

CLOSED | MON - TUES

Lunch take out 11AM-1PM | WED – SAT

Dinner Service 4PM - 7PM | WED – SAT

(6PM WILL BE THE LAST SEATING, 6:30 LAST TAKE OUT ORDER)

Brunch 11AM - 2PM Every Sunday

*Fresh* HARVEST

# THIS WEEK'S SPECIALS FEB 19-25

**Dessert  
Special:**

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**Creme Brulee**



**Soup Special:**

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**New England  
Clam Chowder**



**Vegetable**

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**Buttered  
Corn**



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*Fresh* HARVEST

# THIS WEEK'S SPECIALS

FEB 19-25

**Entrée of the week:**

**Roasted Pork and Kraut  
with 2 sides  
\$15.99**

**Side of the  
week:**

**Pierogis with  
Onions  
\$1.99**



**Friday Lenten Special:**

**Baked or Fried Fish with Stewed  
Tomatoes, Macaroni and Cheese, Side  
Salad and Dinner Roll  
\$14.95**



# Fresh HARVEST

## HOURS OF OPERATION

**CLOSED Monday & Tuesday**

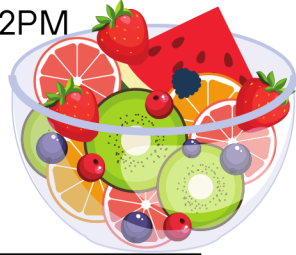
**Wednesday - Saturday**

Lunch take-out: 11AM - 2PM

Dine in: 4PM - 7PM

**Sunday**

Brunch: 11AM - 2PM



## Take-out Service

To order take-out please call  
**(814) 288-2880.**

**Please do not leave an order via voicemail.**

Take-out is only available Wed-Sat |  
11 AM-6 PM

Pick up your order in person from Fresh Harvest.

## The Menu

Fresh Harvest's menu does not change, except for daily/weekly specials and special occasion buffets. You can find Fresh Harvest's menu in a couple places:

- At the restaurant
- On the restaurant's website
- On the restaurant's Facebook Page
- At the front desk



## YOUR Campus-wide, **TAKE OUT** CHEAT SHEET

**FRESH HARVEST:  
(814) 288-2880**

**VISTA TAKE OUT:  
(814) 205-6772**

## FRESH HARVEST'S SPECIALS

Week of Feb 19-25  
Soup - New England Clam  
Chowder

Entree - Roasted Pork and  
Kraut with 2 sides \$15.99

Side - Pierogis with Onions

Vegetable - Buttered Corn

Dessert - Creme Brulee

Friday Lenten Special -  
Baked or Fried Fish with  
Stewed Tomatoes, Macaroni  
and Cheese, Side Salad, and  
Dinner Roll \$14.95

## Laurel View VILLAGE

## VISTA TAKE OUT

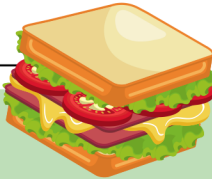
## HOURS OF OPERATION

**Monday - Saturday**

4PM - 5PM

**Sunday**  
12PM

**The cutoff time for ordering  
is one hour prior to delivery.**



## Pick-up or delivery

To order take-out please call  
**(814) 205-6772**

*Please specify if it is a Cambridge Delivery.*  
You have 2 options to get your take-out meal.

- Pick up your order in person from Vista Dining
- Have your order delivered to you for an additional \$3.50  
(Cambridge deliveries are delivered to the Cambridge front desk unless otherwise specified!)

## The Menu

Vista Dining's menu *does* change daily. You will receive the menus weekly in your mail, you can also ask the front desk.



## DAILY SPECIALS for Feb 19-25

### MONDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Garlic Oregano Chicken  
Italian Sausage Sandwich  
Flank Steak

### DAILY SIDES

Fries/ Parmesan Potato Wedges/  
Fried Cauliflower/ Dinner Roll

### TUESDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Ham Potato Au Gratin  
Cumin Grilled Chicken  
Beef Taco Salad

### DAILY SIDES

Spanish Rice/ Steamed Broccoli/  
Wheat Roll

### WEDNESDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Cheese Ravioli with Marinara  
Baked Butter Haddock  
Stuffed Cabbage Rolls

### DAILY SIDES

Whipped Potatoes / Breadstick  
Dinner Roll/ Roasted Beets

### THURSDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Ham Pot Pie  
Braised Pork Shoulder  
Open Face Turkey Sandwich

### DAILY SIDES

Oven Browned Potatoes / Mashed Potatoes  
Garden Salad / Buttered Carrots  
Cheddar Biscuit

## EVERYDAY ENTREES

EACH ENTRÉE SERVED WITH TWO SIDES

**Glazed Salmon** \$9.95

Baked Filet of Salmon with a Teriyaki Glaze

**Fried Shrimp** \$9.95

Hand Breaded Large Fried Shrimp

**Chicken Tenders** \$7.95

Hand Breaded Chicken Tenders

**Grilled Chicken Breast** \$8.95

## HAND HELD'S

EACH HANDHELD IS SERVED WITH ONE SIDE

**Build a Burger** \$9.95

1/3 Pound Angus Burger With your Choice  
of Lettuce, Tomato, Onion, or Cheese

**All Beef 6-1 Hot Dog** \$4.95

With Your Choice of Diced Onions,  
Sauerkraut, Mustard and Relish

**Grilled Ham & Cheese** \$5.45

On Wheat or White. Add bacon for \$.50

**Craving Breakfast?** \$7.95

Order a 3 Egg Omelet (or Scrambled) with  
your Choice of Ham, Mushroom, Onion or  
Cheese

## SIDES \$1.99

Mashed Potatoes  
French Fries  
Sweet Potato Fries  
Apple Sauce  
Vegetable of the Day  
Side Salad  
Cole Slaw  
Fresh Fruit

OR Ask about our dessert of the day as a side!

**orderin.**  
YOU'LL LOVE IT TO GO

## DAILY SPECIALS for Feb 19-25

### FRIDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Chicken Parmesan  
Dill Butter Salmon  
Teriyaki Chicken

### DAILY SIDES

Roasted Potato Wedge / Herbed Orzo  
Garden Vegetables / Broccoli Salad

### SATURDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Kielbasa  
Parmesan Crusted White Fish  
Pierogi with Onions

### DAILY SIDES

Cabbage and Noodles / Oven Browned Potatoes  
Stewed Tomatoes and Zucchini /Dinner Roll

### SUNDAY

**ENTREES** — All Entrees \$9.95- includes 2 sides

Grilled Chicken Thigh  
Spaghetti and Meatballs  
Balsamic Oregano Pork loin

### DAILY SIDES

Parsley Potato/  
Buttered Lima Beans /Wheat Roll

## SOUP OF THE DAY

12 OZ SERVING 12oz./ \$2.75

**MONDAY** - TOMATO SOUP

**TUESDAY** - CREAM OF MUSHROOM SOUP

**WEDNESDAY** - FRENCH ONION SOUP

**THURSDAY** - SWEET PEPPER SOUP

**FRIDAY** - VEGETABLE SOUP

**SATURDAY** - CHICKEN RICE SOUP

**SUNDAY** - MINESTRONE SOUP

Breakfast 8 am – 10 am		Lunch 11:45 am -1 pm		Dinner 4:45 pm -6 pm			
MON		TUE		WED		THU	
FRI		SAT		SUN			
Breakfast	Scrambled Eggs	Western Scramble	Cheese Strata	Belgian Waffles	Denver Scramble	Fried Eggs	Mixed Berry Pancakes
	Cheese Grits	Cinnamon French Toast	Blueberry Pancake	Breakfast Ham	Fruit and Cottage Cheese	Sausage Gravy	Sausage Links
	Bacon	Home Fries	Sausage	Potatoes w/ Pepper and	Bacon	Hashbrown	Fried Potatoes
	Oranges	Fruited Yogurt	Hashbrowns	Onions	Tater Tots	Banana	Fruit Cocktail
	Wheat Toast	Assorted Muffins	Assorted Danish	Croissant	Assorted Muffins	Biscuits	
LUNCH							
Entrées	Flank Steak Sliders	Italian Sub	Stuffed Cabbage Rolls	Open Faced Turkey	Chicken Teriyaki	Pierogies with Butter	Stuffed Chicken Breast
	or	or	or	Sandwich	or	or	or
	Italian Sausage Sandwich	Beef Taco Salad	Pittsburgh Salad	Sloppy Joes	Vegetable Egg Rolls	Chicken Wings	Chef Salad
	French Fries	Refried Beans	Whipped Potatoes	Mashed Potatoes	Fried Rice	Garden Salad	Baked Sweet Potato
	Green Peas	Roasted Zucchini and	Buttered Green Beans	Steamed Corn	Sauteed Snow Peas	Roasted Brussel Sprouts	Sauteed Spinach
Dessert	Fruit	Sweet Dinner Roll	Wheat Roll	Dinner Roll	Dinner Roll	Dinner Roll	Wheat Roll
		Fruit	Fruit	Fresh Fruit	Fruit	Fruit	
	Lemon Bars	Vanilla Pudding	Strawberry Ice Cream	Chocolate Cake	Angel Food Cake	Mandarin Oranges	PB Brownie
DINNER							
Soup	Tomato Soup	Cream of Mushroom	French Onion Soup	Sweet Pepper Soup	Vegetable Soup	Chicken Rice Soup	Minestrone Soup
Entrées	Garlic Oregano Chicken	Ham Potato Au Gratin	Cheese Ravioli with	Ham Pot Pie	Chicken Parmesan	Kielbasa	Balsamic Oregano
	Or	Or	Marinara	Or	Or	Or	Or
	Grilled Ham and Cheese	Cumin Grilled Chicken	Baked Butter Haddock	Braised Pork Shoulder	Dill Butter Salmon	Parmesan Crusted	Spaghetti and Meatballs
	Parmesan Potato	Spanish Rice	Wild Rice	Browned Potatoes	Herbed Orzo	Cabbage and Noodles	Parsley Potatoes
	Wedges	Steamed Broccoli	Breadstick	Tossed Salad	Garden Vegetables	Stewed Tomatoes and	Buttered Lima Beans
Dessert	Crispy Cauliflower	Wheat Roll	Roasted Beets	Buttered Carrots	Broccoli Salad	Zucchini	Side Salad
	Dinner Roll			Dinner Roll		Dinner Roll	Dinner Roll
Dessert	Frosted Cake	Cherry Pie	Gob Cake	Banana Cream Pie	Assorted Cookies	Bread Pudding	Cinnamon Apple Sauce



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FRI		SAT		SUN			
Breakfast	Scrambled Eggs	Western Scramble	Cheese Strata	Belgian Waffles	Denver Scramble	Fried Eggs	Mixed Berry Pancakes
	Cheese Grits	Cinnamon French Toast	Blueberry Pancake	Breakfast Ham	Fruit and Cottage Cheese	Sausage Gravy	Sausage Links
	Bacon	Home Fries	Sausage	Potatoes w/ Pepper and	Bacon	Hashbrown	Fried Potatoes
	Oranges	Fruited Yogurt	Hashbrowns	Onions	Tater Tots	Banana	Fruit Cocktail
	Wheat Toast	Assorted Muffins	Assorted Danish	Croissant	Assorted Muffins	Biscuits	
LUNCH							
Entrées	Flank Steak Sliders	Italian Sub	Stuffed Cabbage Rolls	Open Faced Turkey	Chicken Teriyaki	Pierogies with Butter	Stuffed Chicken Breast
	or	or	or	Sandwich	or	or	or
	Italian Sausage Sandwich	Beef Taco Salad	Pittsburgh Salad	Sloppy Joes	Vegetable Egg Rolls	Chicken Wings	Chef Salad
	French Fries	Refried Beans	Whipped Potatoes	Mashed Potatoes	Fried Rice	Garden Salad	Baked Sweet Potato
	Green Peas	Roasted Zucchini and	Buttered Green Beans	Steamed Corn	Sauteed Snow Peas	Roasted Brussel Sprouts	Sauteed Spinach
Dessert	Fruit	Sweet Dinner Roll	Wheat Roll	Dinner Roll	Dinner Roll	Dinner Roll	Wheat Roll
		Fruit	Fruit	Fresh Fruit	Fruit	Fruit	
	Lemon Bars	Vanilla Pudding	Strawberry Ice Cream	Chocolate Cake	Angel Food Cake	Mandarin Oranges	PB Brownie
DINNER							
Soup	Tomato Soup	Cream of Mushroom	French Onion Soup	Sweet Pepper Soup	Vegetable Soup	Chicken Rice Soup	Minestrone Soup
Entrées	Garlic Oregano Chicken	Ham Potato Au Gratin	Cheese Ravioli with	Ham Pot Pie	Chicken Parmesan	Kielbasa	Balsamic Oregano
	Or	Or	Marinara	Or	Or	Or	Or
	Grilled Ham and Cheese	Cumin Grilled Chicken	Baked Butter Haddock	Braised Pork Shoulder	Dill Butter Salmon	Parmesan Crusted	Spaghetti and Meatballs
	Parmesan Potato	Spanish Rice	Wild Rice	Browned Potatoes	Herbed Orzo	Cabbage and Noodles	Parsley Potatoes
	Wedges	Steamed Broccoli	Breadstick	Tossed Salad	Garden Vegetables	Stewed Tomatoes and	Buttered Lima Beans
Dessert	Crispy Cauliflower	Wheat Roll	Roasted Beets	Buttered Carrots	Broccoli Salad	Zucchini	Side Salad
	Dinner Roll			Dinner Roll		Dinner Roll	Dinner Roll
Dessert	Frosted Cake	Cherry Pie	Gob Cake	Banana Cream Pie	Assorted Cookies	Bread Pudding	Cinnamon Apple Sauce

# Weekly Vista Menu

Week 4- February 19-25

MON		TUE		WED		THU		FRI		SAT		SUN	
Breakfast	Scrambled Eggs Cheese Grits Bacon	Scrambled Eggs Cinnamon French Toast Oatmeal	Scrambled Eggs Blueberry Pancake Sausage	Scrambled Eggs Belgian Waffles Breakfast Ham	Scrambled Eggs Pancake Cream of Wheat	Scrambled Eggs French Toast Oatmeal	Mixed Berry Pancake Scrambled Eggs Cream of Wheat						
	DINNER												
Soup	Tomato Soup	Cream of Mushroom	French Onion Soup	Sweet Pepper Soup	Vegetable Soup	Chicken Rice Soup	Minestrone Soup						
Entrées	1. Garlic Oregano Chicken	1. Ham Potato Au Gratin	1. Cheese Ravioli with Marinara	1. Ham Pot Pie	1. Chicken Parmesan	1. Kielbasa	1. Grilled Chicken Thigh						
	2. Italian Sausage Sandwich	2. Cumin Grilled Chicken	2. Baked Butter Haddock	2. Braised Pork Shoulder	2. Dill Butter Salmon	2. Parmesan Crusted White Fish	2. Spaghetti and Meatballs						
	3. Flank Steak	3. Beef Taco Salad	3. Stuffed Cabbage Rolls	3. Open Face Turkey Sandwich	3. Teriyaki Chicken	3. Pierogi with Onions	3. Balsamic Oregano Pork loin						
	Fries Parmesan Potato Wedges Fried Cauliflower Dinner Roll	Spanish Rice Steamed Broccoli Wheat Roll	Whipped Potatoes Breadstick Roasted Beets Dinner Roll	Oven Brownd Potatoes Mashed Potatoes Tossed Salad Buttered Carrots Dinner Roll	Roasted Potato Wedges Herbed Orzo Garden Vegetables Broccoli Salad	Cabbage and Noodles Stewed Tomatoes and Zucchini Dinner Roll	Parsley Potato Buttered Lima Beans Wheat Roll						
Dessert	Frosted Cake	Cherry Pie	Gob Cake	Banana Cream Pie	Assorted Cookies	Bread Pudding	PB Brownie						