Cooking Corner- NO BAKES! 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Gathering Place 27 10:30 Catholic Services 1:00 Change of Scenery 1:1 2:00 Lets Talk - Memorial Day 3:00 Rolling Bandages 6:30 Karaoke Corner 7:15 Drinks 7:30 Devotions</p> <p>Memorial Day</p>	<p>10:00 IN2L-Exercise, Devotions, Sing along. 28 11:00 Hydration Station 1:00 Quiet Meditation 2:00 Music and memory 1:1 3:00 Puzzle Pals 6:30 Crafting with Jodi 7:15 Beverages 7:30 Spiritual Moment</p>	<p>9:30 Bible Study 29 10:00 Wednesday Wiggle 10:30 Humm a Hymn 1:00 Walking 1:1 2:00 Candy Land 3:00 Let's Chat 4:00 Life skills 6:30 Ring Toss 7:15 Drinks 7:30 Devotion</p>	<p>10:00 Thursday Twist 30 10:30 Our Daily Bread 11:00 Trivia Time 1:00 Heart to Heart 2:00 Strawberry Social in PC! 4:00 Socially Speaking 6:30 Opposites Game 7:15 Beverages 7:30 Spiritual Moment</p>	<p>10:00 Get Fit Friday 31 10:30 Our Daily Bread 11:00 Refreshments 1:00 Change of Scenery 1:1 2:00 Seated Yoga 3:00 Happy Hour 6:30 Charades 7:15 Drinks 7:30 Devotions</p>	<p>ACTIVITIES, TIMES AND LOCATIONS ARE SUBJECT TO CHANGE PER NEEDS OF THE RESIDENTS</p>