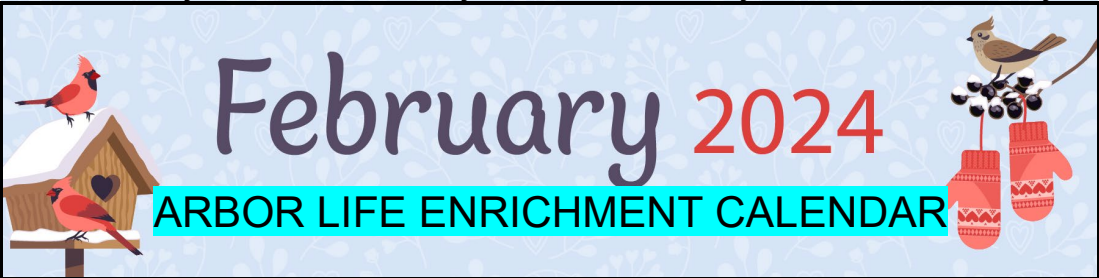

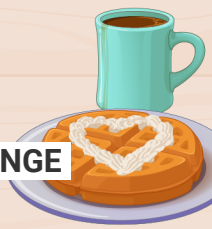



Monday	Tuesday	Wednesday	Thursday	Friday
<div>FEBRUARY 2024</div> <div>LIFE ENRICHMENT &amp; WELLNESS ACTIVITIES</div>			<div>1-Feb</div> <div>8:30 Strength &amp; Balance (VWC) 9:30 Devo &amp; Exercise w/Melissa (VMP) 9:45 Pool Class (CWC-RL) 10:30 Indoor Golf Group 2 (CGS) 1:00 Bible Study (VMP) 1:00 Indoor Golf Group 3 (CGS) 1:15 Rosary (CH) 2:00 Bingo w/Linda (CAR) 3:00 Indoor Golf Group 4 (CGS) 6:00 Indoor Golf Group 5 (CGS) 6:30 Wii Bowling (VMP-RL)</div>	<div>2-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR) 1:00 Creative Craft (VMP) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Ladies Card Club (VSR)</div>
<div>5-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Service 11:00 Book Club (CAR) 1:00 Sit &amp; Be Fit (CWC) 1:00 Bocce (CBH) 2:00 Billiards Group 2 (VSR) 2:00 Choir Practice 3:00 Chimes Practice (CH) 4:00 Indoor Golf Group 1 (CGS) 7:00 Wii Bowling (CAR-RL)</div>	<div>6-Feb</div> <div>9:30 Devo &amp; Exercise w/Melissa (VMP) 10:30 Market Basket (S) 1:00 New Resident Reception (CBH) <del>4:00 Circuit Training (CWC)</del> 1:00 Billiards Group 1 (VSR) 1:00 Manicures (VAR Limit-4, S) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Page Turners w/Linda (VAR) 3:00 Old Fashioned Hymn Sing (CH) 6:30 Wii Bowling (VMP-RL)</div>	<div>7-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Checks (VAR) 10:00 Hallway Harmonies (VMP) 11:00 Let's Walk (VMP) 12:00 Lunch &amp; Learn (VMP) 1:00 Sit &amp; Be Fit (CWC) 2:00 Colored Bell Choir (PCD) 2:00 Trivia Fun w/Kaylee (VAR) 7:00 Bingo (VMP)</div>	<div>8-Feb</div> <div>8:30 Strength &amp; Balance (VWC) 9:30 Devo &amp; Exercise w/Melissa (VMP) 9:45 Pool Class (CWC-RL) 10:30 Indoor Golf Group 2 (CGS) 1:00 Bible Study (VMP) 1:00 Indoor Golf Group 3 (CGS) 1:15 Rosary (CH) 2:00 Making Communion Bread (VAR) 2:00 Win Lose or Draw w/Jenny (CAR) 3:00 Indoor Golf Group 4 (CGS) 6:00 Indoor Golf Group 5 (CGS) 6:30 Wii Bowling (VMP-RL)</div>	<div>9-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 11:00 Men's Hub Cap (S) 1:00 Billiards Group 1 (VSR) 2:00 Water Walking w/April (VP) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Ladies Card Club (VSR)</div>
<div>12-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Service 1:00 Sit &amp; Be Fit (CWC) <del>4:00 Bocce (CBH)</del> 2:00 Billiards Group 2 (VSR) 2:00 Choir Practice (CH) 3:00 Chimes Practice (CH) 4:00 Indoor Golf Group 1 (CGS) 7:00 Wii Bowling (CAR-RL)</div>	<div>13-Feb</div> <div>8:30 Men's Breakfast (FH-S) 9:30 Devo &amp; Exercise w/Melissa (VMP) 10:30 Walmart (S) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Valentine Cupcakes w/ Melissa (VAR) (S) 3:00 Volunteer Meeting (CAR) 6:30 Wii Bowling (VMP-RL)</div>	<div>14-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Ash Wednesday Communion Service (CH) 10:30 Blood Pressure Check (VAR) <del>10:00 Hallway Harmonies (VMP)</del> 11:00 Let's Walk (VMP) 1:00 Sit &amp; Be Fit (CWC) 2:00 Resident Council (CH) 3:00 Love Songs (VMP)</div>	<div>15-Feb</div> <div>8:30 Strength &amp; Balance (VWC) 9:30 Devo &amp; Exercise w/Melissa (VMP) 9:45 Pool Class (CWC-RL) 10:30 Indoor Golf Group 2 (CGS) 11:00 Ladies Day Out (S) 1:00 Bible Study (VMP) 1:00 Indoor Golf Group 3 (CGS) 1:00 Manicures w/ Genevieve (CAR) 1:15 Rosary (CH) 2:00 Music w/Ed Kominsky (VMP) 3:00 Indoor Golf Group 4 (CGS) 6:00 Indoor Golf Group 5 (CGS) 6:30 Wii Bowling (VMP-RL)</div>	<div>16-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR) 2:00 Stations of the Cross (CH) 2:00 Chair Yoga (PCA) 6:30 Rummikub (CAR) 6:30 Ladies Card Club (VSR)</div>
<div>19-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Service 1:00 Sit &amp; Be Fit (CWC) 1:00 Bocce (CBH) 2:00 Billiards Group 2 (VSR) 2:00 Choir Practice (CH) 3:00 Chimes Practice (CH) 4:00 Indoor Golf Group 1 (CGS) 7:00 Wii Bowling (CAR-RL)</div>	<div>20-Feb</div> <div>9:30 Devo &amp; Exercise w/Melissa (VMP) 10:30 Dollar General (S) 1:00 Circuit Training (CWC) 1:00 Billiards Group 1 (VSR) 1:00 Manicures (VAR Limit-4, S) 1:30 Bowling (814-RL) 2:00 Dollar General Outing- IL/PC(S) 2:00 Bible Study (CAR) 2:00 Music &amp; Memory with Angela (VMP) 3:00 Time Out Social (FH) 6:30 Wii Bowling (VMP-RL)</div>	<div>21-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Blood Pressure Check (CAR) 10:30 Blood Pressure Check (VAR) 10:00 Hallway Harmonies (VMP) 11:00 Let's Walk (VMP) 1:00 Sit &amp; Be Fit (CWC) 2:00 Chatterbox - All about the Presidents ( PCD) 3:00 Men's Cargiver Support Group (VL) 7:00 Bingo (VMP)</div>	<div>22-Feb</div> <div>8:30 Strength &amp; Balance (VWC) 9:30 Devo &amp; Exercise w/Melissa (VMP) 9:45 Pool Class (CWC-RL) 10:30 Indoor Golf Group 2 (CGS) 1:00 Bible Study (VMP) 1:00 Indoor Golf Group 3 (CGS) 1:15 Rosary (CH) 2:00 Trivia (CAR) 3:00 Indoor Golf Group 4 (CGS) 6:00 Indoor Golf Group 5 (CGS) 6:30 Wii Bowling (VMP-RL)</div>	<div>23-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Pickleball (DCC) 1:00 Billiards Group 1 (VSR) 2:00 Stations of the Cross (CH) <del>2:00 Chair Yoga (PCA)</del> 2:00 Music w/Elwood Kelly (VMP) 4:00 Fish Fry at Aces (S) 6:30 Rummikub (CAR) 6:30 Ladies Card Club (VSR)</div>
<div>26-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:00 Tai Chi (VMP) 10:30 Catholic Service 1:00 Sit &amp; Be Fit (CWC) 1:00 Bocce (CBH) 2:00 Billiards Group 2 (VSR) 2:00 Choir Practice (CH) 3:00 Chimes Practice (CH) 4:00 Indoor Golf Group 1 (CGS) 7:00 Wii Bowling (CAR-RL)</div>	<div>27-Feb</div> <div>8:30 Ladies's Breakfast (FH-S) 9:30 Devo &amp; Exercise w/Melissa (VMP) 10:30 Olive Garden, Westmoreland Mall &amp; Casino (S) <del>4:00 Circuit Training (CWC)</del> 1:00 Billiards Group 1 (VSR) 1:30 Bowling (814-RL) 2:00 Bible Study (CAR) 2:00 Card Making with Linda (VAR) 6:00 Parkinson Support Group (CH) 6:30 Wii Bowling (VMP-RL)</div>	<div>28-Feb</div> <div>8:00 Pool Class (VWC-RL) 9:15 Pool Class (VWC-RL) 9:30 Devo &amp; Exercise w/Threse (VMP) 10:30 Blood Pressure Check (VAR) 10:00 Hallway Harmonies (VMP) 11:00 Let's Walk (VMP) 1:00 Sit &amp; Be Fit (CWC) 2:00 Music &amp; Memory - Love Songs (PCA) 6:30 Music w/Glory Guys (CH) 6:00 Village Movie Night (CBH)</div>	<div>29-Feb</div> <div>8:30 Strength &amp; Balance (VWC) 9:30 Devo &amp; Exercise w/Melissa (VMP) 9:45 Pool Class (CWC-RL) 10:30 Indoor Golf Group 2 (CGS) 11:00 Ladies Mystery Lunch (S) 1:00 Bible Study (VMP) 1:00 Indoor Golf Group 3 (CGS) 1:15 Rosary (CH) 2:00 Card Making (CAR) 3:00 Indoor Golf Group 4 (CGS) 6:00 Indoor Golf Group 5 (CGS) 6:30 Wii Bowling (VMP-RL)</div>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">FEBRUARY 2024</h1> <h2 style="text-align: center;">HEALTHCARE LIFE ENRICHMENT CALENDAR</h2>				<b>1</b> 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm February Trivia 6 pm Evening Movie (Ch. 256 dayroom)	<b>2</b> 10 am Daily chronicles/ Coffee Hour Exercise (dining room) 2 pm Music and Memory (dining room) 6 pm Evening News Brief (dayroom- CH. 6)  Groundhog Day	<b>3</b> One to One Visits 11:15 am Daily chronicles 2 pm BINGO 6 pm Evening News Brief (CH 6) Dayroom One to One Visits
<b>4</b> 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256)	<b>5</b> 10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services 2 pm Kitchen Creations: Cherry Kiss Cake (dining room) 4 pm Bible Study with Glen (dining room) 6 pm Evening News Brief (dayroom- CH. 6)	<b>6</b> 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Can You Picture This? (dining room) 6 pm Evening Movie- CH. 312 Dayroom)	<b>7</b> 10 am Daily chronicles/ Refreshments IN2L Fun (dining room) 2 pm Name Five (dining room) 6 pm Evening News Brief dayroom- CH. 6	<b>8</b> 10 am Daily chronicles/ Refreshments Word Games (dining room) 1:15 Rosary (chapel) 2 pm Bocce Ball (dining room) 6 pm Evening Movie (Ch. 256 dayroom)	<b>9</b> 10 am Daily chronicles/ Coffee Hour Exercise (dining room) 2 pm Music and Memory (dining room) 3:45 pm Jeopardy (dayroom) 6 pm Evening News Brief (dayroom- CH. 6)	<b>10</b> One to One Visits 11:15 am Daily chronicles 2 pm BINGO 6 pm Evening News Brief (CH 6) Dayroom One to One Visits  Chinese New Year (Year of the Dragon)
<b>11</b> One to One Visits 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256) 6:30 pm Super Bowl (Ch. 10 dayroom)	<b>12</b> 10 am Daily Chronicles / Refreshments (dining room) 10:30 am Catholic Services 2 pm What Am I? (dayroom) 4 pm Bible Study with Glen (dining room) 6 pm Evening News Brief (dayroom- CH. 6)	<b>13</b> 10 am Daily chronicles/ Refreshments Exercise (dining room) 11 am Bible Study (dining room) 2 pm Travelogue: New Orleans and Mardi Gras (dining room) 6 pm Evening Movie- CH. 312 Dayroom)  Mardi Gras	<b>14</b> WEAR RED OR PINK DAY 10 am Daily chronicles/ Refreshments IN2L Fun 12 pm Valentine Luncheon 2 pm Valentine Social (dining room) 3:45 pm Valentine Day Family Feud (dayroom) 6 pm Evening News Brief dayroom- CH. 6  Valentine's Day	<b>15</b> 10 am Daily chronicles/ Refreshments Word Games 1:15 Rosary (chapel) 2 pm Bocce Ball (dining room) 6 pm Evening Movie (Ch. 256 dayroom)	<b>16</b> 10 am Daily chronicles/ Coffee Hour Exercise (dayroom) 2 pm Music and Memory (dayroom) 6 pm Evening News Brief (dayroom- CH. 6)	<b>17</b> One to One Visits 11:15 am Daily chronicles 2 pm Penny Ante (dayroom) 6 pm Evening News Brief (CH 6) Dayroom One to One Visits
<b>18</b> 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256)	<b>19</b> 10 am Daily Chronicles / Refreshments (dayroom) 10:30 am Catholic Services 2 pm Who Am I? (dayroom) 4 pm Bible Study with Glen (dayroom) 6 pm Evening News Brief (dayroom- CH. 6)  Presidents' Day	<b>20</b> 10 am Daily chronicles/ Refreshments Exercise (dayroom) 11 am Bible Study (dayroom) 2 pm Can You Picture This? (dayroom) 6 pm Evening Movie- CH. 312 Dayroom)	<b>21</b> 10 am Daily chronicles/ Refreshments (dayroom) IN2L Fun 11 am Resident Council (chapel) 2 pm Art Hour: Easy Heart Art (dayroom) 3:45 pm Jeopardy (dayroom) 6 pm Evening News Brief dayroom- CH. 6	<b>22</b> 10 am Daily chronicles/ Refreshments (dayroom) Word Games 1:15 Rosary (chapel) 2 pm HC/ PC Monthly Birthday Party (PC dining room) 6 pm Evening Movie (Ch. 256 dayroom)	<b>23</b> 10 am Daily chronicles/ Coffee Hour (dayroom) Exercise (dayroom)) 2 pm Music and Memory (dayroom) 3:45 pm Being Your Personal Best (dayroom) 6 pm Evening News Brief (dayroom- CH. 6)	<b>24</b> HAPPY BIRTHDAY, DAVE KEAFER  One to One Visits 11:15 am Daily chronicles 2 pm Penny Ante (dayroom) 6 pm Evening News Brief (CH 6) Dayroom One to One Visits
<b>25</b> One to One Visits 11:15 am Daily chronicles 2:30 pm Worship Service (chapel) 6 pm Evening Movie (Dayroom- CH. 256)	<b>26</b> 10 am Daily Chronicles / Refreshments (dayroom) 10:30 am Catholic Services (chapel) 2 pm What Am I? (dayroom) 4 pm Bible Study with Glen (dayroom) 6 pm Evening News Brief (dayroom- CH. 6)	<b>27</b> 10 am Daily chronicles/ Refreshments Exercise (dayroom) 11 am Bible Study (dayroom) 2 pm Food for Thought: Brain Foods (dayroom) 3:45 pm What Word Doesn't Belong (dayroom) 6 pm Evening Movie- CH. 312 Dayroom) 6 pm Parkinson's Support Group (chapel)	<b>28</b> HAPPY BIRTHDAY, EUNICE EVANS  10 am Daily chronicles/ Refreshments IN2L Fun (dayroom) 2 pm Lifelong Learning: Rise and Shine of Breakfast (dayroom) 6 pm Evening News Brief dayroom- CH. 6	<b>29</b> 10 am Daily chronicles/ Refreshments Word Games (dayroom) 1:15 Rosary (chapel) 2 pm Bocce Ball (dayroom) 6 pm Evening Movie (Ch. 256 dayroom)	<b>LOCATION KEY</b> CH= Chapel CY= HCC Courtyard VMP= Vista Multipurpose Room VA=Vista Activity Room <b>HYDRATION CART DOWN THE HALLS MONDAY, WEDNESDAY AND FRIDAY</b> 	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>February 2024</h1> <h2>ARBOR LIFE ENRICHMENT CALENDAR</h2>				<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Word Games <b>AFTERNOON</b> Trivia <b>EVENING</b> Balloon Toss	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Groundhog Day Discussion <b>EVENING</b> Relaxing Videos Groundhog Day	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth <b>AFTERNOON</b> Craft Hour <b>EVENING</b> Out of the Box
<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Amen Corner <b>AFTERNOON</b> 2:30 pm Worship Service <b>EVENING</b> Sort it Out	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Mass <b>AFTERNOON</b> Kitchen Creations: Cherry Kiss Cake <b>EVENING</b> Name that Tune	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Bible Study <b>AFTERNOON</b> Music and Manicures <b>EVENING</b> Complete the Phrase	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Reminisce: Playing in the Snow <b>EVENING</b> Stories/Poems	HAPPY BIRTHDAY, JEAN WILSON <b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Word Games <b>AFTERNOON</b> Trivia <b>EVENING</b> Balloon Toss	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Music and Memory <b>EVENING</b> Relaxing Videos	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth <b>AFTERNOON</b> Craft Hour <b>EVENING</b> Out of the Box Chinese New Year (Year of the Dragon)
<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Amen Corner <b>AFTERNOON</b> 2:30 pm Worship Service <b>EVENING</b> Sort it Out	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Mass <b>AFTERNOON</b> What Am I? <b>EVENING</b> Name that Tune	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Bible Study <b>AFTERNOON</b> Fat Tuesday and Mardi Gras Discussion <b>EVENING</b> Complete the Phrase Mardi Gras	<b>WEAR RED OR PINK DAY</b> <b>MORNING</b> Meet and Greet 10 am Communion Service (chapel) Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Valentine Day Social <b>EVENING</b> Stories/Poems Valentine's Day	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Word Games <b>AFTERNOON</b> 2 pm Music with Ed Cominsky (VMP) <b>EVENING</b> Balloon Toss	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Music and Memory: Love Songs <b>EVENING</b> Relaxing Videos	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth <b>AFTERNOON</b> Craft Hour <b>EVENING</b> Out of the Box
HAPPY BIRTHDAY, LYDIA BAILEY <b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Amen Corner <b>AFTERNOON</b> 2:30 pm Worship Service <b>EVENING</b>	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Mass <b>AFTERNOON</b> President Day Trivia <b>EVENING</b> Name that Tune Presidents' Day	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Bible Study <b>AFTERNOON</b> Music and Manicures <b>EVENING</b> Complete the Phrase	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Lifelong Learning: The Rise and Shine of Breakfast <b>EVENING</b> Stories/Poems	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Word Games <b>AFTERNOON</b> Monthly Birthday Party (PC dining room) <b>EVENING</b> Balloon Toss	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Music with Elwood Kelly (VMP) <b>EVENING</b> Relaxing Videos	HAPPY BIRTHDAY, JUNE FUDALA <b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Shake Out the Truth <b>AFTERNOON</b> Craft Hour <b>EVENING</b>
<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Amen Corner <b>AFTERNOON</b> 2:30 pm Worship Service <b>EVENING</b> Sort it Out	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Mass <b>AFTERNOON</b> What Am I? <b>EVENING</b> Name that Tune	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Bible Study <b>AFTERNOON</b> Music and Manicures <b>EVENING</b> Complete the Phrase	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Exercise <b>AFTERNOON</b> Can You Picture This <b>EVENING</b> Stories/Poems 6:30 pm Glory Guys (chapel)	<b>MORNING</b> Meet and Greet Daily Chronicles/ Refreshments Word Games <b>AFTERNOON</b> Trivia <b>EVENING</b> Balloon Toss	<b>LOCATION KEY</b> CH= Chapel CY= HCC Courtyard VMP= Vista Multipurpose Room VA=Vista Activity Room <b>HYDRATION CART DOWN THE HALLS</b> <b>MONDAY, WEDNESDAY AND FRIDAY</b> 	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <b>PERSONAL CARE LIFE ENRICHMENT CALENDAR</b>  <h1>February 2024</h1> </div> 				<b>ACTIVITIES, TIMES, &amp; LOCATIONS - SUBJECT TO CHANGE</b>		
Open Activity Room in Morning 2:30 Chapel Service- <b>Pastor Gary Cline, Westmont Baptist Church (C)</b> 6:30 Crafty Corner- Heart Wreaths	9:30 Monday Motivation (A) 10:00 Thai Chi (VMP) 10:30 Catholic Services (C) 1:00 Wii Bowling (A)\ 2:00 Choir Practice (C) 3:00 Bell Choir (C) 2:00 Bingo (A) 3:00 Clean up and Convo. Open Activity Room for Independent Activities HAPPY BIRTHDAY GARNET 103	9:30 Chronicles (A) 10:30 Exercises (A) 10:50 Devotions (A) 1:00 to 3:30 (A) Music & Manicure <b>3:00 OLD FASHIONED HYMN SING with John &amp; April (C)</b>  Open Activity Room for Independent Activities	9:30 Bocce Ball (D) 10:00 Exercises (A) 10:30 Bible Study with Pastor Eric (A) 2:00 Colored Bell Choir (A) 4:00 Bingo Set up. 6:30 Evening Act - Bingo (A) 7:30 Clean up (A)	10:15 Mental Floss (A) 10:30 Exercises (A) 11:00 Devotions (A) 1:15 Rosary (C) 2:00 Corn Hole (A) 3:30 Clean up and Conversation  Open Activity Room for Independent Activities  HAPPY BIRTHDAY MARLIN	10:30 Exercise and Devotions (A) 1:00 One to ones (A) 2:00 Seated Yoga (A) 3:00 Puzzle Packets (A) 4:00 A La Carte Activities 6:30 LCR (A)  Groundhog Day	10:30 Exercise, Devotions, Trivia (A) 1:00 Bingo Set up 9A) 2:00 BINGO (A) 3:00 CLEAN UP AND CONVO (A) 4:00 One to One Visits 6:30 Roll A Heart
Open Activity Room in Morning 2:30 Chapel Service- <b>Pastor Eric</b> 6:30 SUPERBOWL PARTY (A)	9:30 Monday Motivation 10:00 Thai Chi (VMP) 10:30 Catholic Services (C) 1:00 Wii Bowling (A)\ 2:00 Choir Practice (C) 3:00 Bell Choir (C) 2:00 Bingo (A) 3:00 Food Committee 3:30 Clean up and Conversation Open Activity Room	9:30 Chronicles (A) 10:30 Exercises (A) 10:50 Devotions (A) <b>2:00 SHROVE TUESDAY/ MARDI GRA PARTY (A)</b>  Open Activity Room for Independent Activities  Mardi Gras	10:00 Ash Wednesday Communion Service (C) <b>2:00 My Funny Valentine Social (A)</b> 4:00 Bingo Set up. 6:30 Evening Act - Bingo (A) 7:30 Clean up  Valentine's Day ASH WEDNESDAY	10:15 Mental Floss (A) 10:00 Exercises (A) 10:30 Devotions (A) 1:15 Rosary (C) <b>2:00 Entertainment- Ed Kominsky (VMP)</b> 3:30 Clean up and Conversation  Open Activity Room for Independent Activities	10:30 Exercise and Devotions (A) 1:00 One to ones (A) 2:00 Seated Yoga (A) <b>2:00 Stations of the Cross (C)</b> 3:00 Puzzle Packets (A) 4:00 A La Carte Activities <b>5:00 Order In - Fish Fry Friday Delivery (A/ SU/ \$)</b> 6:30 Stick to the Bread Game (A)	10:30 Exercise, Devotions, Trivia (A) 1:00 Bingo Set up 9A) 2:00 BINGO (A) 3:00 CLEAN UP AND CONVO (A) 4:00 One to One Visits 6:30 M.A.S.H Game  HAPPY BIRTHDAY DUTCH
Open Activity Room in Morning 2:30 Chapel Service- <b>Pastor Mike Dunlap, St. Paul's Presbyterian Church</b> 6:30 I "Heart" you Family Night!	9:45 Resident Council (D) 10:30 Catholic Services (C) 1:00 Wii Bowling (A)\ 2:00 Choir Practice (C) 3:00 Bell Choir (C) 2:00 PRESIDENTS DAY Bingo (A) 3:00 Clean up and Convo. Open Activity Room for Independent Activities  Presidents' Day	8:00 Men's Breakfast 9:30 Chronicles (A) 10:30 Exercises (A) 10:50 Devotions (A) 1:00 to 3:30 (A) Music & Manicure <b>2:00 DOLLAR GERNERAL OUTING (SU/\$)</b>  Open Activity Room for Independent Activities	9:30 Bocce Ball (D) 10:00 Exercises (A) 10:30 Bible Study with Pastor Eric (A) 2:00 OMA VOLUNTEERS TO HEALTH CARE (VMP) <b>2:00 CHATTERBOX - WHAT DO YOU REMEMBER ABOUT THE PRESIDENT</b> 4:00 Bingo Set up. 6:30 Evening Act - Bingo (A) 7:30 Clean up (A)  HAPPY BIRTHDAY BOB B.	9:30 Mental Floss (A) 10:00 Exercises (A) 10:30 Devotions (A) 1:15 Rosary (C) <b>2:00 Monthly Birthday Party (HCD)</b> 3:30 Clean up and Conversation  Open Activity Room for Independent Activities	10:30 Exercise and Devotions (A) 1:00 One to ones (A) <b>2:00 Entertainment- Ellwood Kelly (VMP)</b> <b>2:00 Stations of the Cross (C)</b> 3:00 Puzzle Packets (A) 4:00 A La Carte Activities 6:30 Candy Dice (A)	10:30 Exercise, Devotions, Trivia (A) 1:00 Bingo Set up 9A) 2:00 BINGO (A) 3:00 CLEAN UP AND CONVO (A) 4:00 One to One Visits 6:30 How Many Words?
Open Activity Room in Morning 2:30 Chapel Service- <b>Pastor Brad Griesheimer, Walnut Grove Church of the Brethren (C)</b> 6:30 Crafty Corner- Fizzing Heart Art	9:30 Monday Motivation 10:00 Thai Chi (VMP) 10:30 Catholic Services (C) 1:00 Wii Bowling (A)\ 2:00 Choir Practice (C) 3:00 Bell Choir (C) 2:00 Bingo (A) 3:00 Clean up and Convo. Open Activity Room for Independent Activities	9:30 Chronicles (A) 10:00 Exercises (A) 10:30 Devotions (A) 1:00 to 3:30 (A) Music & Manicure <b>2:00 Card Making Club (VMP)</b> <b>6:00 pm Parkinson's Support Group (C)</b>	9:30 Bocce Ball (D) 10:00 Exercises (A) 10:30 Bible Study with Pastor Eric (A) <b>2:00 MUSIC &amp; MEMORY GROUP SESSION (A)</b> <b>Remembering Love Songs</b> 6:30 Entertainment- Glory Guys (C)	9:30 Mental Floss (A) 10:00 Exercises (A) 10:30 Devotions (A) 1:15 Rosary (C) 2:00 Circle Bocce (A) 3:30 Clean up and Conversation  Open Activity Room for Independent Activities	<div> <b>KEY CODES :</b> A= Activity Area P= Patio D= Dining Room FT= Fish Tank C= Chapel CY= Courtyard behind Chapel SU= Sign up V= Vista Activity Room I= Independent BR = Banquet FRESH HARVEST CH= Community Channel (2501) RR= Resident Run WP= Weather Permitting TBD = TO BE DETERMINED \$= Money is needed for this outing L = Personal Care Library            HCD= Health Care Dining Room VMPR= Vista Multipurpose Room H= Hallway         </div> 	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PERSONAL CARE REFLECTIONS LIFE ENRICHMENT CALENDAR</b>  <h1>FEBRUARY 2024</h1> <p>ACTIVITIES, TIMES, AND LOCATIONS ARE SUBJECT TO CHANGE</p>				10:00 Thursday Twist 10:30 Our Daily Bread 11:00 Trivia Time! 1:00 Walk and Talk 1:15 Rosary (C) 2:00 What's that Sound? 3:00 Folding Socks 4:00 Socially Speaking 6:30 Chutes and Ladders 7:15 Prayer Corner 7:30 How about a Beverage	10:00 Baking a Cake 10:30 Our Daily Bread/Trivia 11:00 Drinks 1:00 Heart to Heart 2:00 OMA art Session 2:00 Seated Yoga ( A ) 3:00 Happy Hour 6:30 Cornhole 7:15 Refreshments 7:30 Spiritual Moment Groundhog Day	10:00 Saturday Sitercise 10:30 Devotions/Trivia 11:00 Refreshments 1:00 Music and Memory 1:1 2:00 Birthday Celebration - Rosalind 3:00 1:1 Change of Scenery 6:30 Showtime 7:15 Drinks 7:30 Prayer Circle <b>Happy Birthday Rosalind</b>
10:00 Spiritual Eldercare 10:45 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 3:30 Circle of Friends 6:30 Listen paint and shape nail day 7:15 Refreshments 7:30 Spiritual Moment	10:00 Gathering Place 10:30 Catholic Services 1:00 Walk and Talk 1:1 2:00 Choir Practice 3:00 Busy Bees 6:30 Color corner 7:15 Refreshments 7:30 Spiritual Moment	10:00 IN2L- Exercise, Devotion, Trivia 11:00 Hydration Station 1:00 Relaxation 2:00 Bingo 3:00 Busy Bees 6:30 Target Golf 7:15 Spiritual Moment 7:30 How about a Beverage	9:30 Bible Study 10:30 Sit and get Fit. 11:00 Humm a Hymm 1:00 One to ones 2:00 Colored Bell Choir (A) 3:00 Let's Chat 4:00 Life Skills 6:30 Primp and Pamper 7:15 Drinks 7:30 Devotion	10:00 Thursday Twist 10:30 Our Daily Bread 11:00 Trivia Time! 1:00 Walk and Talk 1:15 Rosary (C) 2:00 Cornhole (A) 3:00 Sorting Games 4:00 Socially Speaking 6:30 Tabel Top Bowling 7:15 Prayer Corner 7:30 How about a Beverage	10:00 Swing and Sway 10:30 Our Daily Bread/Trivia 11:00 Drinks 1:00 Heart to Heart 2:00 Seated Yoga (A) 3:00 Happy Hour 6:30 Washer Pitch 7:15 Refreshments 7:30 Spiritual Moment	10:00 Saturday Sitercise 10:30 Devotions/Trivia 11:00 Refreshments 1:00 Music and Memory 1:1 2:00 Kickball 3:00 1:1 Change of scenery 6:30 Coloring Corner 7:15 Drinks 7:30 Prayer Circle Chinese New Year (Year of the Dragon)
10:00 Spiritual Eldercare 10:45 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 3:30 Circle of Friends 6:30 SUPERBOWL SUNDAY 7:15 Refreshments 7:30 Spiritual Moment	10:00 Gathering Place 10:30 Catholic Services 1:00 Walk and Talk 1:1 2:00 Choir Practice 3:00 Busy Bees 6:30 Baking a Cake 7:15 Refreshments 7:30 Spiritual Moment	10:00 IN2L- Exercise, Devotion, Trivia 11:00 Hydration Station 1:00 Relaxation 2:00 Lets Celebrate Dani 3:00 Busy Bees 6:30 Valentine Reminisce 7:15 Spiritual Moment 7:30 How about a Beverage <b>Happy Birthday Dani</b> Mardi Gras	10:00 Ash Wednesday Communion Service(C) 11:00 Drinks 2:00 My Funny Valentine Social ( A ) 3:00 Lets Chat 4:00 Life Skills 6:30 Valentine Coloring 7:15 Drinks 7:30 Devotion Valentine's Day	10:00 Thursday Twist 10:30 Our Daily Bread 11:00 Trivia Time! 1:00 Walk and Talk 1:15 Rosary (C) 2:00 Entertainment Ed Kominsky (VMP) 3:00 Matching games 4:00 Socially Speaking 6:30 Noodle Ball 7:15 Prayer Corner 7:30 Drinks	10:00 Swing and Sway 10:30 Our Daily Bread/Trivia 11:00 Drinks 1:00 Heart to Heart 2:00 Seated Yoga (A) 2:00 Stations of the Cross(C) 3:00 Happy Hour 6:30 Carpet Darts 7:15 Refreshments 7:30 Spiritual Moment	10:00 Saturday Sitercise 10:30 Devotions/Trivia 11:00 Refreshments 1:00 Music and Memory 1:1 2:00 Balloon Volley 3:00 1:1 Change of scenery. 6:30 Showtime 7:15 Drinks 7:30 Prayer Circle
10:00 Spiritual Eldercare 10:45 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 3:30 Circle of Friends 6:30 I Heart "Family" - Family Night program 7:15 Refreshments 7:30 Spiritual Moment	10:00 Gathering Place 10:30 Catholic Services 1:00 Walk and Talk 1:1 2:00 Choir Practice 3:00 Busy Bees 6:30 Listen, paint and shape nail day 7:15 Refreshments 7:30 Spiritual Moment Presidents' Day	8:00 Men's Breakfast 10:00 IN2L- Exercise, Devotion, Trivia 11:00 Hydration Station 1:00 Relaxation 2:00 Bingo 3:00 Busy Bees 6:30 Ski Ball 7:15 Spiritual Moment 7:30 How about a Beverage	9:30 Bible Study 10:30 Sit and get Fit 11:00 Humm a Hymm 1:00 one to ones 2:00 Sing-along Valentine addition 3:00 Lets Chat 4:00 Life skills 6:30 Tabletop Bowling 7:15 Drinks 7:30 Devotion	10:00 Thursday Twist 10:30 Our Daily Bread 11:00 Trivia Time! 1:00 Walk and Talk 1:15 Rosary (C) <b>2:00 Monthly Birthday Party (PCD)</b> 3:00 Folding Socks 4:00 Socially Speaking 6:30 Candyland 7:15 Prayer Corner 7:30 How about a Beverage	10:00 Swing and Sway 10:30 Our Daily Bread/Trivia 11:00 Drinks 1:00 Heart to Heart 2:00 Entertainment - Elwood Kelly 2:00 Stations of the Cross(C) 3:00 Happy Hour 6:30 Tic Tac Toe Toss 7:15 Refreshments 7:30 Spiritual Moment	10:00 Saturday Sitercise 10:30 Devotions/Trivia 11:00 Refreshments 1:00 Music and Memory 1:1 2:00 Cornhole 3:00 1:1 Change of scenery 6:30 Coloring Corner 7:15 Drinks 7:30 Prayer Circle
10:00 Spiritual Eldercare 10:45 Hymns and Drinks 1:00 Relaxation 2:30 Chapel Service 3:30 Circle of Friends 6:30 I Heart "Family" - Family Night program 7:15 Refreshments 7:30 Spiritual Moment	10:00 Gathering Place 10:30 Catholic Services 1:00 Walk and Talk 1:1 2:00 Choir Practice 3:00 Busy Bees 6:30 Listen, paint and shape nail day 7:15 Refreshments 7:30 Spiritual Moment	10:00 IN2L- Exercise, Devotion, Trivia 11:00 Hydration Station 1:00 Relaxation 2:00 Bingo 3:00 Busy Bees 6:30 Twister Trivia 7:15 Spiritual Moment 7:30 How about a Beverage	9:30 Bible Study 10:30 Sit and get Fit 11:00 Humm a Hymm 1:00 one to ones 2:00 Music and Memory (A) 3:00 Lets Chat 4:00 Life skills 6:30 Glory Guys in Chapel 7:15 Drinks 7:30 Devotion	10:00 Thursday Twist 10:30 Our Daily Bread 11:00 Trivia Time! 1:00 Walk and Talk 1:15 Rosary (C) 2:00 Circle Bocce 3:00 Sorting games 4:00 Socially Speaking 6:30 Washer Pitch 7:15 Prayer Corner 7:30 How about a Beverage	<b>KEY CODES :</b> A= Activity Area P= Patio D= Dining Room FT= Fish Tank C= Chapel CY= Courtyard behind Chapel SU= Sign up V= Vista Activity Room I= Independent BR = Banquet FRESH HARVEST CH= Community Channel (2501) RR= Resident Run WP= Weather Permitting TBD = TO BE DETERMINED \$= Money is needed for this outing L = Personal Care Library HCD= Health Care Dining Room VMPPR= Vista Multipurpose Room H= Hallway	