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	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Ham, Egg & Cheese on an English Muffin Cinnamon French Toast Bacon Hashbrowns Diced Pears	Scrambled Eggs Blueberry Pancake Sausage Patties Sliced Home Fries O Brien Fruited Yogurt	Ham and Cheese Quiche Canadian Bacon Home Fries Banana Choice of Bread	Belgian Waffles Fruit and Cottage Cheese Sausage Links Tater Tots Fresh Cantaloupe	Hard Boiled Egg Chocolate Chip Pancakes Shredded Hashbrowns Sliced Peaches Choice of Bread	Scrambled Eggs French Toast Bacon Fried Potatoes Banana Croissant	Denver Scramble Sausage Gravy Biscuits Diced Pineapple Assorted Danish
LUNCH							
Entrées	Popcorn Chicken Bowl or Chef Salad Mashed Potatoes	Grilled Ham Steak or Grilled Cheese Candied Sweet Potatoes	Open Faced Turkey Sandwich or Chili Dog	Seafood Salad or Breaded Pork Chop Parslied Potatoes	Turkey Club or Broccoli Cheese Quiche Tater Tots	Chipped Ham or Fish Nuggets with Tarter Sauce	Grilled Chicken Salad or Onion Braised Brisket Macaroni and Cheese
	Corn Dinner Roll Fruit	Roasted Asparagus Dinner Roll Fruit	French Fries Lima Beans Dinner Roll Fruit	Mixed Vegetables Dinner Roll Fruit	Buttered Carrots Dinner Roll Fruit	Onion Rings Roasted Zucchini Dinner Roll Fruit	Harvard Beets Dinner Roll Fruit
Dessert	Banana Cake	Ambrosia Salad	Pudding	Strawberry Ice Cream	Cherry Pie	Yellow Cake	Brownies
DINNER							
Soup	Broccoli Cheese Soup	Beef Barley Soup	Loaded Baked Potato Soup	Minestrone Soup	New England Clam Chowder	Chicken Noodle Soup	Italian Wedding
Entrées	Meatloaf Or Garlic Pork Loin Herbed Orzo Peas Dinner Roll	Spaghetti with Meat Sauce Or Baked Cod  Herbed Wild Rice Tossed Salad Dinner Roll	Salisbury Steak Or BBQ Chicken Thigh Au Gratin Potatoes Buttered Green Beans Dinner Roll	Ham Pot Pie Or Manicotti Broccoli Salad Tossed Salad Bread Stick	Pot Roast Or Garlic Oregano Chicken Herbed Rice Roasted Cauliflower Dinner Roll	Pierogi Pie Or Italian Sausage Sandwich Cabbage and Noodles Roasted Brussel Sprouts Dinner Roll	Hot Italian Sandwich (Salami, Ham and Pepperoni) Or Baked Ziti with Meat Sauce Potato Salad Mixed Vegetables Dinner Roll
Dessert	Assorted Cookies	Lemon Meringue Pie	Chocolate Cake	Angel Food Cake with Mixed Berries	Cheesecake Parfait	Strawberry Pretzel Salad	Sweet Potato Pie

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Breakfast	Ham, Egg & Cheese on an English Muffin Cinnamon French Toast Bacon Hashbrowns Diced Pears	Scrambled Eggs Blueberry Pancake Sausage Patties Sliced Home Fries O Brien Fruited Yogurt	Ham and Cheese Quiche Canadian Bacon Home Fries Banana Choice of Bread	Belgian Waffles Fruit and Cottage Cheese Sausage Links Tater Tots Fresh Cantaloupe	Hard Boiled Egg Chocolate Chip Pancakes Shredded Hashbrowns Sliced Peaches Choice of Bread	Scrambled Eggs French Toast Bacon Fried Potatoes Banana Croissant	Denver Scramble Sausage Gravy Biscuits Diced Pineapple Assorted Danish
LUNCH							
Entrées	Popcorn Chicken Bowl or Chef Salad Mashed Potatoes Corn Dinner Roll Fruit	Grilled Ham Steak or Grilled Cheese  Candied Sweet Potatoes Roasted Asparagus Dinner Roll Fruit	Open Faced Turkey Sandwich or Chili Dog  French Fries Lima Beans Dinner Roll Fruit	Seafood Salad or Breaded Pork Chop Parslied Potatoes Mixed Vegetables Dinner Roll Fruit	Turkey Club or Broccoli Cheese Quiche Tater Tots Buttered Carrots Dinner Roll Fruit	Chipped Ham or Fish Nuggets with Tarter Sauce Onion Rings Roasted Zucchini Dinner Roll Fruit	Grilled Chicken Salad or Onion Braised Brisket Macaroni and Cheese Harvard Beets Dinner Roll Fruit
Dessert	Banana Cake	Ambrosia Salad	Pudding	Strawberry Ice Cream	Cherry Pie	Yellow Cake	Brownies
DINNER							
Soup	Broccoli Cheese Soup	Beef Barley Soup	Loaded Baked Potato Soup	Minestrone Soup	New England Clam Chowder	Chicken Noodle Soup	Italian Wedding
Entrées	Meatloaf Or Garlic Pork Loin Herbed Orzo Peas Dinner Roll	Spaghetti with Meat Sauce Or Baked Cod  Herbed Wild Rice Tossed Salad Dinner Roll	Salisbury Steak Or BBQ Chicken Thigh Au Gratin Potatoes Buttered Green Beans Dinner Roll	Ham Pot Pie Or Manicotti Broccoli Salad Tossed Salad Bread Stick	Pot Roast Or Garlic Oregano Chicken Herbed Rice Roasted Cauliflower Dinner Roll	Pierogi Pie Or Italian Sausage Sandwich Cabbage and Noodles Roasted Brussel Sprouts Dinner Roll	Hot Italian Sandwich (Salami, Ham and Pepperoni) Or Baked Ziti with Meat Sauce Potato Salad Mixed Vegetables Dinner Roll
Dessert	Assorted Cookies	Lemon Meringue Pie	Chocolate Cake	Angel Food Cake with Mixed Berries	Cheesecake Parfait	Strawberry Pretzel Salad	Sweet Potato Pie

# **Weekly Vista Menu**

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Oatmeal	Scrambled Eggs Sausage Patties Oatmeal	Scrambled Eggs Canadian Bacon Cream of Wheat	Scrambled Eggs Belgian Waffles Oatmeal	Scrambled Eggs Chocolate Chip Pancakes Cream of Wheat	Scrambled Eggs Bacon Oatmeal	Scrambled Eggs Sausage Gravy Biscuits Oatmeal
DINNER							
Soup	Broccoli Cheese Soup	Beef Barley Soup	Loaded Baked Potato Soup	Minestrone Soup	New England Clam Chowder	Chicken Noodle Soup	Italian Wedding
Entrées	1. Meatloaf 2. Garlic Pork Loin 3. Popcorn Chicken Bowl Buttered Orzo Mashed Potatoes  Peas Buttered Corn Dinner Roll	<ol> <li>Grilled Ham Steak</li> <li>Spaghetti with Meat Sauce</li> <li>Baked Cod</li> <li>Candied Sweet Potatoes Herbed Wild Rice</li> <li>Roasted Asparagus Tossed Salad</li> <li>Ambrosia Salad Dinner Roll</li> </ol>	1. Open Faced Turkey Sandwich  2. Chili Dog  3. BBQ Chicken Thigh  Au Gratin Potatoes French Fries  Buttered Green Beans Lima Beans Dinner Roll	1. Breaded Pork Chop  2. Ham Pot Pie  3. Manicotti  Parslied Potatoes Tossed Salad  Broccoli Salad Mixed Vegetables Breadstick	<ol> <li>Pot Roast</li> <li>Garlic Oregano         Chicken</li> <li>Turkey Club</li> <li>Herbed Rice         Tater Tots</li> <li>Roasted Cauliflower         Buttered Carrots         Dinner Roll</li> </ol>	<ol> <li>Italian Sausage         Sandwich</li> <li>Pierogi Pie</li> <li>Fish Nuggets with         Tarter Sauce</li> <li>Cabbage and         Noodles         Onion Rings</li> <li>Roasted Zucchini         Roasted Brussel         Sprouts         Dinner Roll</li> </ol>	1. Hot Italian Sandwich (Salami, Ham and Pepperoni)  2. Onion Braised Brisket  3. Grilled Chicken Salad  Macaroni and Cheese Potato Salad  Harvard Beets Mixed Vegetables Dinner Roll
Dessert	Assorted Cookies	Lemon Meringue Pie	Chocolate Cake	Angel Food Cake with Mixed Berries	Cheesecake Parfait	Strawberry Pretzel Salad	Brownies

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# Fresh HARVEST

### **HOURS OF OPERATION**

**CLOSED Monday & Tuesday** 

Wednesday - Saturday

Lunch take-out: 11AM - 2PM

Dine in: 4PM -7PM

Sunday

Brunch: 11AM - 2PM



To order take-out please call

(814) 288-2880.

Please do not leave an order via voicemail.

Take-out is only available Wed-Sat |

11 AM-6 PM

Pick up your order in person from Fresh Harvest.

### The Menu

Fresh Harvest's menu does not change, except for daily/weekly specials and special occasion buffets. You can find Fresh Harvest's menu in a couple places:

- At the restaurant
- On the restaurant's website
- On the restaurant's Facebook Page
- At the front desk

# FRESH HARVEST'S SPECIALS

Week of April 24-27

Soup - Split Pea

Entree 1 - Italian Sausage Sandwich with 2 sides 9.95

Entree 2 - Grilled Chicken Florentine with 2 sides 14.95

Side - Cheese Sticks \$3.50

Vegetable - Broccoli & Cauliflower

Dessert - Strawberry Turnovers

Campus-wide,

TAKE

OUT

CHEAT SHEET

FRESH HARVEST:

(814) 288-2880

VISTA TAKE OUT: (814) 205-6772



## **VISTA TAKE OUT**

### **HOURS OF OPERATION**

**Monday - Saturday** 

4PM - 5PM

Sunday 12PM The cutoff time for ordering is one hour prior to delivery.



### Pick-up or delivery

To order take-out please call **(814) 205-6772** 

Please specify if it is a Cambridge Delivery. You have 2 options to get your take-out meal.

- Pick up your order in person from Vista Dining
- Have your order delivered to you for an additional \$3.50

(Cambridge deliveries are delivered to the Cambridge front desk unless otherwise specified!)

#### The Menu

Vista Dining's menu does change daily. You will receive the menus weekly in your mail, you can also ask the front desk.



**CLOSED | MON - TUES** 

Lunch take out 11AM-1PM | WED - SAT

Dinner Service 4PM - 7PM | WED - SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM - 2PM



Dessert Special:

Strawberry Turnovers



Vegetable:

Broccoli and Cauliflower



THIS WEEK'S SPECIALS

April 24-27

Soup Special:

**Split Pea Soup** 



**CLOSED | MON - TUES** 

Lunch take out 11AM-1PM | WED - SAT

Dinner Service 4PM - 7PM | WED - SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM - 2PM



Side of the week:

Cheese Sticks \$3.50

# Fresh HARVEST

# THIS WEEK'S

SPECIALS April 24-27

Entrées of the week:

**Entree 1 - Italian Sausage Sandwich with 2 sides 9.95** 

**Entree 2 - Grilled Chicken Florentine with 2 sides 14.95** 



