| Breakfast 7:30 am - 9:30 am Lunch 11:30 am -12:30 pm Dinner 4:30 pm -5:30 pm |  |  | Weekly HC Menu |  |  | Week 2- April 29- May 5 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| Breakfast | Scrambled Eggs <br> Pancake Bacon Fresh Fruit Cup Wheat Toast | Western Scramble Cinnamon French Toast Sausage Patty Assorted Muffins Fruited Yogurt | Quiche Lorraine Banana Pancake Turkey Bacon Hashbrowns with Onions Fresh Fruit Cup | Belgian Waffles Scrambled Eggs Breakfast Ham O'Brien Potatoes Fresh Fruit Cup | Mushroom Herb Strata Fruit and Cottage Cheese Bacon Tater Tots Assorted Muffins Fresh Fruit Cup | Scrambled Eggs Sausage Gravy Hashbrowns with Onion Biscuits Fresh Fruit Cup | Cheese Strata Bagel with Cream Cheese Sausage Links American Fried Potatoes Fresh Fruit Cup |
| LUNCH |  |  |  |  |  |  |  |
| Entrées | Ham Potato Au Gratin <br> or <br> Baked Haddock <br> Rice Pilaf <br> Green Bean Almondine <br> Dinner Roll <br> Fresh Fruit Cup | ```Swiss Steak or Tuna Salad Croissant Sweet Potato Fries Buttered Corn Dinner Roll``` | ```Turkey Burger or Ham and Cheese Melt \\ Pasta Salad Steamed Lima Beans Dinner Roll Fresh Fruit Cup``` | Eggplant Parmesan <br> or Crab Cakes <br> Buttered Noodles <br> Mixed Vegetables Dinner Roll Fresh Fruit Cup | Glazed Ham or <br> Signature Salad <br> Candied Sweet Potatoes Steamed Broccoli Dinner Roll Fresh Fruit Cup | Ravioli <br> or Italian Sub <br> Homemade Chips Grilled Zucchini Dinner Roll Fresh Fruit Cup | BBQ Ribs <br> or <br> Breaded Veal Cutlet <br> Baked Potato <br> Roasted Brussel Sprouts <br> Dinner Roll <br> Fresh Fruit Cup |
| Dessert | Oreo Parfait | Mandarin Oranges | Citrus Gelatin | Lemon Mousse | Yellow Cake | Chocolate Ice Cream | Cinnamon Apple Sauce |
| DINNER |  |  |  |  |  |  |  |
| Soup | French Onion | Summer Harvest | Pasta Fagioli | Cheeseburger Chowder | Turkey Rice | Potato and Leek | Beef Noodle |
| Entrées | Braised Pork or Kielbasa | Chicken Tenders Or Meat Lasagna | Rosemary Pork Loin Or Personal Pepperoni Pizza | Beef Taco Salad Or Chicken Quesadilla | Roasted Turkey Or Cabbage Rolls | Fried Chicken Or Roast Beef | Ham Salad Spread Or Salmon with Dill Butter |
|  | Mashed Potatoes Sauerkraut Grilled Zucchini Dinner Roll | Tossed Salad Grilled Asparagus Breadstick | Roasted Potato Wedges Seasoned Green Peas Dinner Roll | Spanish Rice Refried Beans Dinner Roll | Stuffing Buttered Carrots Dinner Roll | Scalloped Potatoes Roasted Asparagus Dinner Roll | Buttered Orzo Buttered Cauliflower Dinner Roll |
| Dessert | Chocolate Chip Cookies | Tirimasu | Angel Food Cake with Strawberries | Peach Pie | Strawberry Pretzel Salad | Coconut Cream Pie | Red Velvet Cake |

Breakfast 7:30 am - 9:30 am Lunch 11:30 am -12:30 pm
Breakfast 7:30 am - 9:30 am Lunch 11:30 am
Dinner 4:30 pm -5:30 pm
MON TUE

|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Scrambled Eggs Pancake Bacon Fresh Fruit Cup Wheat Toast | Western Scramble Cinnamon French Toast Sausage Patty Assorted Muffins Fruited Yogurt | Quiche Lorraine <br> Banana Pancake Turkey Bacon Hashbrowns with Onions Fresh Fruit Cup | Belgian Waffles Scrambled Eggs Breakfast Ham O'Brien Potatoes Fresh Fruit Cup | Mushroom Herb Strata Fruit and Cottage Cheese Bacon Tater Tots Assorted Muffins Fresh Fruit Cup | Scrambled Eggs Sausage Gravy Hashbrowns with Onion Biscuits Fresh Fruit Cup | Cheese Strata <br> Bagel with Cream Cheese <br> Sausage Links <br> American Fried Potatoes Fresh Fruit Cup |
| LUNCH |  |  |  |  |  |  |  |
| Entrées | Ham Potato Au Gratin or Baked Haddock <br> Rice Pilaf Green Bean Almondine Dinner Roll Fresh Fruit Cup | ```Swiss Steak or Tuna Salad Croissant Sweet Potato Fries Buttered Corn Dinner Roll``` | Turkey Burger or Ham and Cheese Melt <br> Pasta Salad Steamed Lima Beans Dinner Roll Fresh Fruit Cup | Eggplant Parmesan <br> or Crab Cakes <br> Buttered Noodles Mixed Vegetables Dinner Roll Fresh Fruit Cup | Glazed Ham or Signature Salad <br> Candied Sweet Potatoes Steamed Broccoli Dinner Roll Fresh Fruit Cup | Ravioli or Italian Sub <br> Homemade Chips Grilled Zucchini Dinner Roll Fresh Fruit Cup | ```BBQ Ribs or Breaded Veal Cutlet Baked Potato Roasted Brussel Sprouts Dinner Roll Fresh Fruit Cup``` |
| Dessert | Oreo Parfait | Mandarin Oranges | Citrus Gelatin | Lemon Mousse | Yellow Cake | Chocolate Ice Cream | Cinnamon Apple Sauce |
| DINNER |  |  |  |  |  |  |  |
| Soup | French Onion | Summer Harvest | Pasta Fagioli | Cheeseburger Chowder | Turkey Rice | Potato and Leek | Beef Noodle |
|  | Braised Pork or Kielbasa | Chicken Tenders Or Meat Lasagna | Rosemary Pork Loin Or Personal Pepperoni Pizza | Beef Taco Salad Or Chicken Quesadilla | Roasted Turkey Or <br> Cabbage Rolls | Fried Chicken Or Roast Beef | Ham Salad Spread Or Salmon with Dill Butter |
| Entrées | Mashed Potatoes Sauerkraut Grilled Zucchini Dinner Roll | Tossed Salad Grilled Asparagus Breadstick | Roasted Potato Wedges Seasoned Green Peas Dinner Roll | Spanish Rice Refried Beans Dinner Roll | Stuffing Buttered Carrots Dinner Roll | Scalloped Potatoes Roasted Asparagus Dinner Roll | Buttered Orzo Buttered Cauliflower Dinner Roll |
| Dessert | Chocolate Chip Cookies | Tirimasu | Angel Food Cake with Strawberries | Peach Pie | Strawberry Pretzel Salad | Coconut Cream Pie | Red Velvet Cake |


|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Scrambled Eggs Pancake Oatmeal | Western Scramble Cinnamon French Toast Cream of Wheat | Scrambled Eggs Turkey Bacon Oatmeal | Belgian Waffles Scrambled Eggs Cream of Wheat | Mushroom Herb Strata Bacon Oatmeal | Scrambled Eggs Sausage Gravy Biscuits Oatmeal | Scrambled Eggs Sausage Links Cream of Wheat |
| DINNER |  |  |  |  |  |  |  |
| Soup | French Onion | Summer Harvest | Pasta Fagioli | Cheeseburger Chowder | Turkey Rice | Potato Leek | Beef Noodle |



## Grests:HARVEST

## HOURS OF OPERATION

CLOSED Monday \& Tuesday

## Wednesday - Saturday

Lunch take-out: 11AM - 2PM
Dine in: 4PM -7PM

## Sunday

Brunch: 11AM - 2PM


## Take-out Service

To order take-out please call (814) 288-2880.

Please do not leave an order via voicemail.

Take-out is only available Wed-Sat |. 11 AM-6 PM
Pick up your order in person from Fresh Harvest.

## The Menu

Fresh Harvest's menu does not change, except for daily/weekly specials and special occasion buffets. You can find
Fresh Harvest's menu in a couple places:

- At the restaurant
- On the restaurant's website
- On the restaurant's Facebook Page
- At the front desk


## FRESHHARVEST'S SPECIALS

Week of May 1-5
Soup - Sausage Tortellini Entree 1 - Stuffed Cabbage ( 2 cabbage rolls) with 2 sides \$11.99

## Entree 2 - Shrimp Scampi

 over pasta or rice with one side \$14.99
## Side - Bread Mushrooms

 \$3.00
## Vegetable -Creamed Corn

Dessert - Brownie Caramel Cheesecake \$4.99

YOUR
Campus-wide,


CHEAT SHEET
FRESH HARVEST:
(814) 288-2880

VISTA TAKE OUT:
(814) 205-6772

## VISTATAKE OUT

 HOURS OF OPERATION
## Monday - Saturday

4PM - 5PM

Sunday 12PM

The cutoff time for ordering is one hour prior to delivery.

## Pick-up or delivery

To order take-out please call (814) 205-6772

Please specify if it is a Cambridge Delivery. You have 2 options to get your take-out meal.

- Pick up your order in person from Vista Dining
- Have your order delivered to you for an additional \$3.50
(Cambridge deliveries are delivered to the Cambridge
front desk unless otherwise specified!)


## The Menu

Vista Dining's menu does change daily.
You will receive the menus weekly in your mail, you can also ask the front desk.


CLOSED | MON - TUES
Lunch take out 11AM-1PM | WED - SAT
Dinner Service 4PM - 7PM | WED - SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM - 2PM

FreshoHARVEST

THIS WEEK'SSPECRALS
May 1-5

# Soup Special: 

## Sausage Tortellini



CLOSED | MON - TUES
Lunch take out 11AM-1PM | WED - SAT
Dinner Service 4PM - 7PM | WED - SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM-2PM


## Side of the week:

Bread Mushrooms \$3.00

FreshoHARVEST

## THIS WEEK'S SPCGMALS

 May 1-5Entrées of the week:
Entree 1 - Stuffed Cabbage ( 2 cabbage rolls)
with 2 sides \$11.99
Entree 2 - Shrimp Scampi over pasta or rice with one side \$14.99


