|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Assorted Muffin Fresh Fruit Cup | Western Strata Blueberry Pancake Sausage Patties Home Fries Fruited Yogurt Granola | Ham and Cheese Quiche <br> Scrambled Eggs <br> Canadian Bacon <br> Sweet Potato Home Fries Fresh Fruit Cup | Belgian Waffles Fruit and Cottage Cheese <br> Sausage Links Tater Tots Assorted Muffins Fresh Fruit Cup | Broccoli and Cheese Strata Chocolate Chip Pancakes Hashbrowns Toast Fresh Fruit Cup | Scrambled Eggs French Toast Breakfast Ham American Fried Potatoes Fresh Fruit Cup | Denver Scramble Sausage Gravy Biscuits Breakfast Ham Assorted Danish Fresh Fruit Cup |
| LUNCH |  |  |  |  |  |  |  |
| Entrées | Cobb Salad or Sloppy Joes | Turkey Swiss Melt or Parmesan Crusted Haddock | Spaghetti with Meatballs or Italian Sub | Seafood Salad or Hot Dogs | $\begin{aligned} & \text { Baked Pollock } \\ & \text { or } \\ & \text { Grilled Steak Salad } \end{aligned}$ | Bacon Cheeseburger or Ham and Cheese Frittata | Beef Stew or Grilled Chicken |
|  | Tater Tots Seasoned Carrots Dinner Roll Fresh Fruit Cup | Wild Rice Sauteed Zucchini Dinner Roll Fresh Fruit Cup | Oven Browned Potato <br> Wedges <br> Buttered Lima Beans <br> Breadstick <br> Fresh Fruit Cup | French Fries Seasoned Broccoli Dinner Roll Fresh Fruit Cup | Seasoned Rice Mixed Vegetables Dinner Roll Fresh Fruit Cup | Sweet Potato Fries Seasoned Green Beans Dinner Roll Fresh Fruit Cup | Macaroni salad Harvard Beets Dinner Roll Fresh Fruit Cup |
| Dessert | Carrot Cake | Frosted Chocolate Cake | Pound Cake | Sugar Cookies | Vanilla Ice Cream | Vanilla Pudding | Mandarin Oranges |
| DINNER |  |  |  |  |  |  |  |
| Soup | Cream of Broccoli | Lemon Chicken | Cream Of Mushroom | Navy Bean | Rhode Island Clam Chowder | Tomato | Chicken Noodle |
| Entrées | Chicken Pot Pie Or Cheese Lasagna | Ham Loaf Or Stuffed Pork Loin | Chicken Fried Rice Or Beef and garlic Lo Mein | Pork Cutlet Or Ham, Green Beans and Potatoes | Monterey Chicken Or Baked Ziti with Meat Sauce | Italian Sausage Sandwich Or French Dip | Bourbon Pork Loin Or Shrimp Alfredo |
|  | Steamed Corn Coleslaw Breadstick | Whipped Sweet Potatoes Mixed Vegetables Dinner Roll | Fried Rice Steamed Snow Peas Egg Roll | Buttered Noodles Creamy Spinach Dinner Roll | Parslied Potatoes Roasted Cauliflower Dinner Roll | Pierogies with Onions Roasted Asparagus Dinner Roll | Whipped Sweet Potatoes Oven Roasted Brussel Sprouts Bread Stick |
| Dessert | Peanut Butter Pretzel Salad | Meringue Pie | Chilled Pears | Rice Pudding | Chocolate Chip Cookie | Blueberry Pie | Chocolate Mousse |

Breakfast 7:30 am - 9:30 am Lunch 11:30 am -12:30 pm
Dinner $\quad$ 4:30 pm -5:30 pm
Weekly HC Menu
Uחוסוחוח
Week 3- May 6-12 Scrambled Eggs
Canadian Bacon t Potato Home Fries Tater Tots Assorted Muffins Seafood Salad Baked Pollock

French Fries xed Vegetables Sweet Potato Fries Harvard Beets Dinner Roll


Uחוסוחוח
Week 3- May 6-12

|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Scrambled Eggs Cinnamon French Toast Bacon Hashbrowns Assorted Muffin Fresh Fruit Cup | Western Strata Blueberry Pancake Sausage Patties Home Fries Fruited Yogurt Granola | Ham and Cheese Quiche Scrambled Eggs Canadian Bacon Sweet Potato Home Fries Fresh Fruit Cup | Belgian Waffles Fruit and Cottage Cheese Sausage Links Tater Tots Assorted Muffins Fresh Fruit Cup | Broccoli and Cheese Strata Chocolate Chip Pancakes Hashbrowns Toast Fresh Fruit Cup | Scrambled Eggs French Toast Breakfast Ham American Fried Potatoes Fresh Fruit Cup | Denver Scramble Sausage Gravy Biscuits Breakfast Ham Assorted Danish Fresh Fruit Cup |
| LUNCH |  |  |  |  |  |  |  |
| Entrées | Cobb Salad or Sloppy Joes | Turkey Swiss Melt or Parmesan Crusted Haddock | Spaghetti with Meatballs <br> or Italian Sub | Seafood Salad or Hot Dogs | $\begin{gathered} \text { Baked Pollock } \\ \text { or } \\ \text { Grilled Steak Salad } \end{gathered}$ | Bacon Cheeseburger or Ham and Cheese Frittata | Beef Stew or Grilled Chicken |
|  | Tater Tots Seasoned Carrots Dinner Roll Fresh Fruit Cup | Wild Rice Sauteed Zucchini Dinner Roll Fresh Fruit Cup | Oven Browned Potato <br> Wedges <br> Buttered Lima Beans Breadstick Fresh Fruit Cup | French Fries Seasoned Broccoli Dinner Roll Fresh Fruit Cup | Seasoned Rice Mixed Vegetables Dinner Roll Fresh Fruit Cup | Sweet Potato Fries Seasoned Green Beans Dinner Roll Fresh Fruit Cup | Macaroni salad Harvard Beets Dinner Roll Fresh Fruit Cup |
| Dessert | Carrot Cake | Frosted Chocolate Cake | Pound Cake | Sugar Cookies | Vanilla Ice Cream | Vanilla Pudding | Mandarin Oranges |
| DINNER |  |  |  |  |  |  |  |
| Soup | Cream of Broccoli | Lemon Chicken | Cream Of Mushroom | Navy Bean | Rhode Island Clam Chowder | Tomato | Chicken Noodle |
| Entrées | Chicken Pot Pie Or Cheese Lasagna | Ham Loaf Or Stuffed Pork Loin | Chicken Fried Rice Or Beef and garlic Lo Mein | Pork Cutlet Or Ham, Green Beans and Potatoes | Monterey Chicken Or Baked Ziti with Meat Sauce | Italian Sausage Sandwich Or French Dip | Bourbon Pork Loin Or Shrimp Alfredo |
|  | Steamed Corn Coleslaw Breadstick | Whipped Sweet Potatoes Mixed Vegetables Dinner Roll | Fried Rice Steamed Snow Peas Egg Roll | Buttered Noodles Creamy Spinach Dinner Roll | Parslied Potatoes Roasted Cauliflower Dinner Roll | Pierogies with Onions Roasted Asparagus Dinner Roll | Whipped Sweet Potatoes Oven Roasted Brussel Sprouts Bread Stick |
| Dessert | Peanut Butter Pretzel Salad | Meringue Pie | Chilled Pears | Rice Pudding | Chocolate Chip Cookie | Blueberry Pie | Chocolate Mousse |

Breakfast 7:30 am - 9:30 am Lunch 11:30 am -12:30 pm
Dinner $\quad$ 4:30 pm -5:30 pm
Weekly PC Menu Scrambled Eggs
Canadian Bacon t Potato Home Fries Tater Tots Assorted Muffins Seafood Salad

French Fries xed Vegetables sh Fruit Cup Or Sauce

Parslied Potatoes Dinner Roll
crambled Eggs
soned Carr
Wild Rice
Dinner Roll ered Lima Beans Dinned Broccoli O reamy Spinach Rice Pudding

|  | MON | TUE | WED | THU | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Scrambled Eggs Cinnamon French Toast Cream of Wheat | Scrambled Eggs Blueberry Pancake Oatmeal | Scrambled Eggs Canadian Bacon Oatmeal | Scrambled Eggs Belgian Waffles Cream of Wheat | Scrambled Eggs Chocolate Chip Pancakes Oatmeal | Scrambled Eggs Breakfast Ham Cream of Wheat | Scrambled Eggs Sausage Gravy with Biscuits Oatmeal |
| DINNER |  |  |  |  |  |  |  |
| Soup | Cream of Broccoli | Lemon Chicken | Cream Of Mushroom | Navy Bean | Rhode Island Clam Chowder | Tomato | Chicken Noodle |
| Entrées | 1. Chicken Pot Pie <br> 2. Cheese Lasagna <br> 3. Sloppy Joe <br> Tater Tots Coleslaw <br> Steamed Corn Buttered Carrots <br> Dinner Roll | 1. Ham Loaf <br> 2. Stuffed Pork Loin <br> 3. Parmesan Crusted Haddock <br> Whipped sweet Potatoes Wild Rice <br> Mixed Vegetables Sauteed Zucchini <br> Dinner Roll | 1. Italian Sub <br> 2. Chicken Fried Rice <br> 3. Beef and Garlic Lo Mein <br> Oven Browned Potato Wedges Fried Rice <br> Buttered Lima Beans Steamed Snow Peas <br> Egg Roll | 1. Hot Dogs <br> 2. Pork Cutlet <br> 3. Ham, Green Beans and Potatoes <br> Buttered Noodles French Fries <br> Seasoned Broccoli Creamy Spinach <br> Dinner Roll | 1. Baked Pollock <br> 2. Monterey Chicken <br> 3. Baked Ziti with Meat Sauce <br> Seasoned Rice Parslied Potatoes <br> Mixed Vegetables Roasted Cauliflower <br> Breadstick | 1. Bacon Cheeseburger <br> 2. Italian sausage Sandwich <br> 3. French Dip <br> Pierogies and Onion Mashed Potatoes <br> Seasoned Green Beans Roasted Asparagus <br> Dinner Roll | 1. Beef Stew <br> 2. Bourbon Pork Loin <br> 3. Shrimp Alfredo <br> Whipped Sweet Potatoes Macaroni Salad <br> Oven Roasted Brussel Sprouts Harvard Beets <br> Dinner Roll |
| Dessert | Peanut Butter <br> Pretzel Salad | Lemon Meringue Pie | Cherry Pie | Rice Pudding | Chocolate Chip Cookies | Blueberry Pie | Chocolate Mousse |

## Orests:HARVEST

## HOURS OF OPERATION

CLOSED Monday \& Tuesday

## Wednesday - Saturday

Lunch take-out: 11AM - 2PM
Dine in: 4PM -7PM

## Sunday

Brunch: 11AM - 2PM


## Take-out Service

To order take-out please call (814) 288-2880.

Please do not leave an order via voicemail.

Take-out is only available Wed-Sat |11 AM-6 PM
Pick up your order in person from Fresh Harvest.

## The Menu

Fresh Harvest's menu does not change, except for daily/weekly specials and special occasion buffets. You can find
Fresh Harvest's menu in a couple places:

- At the restaurant
- On the restaurant's website
- On the restaurant's Facebook Page
- At the front desk


## FRESHHARVEST'S SPECIALS

Week of May 8-11
Soup - Chicken Enchilada
Entree 1 - Grilled flank steak with a wild mushroom sauce and a baked potato with a choice of 1 side \$16.99
Entree 2 - Chicken marsala over fettuccine and choice of 1 side \$13.99

## Side - Mac \& Cheese - $\$ 2.25$

Vegetable -roasted vegetable medley

Dessert - Milkshakes! Choice of chocolate, vanilla, or strawberry \$4.25

YOUR
Campus-wide,


CHEAT SHEET
FRESH HARVEST:
(814) 288-2880

VISTA TAKE OUT:
(814) 205-6772

## VISTATAKEOUT

 HOURS OF OPERATION
## Monday - Saturday

4PM - 5PM

Sunday 12PM

The cutoff time for ordering is one hour prior to delivery.

## Pick-up or delivery

To order take-out please call (814) 205-6772

Please specify if it is a Cambridge Delivery. You have 2 options to get your take-out meal.

- Pick up your order in person from Vista Dining
- Have your order delivered to you for an additional \$3.50
(Cambridge deliveries are delivered to the Cambridge front desk unless otherwise specified!)


## The Menu

Vista Dining's menu does change daily.
You will receive the menus weekly in your mail, you can also ask the front desk.


CLOSED | MON - TUES
Lunch take out 11AM-1PM | WED - SAT
Dinner Service 4PM - 7PM | WED - SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM - 2PM


$$
\begin{aligned}
& \text { Dessert } \\
& \text { Special: }
\end{aligned}
$$

Milkshakes! Choice of chocolate, vanilla, or strawberry \$4.25


Vegetable:
Roasted Vegetable Medley

FreshoHARVEST

# HIS WEEK'S 

 SpEclalsMay 8-11

## Soup Special:

## Chicken Enchilada



CLOSED | MON - TUES
Lunch take out 11AM-1PM | WED - SAT
Dinner Service 4PM - 7PM | WED - SAT (6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Sunday Brunch 11AM-2PM


# Side of the week: 

## Mac \& Cheese \$2.25

FreshoHARVEST

## THIS WEEK'S

 May 8-11Entrées of the week:

Entree 1-Grilled flank steak with a wild mushroom sauce and a baked potato with a choice of 1 side $\$ 16.99$

Entree 2-Chicken marsala over fettuccine and choice of 1 side \$13.99


