Wee	kly H0	C Menu
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	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Assorted Muffin Fresh Fruit Cup	Western Strata Blueberry Pancake Sausage Patties Home Fries Fruited Yogurt Granola	Ham and Cheese Quiche Scrambled Eggs Canadian Bacon Sweet Potato Home Fries Fresh Fruit Cup	Belgian Waffles Fruit and Cottage Cheese Sausage Links Tater Tots Assorted Muffins Fresh Fruit Cup	Broccoli and Cheese Strata Chocolate Chip Pancakes Hashbrowns Toast Fresh Fruit Cup	Scrambled Eggs French Toast Breakfast Ham American Fried Potatoes Fresh Fruit Cup	Denver Scramble Sausage Gravy Biscuits Breakfast Ham Assorted Danish Fresh Fruit Cup
LUNCH							
Entrées	Cobb Salad or Sloppy Joes Tater Tots Seasoned Carrots Dinner Roll Fresh Fruit Cup	Turkey Swiss Melt or Parmesan Crusted Haddock Wild Rice Sauteed Zucchini Dinner Roll Fresh Fruit Cup	Spaghetti with Meatballs or Italian Sub Oven Browned Potato Wedges Buttered Lima Beans Breadstick Fresh Fruit Cup	Seafood Salad or Hot Dogs French Fries Seasoned Broccoli Dinner Roll Fresh Fruit Cup	Baked Pollock or Grilled Steak Salad Seasoned Rice Mixed Vegetables Dinner Roll Fresh Fruit Cup	Bacon Cheeseburger or Ham and Cheese Frittata Sweet Potato Fries Seasoned Green Beans Dinner Roll Fresh Fruit Cup	Beef Stew or Grilled Chicken Macaroni salad Harvard Beets Dinner Roll Fresh Fruit Cup
Dessert	Carrot Cake	Frosted Chocolate Cake	Pound Cake	Sugar Cookies	Vanilla Ice Cream	Vanilla Pudding	Mandarin Oranges
DINNER							
Soup	Cream of Broccoli	Lemon Chicken	Cream Of Mushroom	Navy Bean	Rhode Island Clam Chowder	Tomato	Chicken Noodle
Entrées	Chicken Pot Pie Or Cheese Lasagna Steamed Corn Coleslaw Breadstick	Ham Loaf Or Stuffed Pork Loin Whipped Sweet Potatoes Mixed Vegetables Dinner Roll	Chicken Fried Rice Or Beef and garlic Lo Mein Fried Rice Steamed Snow Peas Egg Roll	Pork Cutlet Or Ham, Green Beans and Potatoes Buttered Noodles Creamy Spinach Dinner Roll	Monterey Chicken Or Baked Ziti with Meat Sauce Parslied Potatoes Roasted Cauliflower Dinner Roll	Italian Sausage Sandwich Or French Dip Pierogies with Onions Roasted Asparagus Dinner Roll	Bourbon Pork Loin Or Shrimp Alfredo Whipped Sweet Potatoes Oven Roasted Brussel Sprouts Bread Stick
Dessert	Peanut Butter Pretzel Salad	Meringue Pie	Chilled Pears	Rice Pudding	Chocolate Chip Cookie	Blueberry Pie	Chocolate Mousse

Week	y PC	Menu
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	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Assorted Muffin Fresh Fruit Cup	Western Strata Blueberry Pancake Sausage Patties Home Fries Fruited Yogurt Granola	Ham and Cheese Quiche Scrambled Eggs Canadian Bacon Sweet Potato Home Fries Fresh Fruit Cup	Belgian Waffles Fruit and Cottage Cheese Sausage Links Tater Tots Assorted Muffins Fresh Fruit Cup	Broccoli and Cheese Strata Chocolate Chip Pancakes Hashbrowns Toast Fresh Fruit Cup	Scrambled Eggs French Toast Breakfast Ham American Fried Potatoes Fresh Fruit Cup	Denver Scramble Sausage Gravy Biscuits Breakfast Ham Assorted Danish Fresh Fruit Cup
LUNCH							
Entrées	Cobb Salad or Sloppy Joes Tater Tots Seasoned Carrots Dinner Roll Fresh Fruit Cup	Turkey Swiss Melt or Parmesan Crusted Haddock Wild Rice Sauteed Zucchini Dinner Roll Fresh Fruit Cup	Spaghetti with Meatballs or Italian Sub Oven Browned Potato Wedges Buttered Lima Beans Breadstick Fresh Fruit Cup	Seafood Salad or Hot Dogs French Fries Seasoned Broccoli Dinner Roll Fresh Fruit Cup	Baked Pollock or Grilled Steak Salad Seasoned Rice Mixed Vegetables Dinner Roll Fresh Fruit Cup	Bacon Cheeseburger or Ham and Cheese Frittata Sweet Potato Fries Seasoned Green Beans Dinner Roll Fresh Fruit Cup	Beef Stew or Grilled Chicken Macaroni salad Harvard Beets Dinner Roll Fresh Fruit Cup
Dessert	Carrot Cake	Frosted Chocolate Cake	Pound Cake	Sugar Cookies	Vanilla Ice Cream	Vanilla Pudding	Mandarin Oranges
DINNER							
Soup	Cream of Broccoli	Lemon Chicken	Cream Of Mushroom	Navy Bean	Rhode Island Clam Chowder	Tomato	Chicken Noodle
Entrées	Chicken Pot Pie Or Cheese Lasagna Steamed Corn Coleslaw Breadstick	Ham Loaf Or Stuffed Pork Loin Whipped Sweet Potatoes Mixed Vegetables Dinner Roll	Chicken Fried Rice Or Beef and garlic Lo Mein Fried Rice Steamed Snow Peas Egg Roll	Pork Cutlet Or Ham, Green Beans and Potatoes Buttered Noodles Creamy Spinach Dinner Roll	Monterey Chicken Or Baked Ziti with Meat Sauce Parslied Potatoes Roasted Cauliflower Dinner Roll	Italian Sausage Sandwich Or French Dip Pierogies with Onions Roasted Asparagus Dinner Roll	Bourbon Pork Loin Or Shrimp Alfredo Whipped Sweet Potatoes Oven Roasted Brussel Sprouts Bread Stick
Dessert	Peanut Butter Pretzel Salad	Meringue Pie	Chilled Pears	Rice Pudding	Chocolate Chip Cookie	Blueberry Pie	Chocolate Mousse

Weekly Vista Menu

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	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Scrambled Eggs Cinnamon French Toast Cream of Wheat	Scrambled Eggs Blueberry Pancake Oatmeal	Scrambled Eggs Canadian Bacon Oatmeal	Scrambled Eggs Belgian Waffles Cream of Wheat	Scrambled Eggs Chocolate Chip Pancakes Oatmeal	Scrambled Eggs Breakfast Ham Cream of Wheat	Scrambled Eggs Sausage Gravy with Biscuits Oatmeal
DINNER							
Soup	Cream of Broccoli	Lemon Chicken	Cream Of Mushroom	Navy Bean	Rhode Island Clam Chowder	Tomato	Chicken Noodle
Entrées	 Chicken Pot Pie Cheese Lasagna Sloppy Joe Tater Tots Coleslaw Steamed Corn Buttered Carrots Dinner Roll 	1. Ham Loaf 2. Stuffed Pork Loin 3. Parmesan Crusted Haddock Whipped sweet Potatoes Wild Rice Mixed Vegetables Sauteed Zucchini Dinner Roll	 Italian Sub Chicken Fried Rice Beef and Garlic Lo Mein Oven Browned Potato Wedges Fried Rice Buttered Lima Beans Steamed Snow Peas Egg Roll 	1. Hot Dogs 2. Pork Cutlet 3. Ham, Green Beans and Potatoes Buttered Noodles French Fries Seasoned Broccoli Creamy Spinach Dinner Roll	1. Baked Pollock 2. Monterey Chicken 3. Baked Ziti with Meat Sauce Seasoned Rice Parslied Potatoes Mixed Vegetables Roasted Cauliflower Breadstick	 Bacon Cheeseburger Italian sausage Sandwich French Dip Pierogies and Onion Mashed Potatoes Seasoned Green Beans Roasted Asparagus Dinner Roll 	1. Beef Stew 2. Bourbon Pork Loin 3. Shrimp Alfredo Whipped Sweet Potatoes Macaroni Salad Oven Roasted Brussel Sprouts Harvard Beets Dinner Roll
Dessert	Peanut Butter Pretzel Salad	Lemon Meringue Pie	Cherry Pie	Rice Pudding	Chocolate Chip Cookies	Blueberry Pie	Chocolate Mousse

Fresh HARVEST

HOURS OF OPERATION

CLOSED Monday & Tuesday

Wednesday - Saturday

Lunch take-out: 11AM - 2PM

Dine in: 4PM -7PM

Sunday

Brunch: 11AM - 2PM



Take-out Service

To order take-out please call

(814) 288-2880.

Please do not leave an order via voicemail.

Take-out is only available Wed-Sat |

11 AM-6 PM

Pick up your order in person from Fresh Harvest.

The Menu

Fresh Harvest's menu does not change, except for daily/weekly specials and special occasion buffets. You can find Fresh Harvest's menu in a couple places:

- At the restaurant
- On the restaurant's website
- On the restaurant's Facebook Page
- At the front desk

FRESH HARVEST'S SPECIALS

Week of May 8-11

Soup - Chicken Enchilada

Entree 1 - Grilled flank steak with a wild mushroom sauce and a baked potato with a choice of 1 side \$16.99

Entree 2 - Chicken marsala over fettuccine and choice of 1 side \$13.99

Side - Mac & Cheese - \$2.25

Vegetable -roasted vegetable medley

Dessert - Milkshakes! Choice of chocolate, vanilla, or strawberry \$4.25

Campus-wide,

TAKE

CHEAT SHEET

(814) 288-2880

VISTA TAKE OUT: (814) 205-6772



VISTA TAKE OUT

HOURS OF OPERATION

Monday - Saturday

4PM - 5PM

Sunday 12PM The cutoff time for ordering is one hour prior to delivery.



Pick-up or delivery

To order take-out please call **(814) 205-6772**

Please specify if it is a Cambridge Delivery. You have 2 options to get your take-out meal.

- Pick up your order in person from Vista Dining
- Have your order delivered to you for an additional \$3.50

(Cambridge deliveries are delivered to the Cambridge front desk unless otherwise specified!)

The Menu

Vista Dining's menu does change daily. You will receive the menus weekly in your mail, you can also ask the front desk.



CLOSED | MON - TUES

Lunch take out 11AM-1PM | WED - SAT

Dinner Service 4PM - 7PM | WED – SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM - 2PM



Dessert Special:

Milkshakes! Choice of chocolate, vanilla, or strawberry \$4.25



Vegetable:

Roasted Vegetable Medley



THIS WEEK'S SPECIALS May 8-11

Soup Special:

Chicken Enchilada



CLOSED | MON - TUES

Lunch take out 11AM-1PM | WED - SAT

Dinner Service 4PM - 7PM | WED – SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM - 2PM



Side of the week:

Mac & Cheese \$2.25

Fresh HARVEST

THIS WEEK'S

SPECIALS May 8-11

Entrées of the week:

Entree 1 - Grilled flank steak with a wild mushroom sauce and a baked potato with a choice of 1 side \$16.99

Entree 2 - Chicken marsala over fettuccine and choice of 1 side \$13.99



